

# Needs of 3rd World Students examined

By MERRILL GROSS

Interrelations between majority and minority groups was discussed in a one day conference entitled, "Toward Greater Awareness of the Needs of Third World Students," sponsored by the MCC Division of Continuing Education, on Wednesday October 30, in College Center.

Arnold Hence, program coordinator and Admissions Counselor, MCC, designed the program to make people aware of others in the "educational community" through the exchange of ideas and information "on the needs and understanding of Third World (primarily Black and Puerto Rican) students.

Speakers present were well experienced in handling the difficulties minority students face upon entering a university.

Dr. William Clark, Assistant Director for Program Development, Office of Equal Education Opportunity, New

Jersey State Department of Education, pointed out these difficulties in discussing "Experiences and Expectations Minority Students Bring to College."

Pointing out that all people are human beings, he stated that people shouldn't be stereotyped. He feels that a college should deal with groups such as nationalists, and Pan-Africanists as separate entities, using "creative leadership" to relate an idea to people of different backgrounds according to their background.

Director of Hispanic Affairs, New Jersey State Department of Education, Diego Castellanos, spoke on "Concerns of Bilingual Students, as they applied to Puerto Rican students.

The concern, he pointed out, is that in Puerto Rico, which IS a part of America, the primary language is Spanish, so "Americanization" such as the conversion of a name like Juan to

John, shouldn't be necessary. They are looked down on for not using American English as their primary language.

Dr. Samuel Proctor, Martin Luther King Memorial Professor of Education, Rutgers, University, pointed out the problem the Third World students face at college in "The College Experience—Understanding and Meeting the Needs of Third World Students."

Proctor found in his experience as a Peace Corps Director, "my color didn't give me the right to anything in Nigeria." He tried to point out that the problem of acceptance is present even within people (and college students) of the same ethnic group.

Through many stories, he illustrated that "cultures may differ" but the people are all the same.

He pointed out that when a Third World student gets to university, he meets people not familiar with "Ghetto East" and is faced with a new problem, relating to new people, perhaps with prejudices he or she has never faced before.

"It's a lot of fun to see a student blossom," he stated, after pointing out that students need teachers with patience. A teacher with patience. A teacher shouldn't "run down to Princeton and buy a test so they can screen out everybody he doesn't want to teach."

There were four afternoon

workshops: "Counseling Considerations-Focus on Black and Puerto Rican Students," "Attitudes and Awareness of Cultural Differences," "Classroom Techniques to Improve Communications with Minority Students," and "Educational Opportunity Fund (EOF)-An Overview."

"I noticed a need for consciousness-raising among faculty and students," remarked

Hence, concerning the program. "My feeling is that part of the basis for racism is a lack of understanding between people."

Hence feels the day was a success, but he has one regret. "I was surprised to see that there were very few of the white faculty participating." Most of the audience were students.

Hence would like to see a program of this type at least once a year.



Dr. Samuel Proctor, Martin Luther King Memorial Professor of Education, Rutgers University, speaking at the Third World Student Conference Wednesday, October 30. Dr. Proctor's topic was "The College Experience—Understanding and Meeting the Needs of Third World Students."

## Student arrested for no show of ID

A Middlesex County College student was arrested on campus Wednesday, Nov. 6, by the Campus Police.

According to Chief Joseph Roccasanto, the student, whose identity was not disclosed, was charged with violating Edison Twp. Ordinance 5115.

The charge is essentially, resisting or impeding an officer in the performance of his duty.

The arresting officer, Edward Salfelder, stated that the student was observed parking a car with no decal in the visitors' parking area.

Salfelder claims he approached the student and requested identification which the student repeatedly refused to present.

According to Roccasanto, Salfelder then told the student to produce identification or be placed under arrest.

At this point the student allegedly pushed Officer Salfelder and attempted to flee.

He was quickly subdued by the officer and two unidentified faculty members.

Eye witnesses who wish to remain anonymous report the officer's claim was consistent with what they saw happen.

Chief Roccasanto said, "Because the man involved was a student and the police wish to keep the incident from being blown out of proportion we are charging him with a relatively minor charge."

# QUO VADIS

Vol. 9, No. 9 Middlesex County College November 12, 1974

## Hepburn cooks it up for Puerto Rican Day

By JAN KEEGAN MINKLER

A Puerto Rican Discovery Day Festival will be held in the College Center gallery, Tuesday, November 19. The affair will start at 9 a.m. and continue all day.

The festival is free and open to the public.

A display in the gallery will feature artifacts, books, and hand carvings from the Puerto Rican Museum in New York. Slides and films will explore the country's history, including its Spanish colonization, the reasons for the large African influence, and its present day position of "Free Associated State of Puerto Rico."

Pamphlets and brochures about the country and the population will be available at no charge.

In keeping with the festive mood, free hors d'oeuvres will be served to the public as they view the display to a background of Spanish music, including Latin rock, Latin classical and Latin country.

From 11:30 a.m. to 2:00 p.m., the Corral Restaurant will serve a typical Puerto Rican dinner for \$2.00. The menu will feature Arroz con Gandules, Pasteles, Tostones, Flan or Tembleque, and ensalada. The cooking will be supervised by Eric Hepburn, chairman of the foreign language department, and his wife.

Hepburn described Arroz con Candules as "a pea and rice dish, but the peas have a much different

taste—more of a salty than sweet—than the type we are used to. Pastetes Tostones is a meat and plantain dish, usually cooked in wet leaves, but we'll have to improvise."

"Ensalada is simply salad," he continued. "However, the desert will be typically Spanish Flan or Tembleque." He had trouble explaining the dish, and suggested that everyone "come and try it."

The festivities will come to a climax at 7:30 in the Bunker Lounge when the Alliance of Latin Arts will present "Puerto Rico Sings", a folkloric musical presentation.

The group was originally established as The Robert Cox Theater Workshop de Puerto Rico in 1962 in San Juan, Puerto Rico. The group established its workshop in New York City in 1964, making it the oldest existing theater workshop for Puerto Ricans and Spanish-speaking talent in New York City. "Puerto Rico Sings" began school and college tours in the fall of 1967.

Hepburn said that the program is intended to attract the Spanish-speaking community to the college.

"Although we have a large Spanish population in this area, there is very little representation of it at the college," said Hepburn. "We hope this program will get the people to come here and see what is available."

Notices and posters have been sent to the local high schools and biligual programs.

Hepburn is hoping for a large turnout. "We're hoping everyone will enjoy themselves and consider coming to MCC for their education."

The affair will be jointly sponsored by the Afro-Boricua Club, Cosmos, the Division of Continuing Education, the Foreign Language Department, the Liberal Arts Division, and the Spanish Club.

## Mmmm good

Pine Point School, a school for children with learning disorders, located in Camden, Maine, is having a drive for Campbell soup and bean labels.

The Campbell Company has agreed to provide free preceptual equipment to the school in exchange for the labels.

The drive will continue until December 15.

The labels may be left at the Quo Vadis office or brought to Irving August, instructor, Room 360, North Hall.

## Colt star places in Nationals

Sayreville's Ray Cerankowski has become the first MCC runner to participate in the national Junior College Athletic

Association Cross Country championships.

Cerankowski finished seventy-fourth out of 224 runners in the

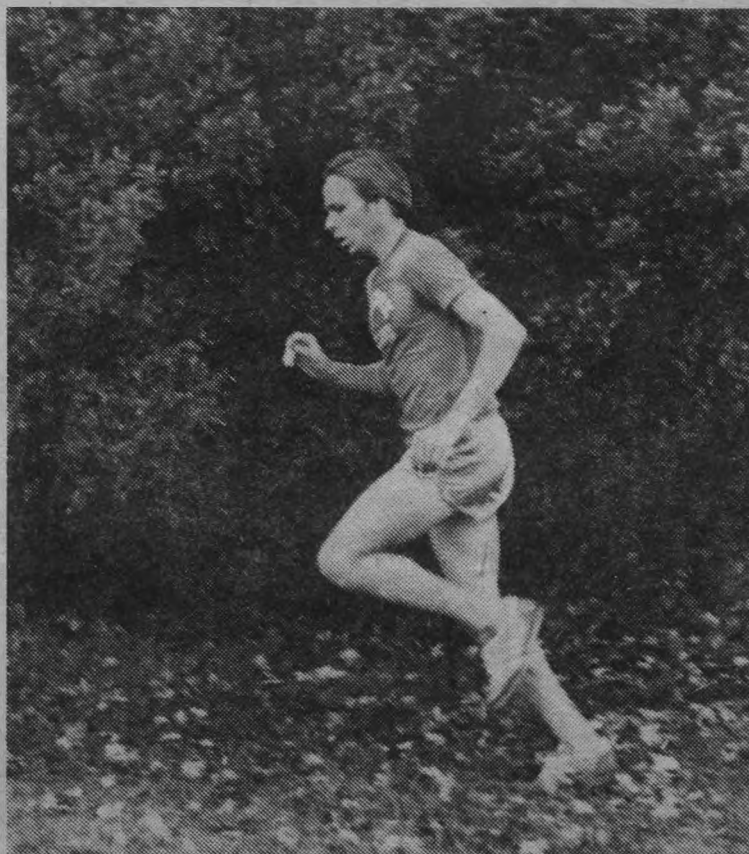
event held in Eugene, Oregon. His time for the 5 mile course was 26.11 minutes.

Coach Joe Schlegel called his performance "the best race in his whole life." Schlegel also noted the stiffness of the competition in the championships by saying "Last year's winner would have finished tenth this year."

Cerankowski, an Air Force veteran, earned his invitation to the championships by way of his third place finish in the Region IX Championships held November 2. Cerankowski placed ahead of the regional champion in the nationals.

Coach Schlegel called Cerankowski "the finest distance runner in this school's history." He also said that "being invited to the nationals is great for the cross country program. It shows that it is getting better and gives needed recognition for the program."

As a team the Colts finished with a 4-7 record and seventh in the Garden State Athletic Conference and Region IX. "It could have been the other way around if it weren't for injuries," noted Schlegel. He added, "Our record doesn't show the potential we had." Because of the injuries, "we had a couple of guys running cross country that really had no business running it, but all in all it was a fairly good year."



Ray Cerankowski, "the best runner in the school's history," working out for "the best race in his whole life."

## Old clothes?

Delta Sigma Psi is sponsoring a clothing drive on behalf of the American Indians, November 11 - November 22.

Old clothes should be brought to the College Center and deposited in the clothing fund box located near the information desk.

The sorority would like to say "thanks" in advance.



# QUO VADIS

Middlesex County College  
Edison, N.J.  
College Center Room 316  
Telephone 548-6000  
Ext. 392

JUDY GAYDOS  
Editor-in-Chief  
BILL RICKER  
Managing Editor  
MARGO DROBNEY  
Business Manager

Quo Vadis is published on most Tuesdays and Thursdays during the school year. Editorial policy is determined by consensus of the Editorial Board, which meets every Thursday at 4 p.m.

## Editorial

### Issues settled?

The election is over.  
The results are in.  
The issues have been settled, the candidates selected.  
Now we can all sit back and take it easy and let them take care of us.  
Right?  
Wrong!  
Our system of government doesn't run on the basis of the citizens being involved one day a year.  
When we walk out of that polling booth our responsibility just begins.  
It is our job to make sure our officials do their job.  
It is our job to make our wishes known, clearly, concisely and constantly.  
The problems we face are not going to go away by themselves.  
They must be examined, priorities must be set, solutions must be found.  
By all of us, not just the politicians.  
We are faced with Rising Costs; Rising Tuition; Rising Taxation.  
Where are our taxes going?  
Is our money being handled properly?  
Write to your officials, express your opinions.  
Attend public meetings.  
It's our future—  
TAKE CARE OF IT!

## Letters to the Editor

### A fine issue

To the Editor:

Congratulations to the entire Quo Vadis staff for the fine Election Day issue and their efforts in the informative article concerning the College's fiscal operation for the year.

For the sake of clarity please note the following additions:

(1) Tuition for fiscal 1976 may be increased, but within the limits established by the State Board of Higher Education. It would not be doubled or tripled.

(2) If A1822 had become law for fiscal 1975, it is estimated that the State would participate in approximately 45% of the operating budget of Middlesex County College.

(3) In discussing the Work Study program, reference should be made to 80% Federal participation in lieu of the State which was noted.

PAUL HILF  
Vice-President for Finance  
& Controller

Anyone interested in trying out for the men's golf and tennis teams, there will be a meeting in the dance room of the gymnasium, Thursday, Nov. 14, at 4 p.m.  
Those wishing to participate on the teams Must Attend!

## Campus Calendar

### TODAY

Fencing Club Practice . . . CC 312 . . . 10 a.m. . . . Ski Club Meeting . . . Caf. C . . . 4 p.m. . . . Circle K Meeting . . . CC 319 . . . 4 p.m. . . . Karate Club Meeting . . . Gym . . . 8 p.m. . . . Intermural Volleyball . . . Gym . . . 4 p.m.

### WEDNESDAY

Movie . . . Sounder . . . Caf. B . . . 7:30 p.m.

### THURSDAY

Afro-Boricua Club Meeting . . . CC 319 . . . 12 N. College Center Planning Board Meeting . . . CC 319 . . . 3 p.m. . . . Concert Committee Meeting . . . Caf. B . . . 4 p.m. . . . Motorcycle Club Meeting . . . Bunker Lounge . . . 4 p.m. . . . Karate Club Meeting . . . Gym . . . 8 p.m. . . .

## Art of Tai Chi tense and personal

By THOMAS DAMM

Ten years ago, Jou Tsung Hwa lay in a hospital with an enlarged heart, a prolapsed stomach and little chance of regaining his health. Drugs could not cure this 47-year-old man.

He was then introduced by therapists to an ancient Chinese system of exercise called Tai Chi Chuan. A full recovery resulted.

Now, a rejuvenated Mr. Jou is a teacher of Tai Chi at Livingston College. On Thursday he came to MCC along with four of his students to give a demonstration of this gentle art that emphasizes graceful motion rather than force.

Tai Chi (pronounced "Tye Gee") is a series of slow and controlled movements that train both body and mind. Balance and concentration are the two principles of this youth prolonging exercise.

"The student could benefit from Tai Chi by acquiring grace of movement and increasing his level of concentration," explained the spokesman, Jerry Birardi, who has been studying privately with Mr. Jou for three years.

"Also a student could learn how to relax besides gaining inner

strength," he continued.

Although passive and beautiful, Tai Chi Chuan is also a form of self defense.

"Tai Chi is a soft martial art," said Birardi.

"It distinguishes between a hard martial art like karate because it is slow and graceful rather than fast and hard. Tai Chi could best be compared to a slowed-down Kung Fu because of the similar kicks, punches, and technique," he added.

As a healing art, Tai Chi Chuan supposedly serves as a remedy for high blood pressure, anemia, joint diseases, and gastric disturbances, and has been used as a cure for tuberculosis. "The movements internally massage your body," Birardi explained.

With a tape of Oriental dance music setting the mood, the group, led by Mr. Jou, gave a demonstration of simple Tai Chi.

"Simple Tai Chi involves 37 movements condensed from 108," explained Birardi, who teaches a mini-course here at night on this subject.

Donned with expressionless faces, the dancers floated harmoniously through the seven

minute exercise. Students walking into the cafeteria did not disturb the performers, who effortlessly controlled arms and legs while exhibiting the slow and rhythmic movements.

Winding up exactly where they started, the performers concluded with a traditional bow.

Two styles of the Tai Chi Sword Dance were also presented to the sparse but captivated audience. Again with trancelike expressions, the tandem glided through the tranquil ballet with limbs occasionally quivering as a sign of intense concentration. Not an eye wandered as the glistening, silver swords sliced through soundless air.

"The sword is used as an extension of the body rather than a foreign object," said Birardi.

Starting next September, Livingston College will offer a minor in Tai Chi intradisciplinary with Physical Education and Asian Studies. Currently, 160 Livingston students are taking simple Tai Chi as a four credit course. A proposal for a one credit course here, as a gym alternative, will be given to the Physical Education Department by Birardi.

"We want to start a Tai Chi Club here that will cost little or no money to join," said Birardi.

Birardi became interested in Tai Chi through his study of modern dance.

"Since starting Tai Chi my weight has dropped from 160 to 134 pounds and I have gained vitality that wasn't previously in my life," he said.

The presentation, which was sponsored by the Division of Continuing Education and Student Activities, ended with Mr. Jou and Livingston student Garry Backinoff engaging in Tai Chi sparring. Hands, legs, and bodies were interwoven as this swift, controlled contact was exhibited.

"Reflex action and a trained mind are the keys to this form of combat," said Jou.

"I thought the demonstration was really good," said Cindy Strangos, M.L.76.

"I'd like to join the club to learn how to do Tai Chi breathing," she added.

Spencer Phillips, Biology Tech.76, observed that "the movement was really beautiful and worth looking into."

"Besides teaching, Mr. Jou operates a rejuvenation process for patients of Dr. Eugene Childers of Edison and Dr. David Singer of Piscataway who send special patients to Mr. Jou to learn the basic movements of Tai Chi," said Birardi.

Tai Chi is an exercise that demands no physical strength to begin with, so it can be practiced by anyone, at any age, at any time, at any place.

There is an old Chinese saying that reads, "To go a thousand miles one has to take the first step." By instituting Tai Chi Chuan into your life, you can get off on the right foot here at Middlesex.

### 100,000-year history

## N.J. Indians: dig 'em

By MERRILL GROSS

It must have been a cold journey, with snow and ice accumulations up to ten miles high, but the Siberian natives made it.

Their journey was across the Bering Strait into Alaska, possible as long ago as 100,000 years.

That's the way the American Indians migrated to the North American continent, according to Dr. Herbert C. Kraft, professor of Anthropology, Seton Hall University.

Kraft gave a lecture and slide presentation during the Liberal Arts Division Hour, October 29th, in College Center.

He explained that the Siberians' journey was made possible when the water level of the Bering Strait dropped because the temperature stayed below freezing. In this situation, after water has evaporated and dropped as snow, it won't melt.

At that time there may have been corridors from Siberia to Alaska as wide as 1,000 miles, with no snow in some of these areas.

Their odyssey, he explained, was not for the purpose of discovering a new continent. In the 'tundra' of Alaska were many animals, and the Siberians' primary concern to "keep his belly full."

Once the immigrants were on the North American continent, they "fanned out." Indian artifacts and other remnants of culture are found even in New Jersey.

Kraft, who excavates mainly at Miller Field in the Upper Delaware Valley, has found many artifacts. He is interested mainly in pits, such

as burial and refuse pits, and dark spots in the earth which are caused by an organic reaction between matter such as earth and woods.

From stains left by wood posts, archeologists have been able to reconstruct the types of buildings Indians lived in.

"If anything, an archeologist is a garbage collector," he joked, but was serious because in refuse pits excellent hints of what a culture was like can be found.

The first Indian house found in New Jersey was 60 feet long and 20 feet wide. It has two frames and was round. There were also storage pits inside and outside the house.

A reconstruction of such a house can be seen at the American Museum of Natural History in New York City.

Kraft sees the New Jersey Indians as having lived not in tribes, but in small family groups that wandered as the need arose.

He pointed out that New Jersey is one of the few states without a state archeologist, although the surface of archaeological study here has barely been scratched. Kraft feels evidence is needed from New Jersey sites, not just those in the Upper Delaware River Valley. He feels the upcoming bicentennial is a good thing, but it covers only 200 years. Kraft commented, "At least let's be aware of our total heritage—not just a part of it."

### Interested in Photography? Maybe Sports?

Quo Vadis needs you and anyone interested in putting a good college newspaper to print. Come and see us today between 12:30 and 2:30 in room 316, College Center . . . or come earlier!!!

## TUES. - NOV. 12

Last Day to Withdraw From  
A Course Without An

## F GRADE



# Author of Burr seized by writing



Gore Vidal explains why he made the "villain" Aaron Burr the new American hero.

By DENNIS FREELAND

"My cynicism is realism. People don't like realism . . . if there's a hole in the road and I say 'there's a hole in the road,' someone's bound to say 'God, he knocks America.'"

Gore Vidal, author of (among other things) "Burr," the lyrical, brutally truthful novel about the man who shot Alexander Hamilton, sat at the end of a long table in a conference room jammed with college reporters.

Bantam has just released the book in paperback, with a first printing of 600,000. One has to be slightly masochistic to even try to write a bestseller: the hyping, or selling, of the book can be a bitch.

Before fielding any of the reporters' questions in Bantam's conference room, Vidal told the group of an interview he'd had that day with a Philadelphia reporter.

She began the interview by asking Vidal to "tell me a little about yourself."

I couldn't help but think that, deep down in the brilliant mind, there was a little voice saying, "For Christ's sake, kids, don't be another Philadelphia."

Witty, cool but not cold—he told Mike Wallace, who wanted to "break away the ice on the surface," that he'd "only find cold water underneath."

If someone were to approach Vidal with a knife and say "Gimme your freakin' money," he'd more than likely sigh, look off to the side for a moment, then chide his attacker for his English and instruct him to "put that tacky weapon away."

"Burr" paints a rather wicked and unnerving picture of American history and the people who made it. Aaron Burr, a man history has made a villain, is made, if not a hero, a sharp, likable character.

Vidal said in the conference, "I like him. He was witty and lacked the smarmy hypocrisy of people like Jefferson. He was also very smart, saw things with a cold eye."

Drawing parallels between Vidal and Burr would be the easy thing to do. Gore Vidal, who also wrote "The Best Man," this season's first MCC Performing Arts presentation, was once leader of the Democratic Party in New York. He ran for the Senate in that state and, though defeated, doubled the Democratic vote in a then very Republican state.

And, so I can't help noticing the Burrish, bitter sense of humor when, asked his sign, Vidal

replied, "I'm a Libra; perfect justice. With an axe . . . and blind as a bat," nor could one help thinking of Russell, the slicker-than-slick Presidential candidate in "Best Man."

It's an easy out, too, to cite the eerie coincidence of a book about the first cover-ups released at the same time as the Watergate Follies.

Vidal concedes that the scandal may have helped the book: "What Nixon did made a cold, hard view of American history acceptable by a country that holds its fore-fathers in reverence."

"Burr" is set for television production in "six sixty-minute segments. Vidal seems to take it all with a grain of salt, hoping against hope that it will be done with restraint.

There have been union hassles about the British production: technicians claim that the only reason the shows are being shot abroad is the cheap help. Vidal wishes them well, but feels the reason is aesthetic rather than financial, that BBC simply does better work.

Asked about the art of writing, Vidal stated that, "Good writing is nothing but good sentences. Some people write sentences better than other people, and if you don't learn it very, very early in life, you probably never will."

Why did he choose writing as a profession?

"I would have much rather been President," said the author of the second biggest Random House best-seller, "but writing seized me. It was what I could do best, and it seized me."

## Placid paintings at CC gallery

By KEVIN KOVACS

Part of the magic of places like San Francisco or Boston is that it welcomes cultural expression from its local talent. On every street corner musicians play. Guerilla theater groups perform in parks. Artists and craftsmen display their works on the street. It is not that New Jersey is a poor breeding ground. There is a fine pool of talent in this area. It is a shame that we are not more receptive to them.

The exhibition of Joan Johnson's work now at the student center is an example of the talent prevalent in our community. Interested groups, like the Fine Arts Committee of the Student Programming Board, which is sponsoring this exhibit, must be applauded for their initiative in pooling this talent and providing an outlet for it.

With a little imagination, which is essential in the land of Jersey deadpan, these paintings offer momentary escapes. If you stare at any picture long enough it moves and comes alive. If the artist is good enough with shading and depth you can be drawn right into the picture.

Mrs. Johnson is into realism and with her excellent three-dimensional effect you can feel the pull. Before long you will be knocking on manor house doors, walking down a country road or

grazing with three cows in a Vermont pasture.

Joan Johnson has been painting for nearly ten years. She studied at Seton Hall and then privately with Aurilio Longaray. Her subject matter is primarily landscapes, although this collection includes several portraits and still lifes. She finds old historic sites like the Wallace Home in Somerville or the Ryland Inn in Whitehouse good models for expression. All of the paintings are original oils which represent her efforts over the last three or four years.

It has been noted that before an artist can do an abstraction of a tree, he must first be able to do the real tree as it is. In "The Vermont Steeple," and "The Old Germantown Church," Mrs. Johnson has proven her ability to capture the real.

She feels as though she is progressing in the direction of the French Impressionistic style. This move can be witnessed in her most recent work, "The Raritan Canal From The Landing Lane Bridge," an impressionistic portrayal of that scene in the fall.

Her best piece in my opinion, is a small painting in the back of the exhibit which depicts a mass of withering, snowcrusted branches and their reflection upon a still pool.

Mrs. Johnson is a prolific artist

now at work on two more large canvasses. She has exhibited at Seton Hall, Somerville, and once before here at Middlesex. Her portfolio is constantly growing, changing and improving.

Hopefully, the Fine Arts Committee will continue to sponsor such exhibits as this one. They are no panacea for the deadpan but it helps. Also, if we are going to insist on being called a community college, then we must go into the community and bring its talent into the open for us all.

Monday Night, November 18, Livingston College Presents:

## Renaissance

The premier British classical-rock group will be performing a special two-hour show at Livingston, after illnesses forced the group to postpone two previous Livingston concert dates. The gorgeous Renaissance sound and light show will be with the group at Livingston, and the ticket price of \$3.50 is probably the lowest of any concert on the group's tour.

Special Guest Star: **CAMEL**

Monday Night, November 18 Livingston College Gym 7:30 P.M.

All tickets \$3.50 in advance, available daily at Livingston Tillet Hall, Rutgers Commons, Cheap Thrills in New Brunswick, No Name in Menlo Park and East Brunswick, and the Music Staff in Westfield.

Tickets will also be on sale in the Middlesex Student Center this Thursday and Friday from 11 a.m. to 2 p.m.

## Cleopatra was all mouth

Cleopatra, one of the world's famous "beauties" was, according to historians of the time, not beautiful at all, but had a voice which captivated both Caesar and Mark Anthony! Yul Bryner, short and bald, is fascinating by reason of his marvelous voice. What made "My Fair Lady" so fair? Her improved way of speaking!

Have you ever heard your own voice? If you have spoken on a tape recorder, you probably got a real shock when you listened to the results. If you haven't spoken on a tape recorder you are in for a real surprise when you hear yourself! Try it.

Do you really like what you hear when you hear yourself? Can you do anything about it? YES!

The first time you speak to a stranger, the voice makes the first impression and those first impressions are very important. Those first impressions, sad to say, make very lasting impressions on people.

How many times have you heard the comment, "I like what he says, but the sound of his voice just drives me. . . ." Or, perhaps, just the opposite, "I can't hear what he is saying."

The voice is a very interesting instrument, to be more precise a musical instrument, and you can learn to "play" it. Let us briefly try to understand how it works. . . like a combination wind and string instrument. The breathe is the "wind," and your vocal chords are the "strings." The entire mechanism has many other parts, of course, including your chest, diaphragm, lungs, windpipe, throat, nasal and sinus passages, mouth, tongue, lips and jaws. There are also a few other important parts with fancy names, like uvula, glottis, hard and soft palates, et cetera. If you're really interested in learning more about this marvelous physical instrument you have, your biology teacher can fill you in on the whole system and show you charts.



# Women aces 5th in state, 6th in region

By JOYCE MILLER

Barb Resko keeps singing, "Ya ain't seen nothing yet," and will get to Texas for the tennis nationals on determination, if nothing else.

Although the MCC women's tennis captain was knocked out of the regions along with her teammates, she plans to train rigorously for the spring tournament.

Buoyed by victory over Bergen's 2nd singles player the day before, Resko faced a grueling schedule on the first day of the Region XIX tournament, November 1.

Her first match, against Helen Fox of Morris, was won convincingly 6-0, 6-2. Resko's strategy was to move her around the court, to tire Fox, not herself.

Resko is a smart player who uses good strategy to compensate for her inability to maneuver. She also displays the best strokes of the team, according to Coach Jones.

Resko forced Fox to stay in her back court by repeatedly firing endline shots, weakening Fox's return.

After the game, Resko admitted, "I knew I had it under control but I could have done better. The game was a good warm-up."

An hour-and-a-half later, Resko met Fran Sitmer, the first singles player from Bucks, and lost 5-7, 4-6.

The trouble Resko had had in her first match increased with her serve and she doublefaulted frequently.

"I can't play 2 matches in one day," Resko conceded. "I had trouble with her spin and didn't return her serve."

Phyllis Landi, first singles, faced a similar outcome. Her first match was against the second singles player from Somerset, Marlene Todoro.

Landi won, 6-0, 7-5. She is a powerful player who hits deep. She intimidates her opponent and knows how to put the pressure on. She is also extremely confident and positive.

Landi has a low serve, and was having trouble with her toss in the first match. As with Resko, her difficulties with her service would lead to her downfall.

Landi was most interested in the match between Jill Latero of Mercer and Denise Cunningham of Gloucester. Cunningham, who took the state championships last year, was clearly the player to beat in this tournament.

For awhile, it looked as though the second singles player from Mercer would knock her out of competition. Landi was hoping that she would meet Latero, as she had already beaten Mercer's first singles player, Michele Lustgarden, during the season.

Unfortunately for Landi, Cunningham sprang back and beat

Latero and she went on to win over Landi, 6-4, 6-0 and take the region championship for the second year straight.

Kay Weisskopf and Diane Hayes, playing together for only the second time, lost to Pam Cunningham and Meniuka Asunaka of Brookdale, 0-6, 2-6.

Hayes was having trouble following through and Weisskopf's service was erratic. Their strategy was to hit the ball deep and to tire out the opponents.

Cunningham played well at the net. In the MCC doubles play, they were wise to keep the ball away from her when she was at the net. Cunningham and Asunaka made several impressive cross-court shots during that match.

"It doesn't feel bad to lose to someone who's good," Weisskopf said of the players who placed second in the regions. "They were fantastic players."

Hayes agreed, adding that the regions "was good experience. I saw some good tennis."

"We had a great time," noted Resko. "We did pretty good (5th in state, 6th in region), at least we didn't get wiped out!"

MCC played Bergen on Halloween, winning 4-1, a real treat to end the season with a win.

"We put it all together for this game," commented Jones. "It was an excellent match. It might even have helped us in the tournament."

During the match, only the players remain on the court. With no linesmen or coaches present during the game, the players play a "social game." In this way, Coach Jones was unable to give in-depth comments about the play of individual games.

Phyllis Landi broke her opponent, 6-2, 6-2, with an onslaught of powerful spins, dropshots and baseline shots.

"It was an easy game, good practice for the tournament," commented Landi. "I totally dominated the service, breaking all her services except two. I hit to her backhand."

Marianne Russell, who plays a non-aggressive steady game, lost 1-6, 1-6, the only match point for Bergen.

"We had some good rallies," said Russell, adding that she is not a 3rd singles player but rather a doubles player.

Playing first doubles for the first time, Weisskopf and Hayes trounced their opponents, 6-4, 6-2. The two are close friends and enjoyed themselves immensely, mugging and laughing their way to victory.

"We could have done a lot better, but we were nervous," Hayes said.

Weisskopf agreed, stating that after we "got the feel of the game, we were able to control the game." Betty Adams and Kathy Benenati, second doubles, also had a field day, winning 6-3, 6-2.

"They tried to cross-court us, but they couldn't do it," remarked Adams. "The games we lost were

match, but the team rooted for their captain, who was beset by an unpredictable service.

Resko split the sets, 6-0, 2-6, before breaking her opponent's momentum and service 7-5.

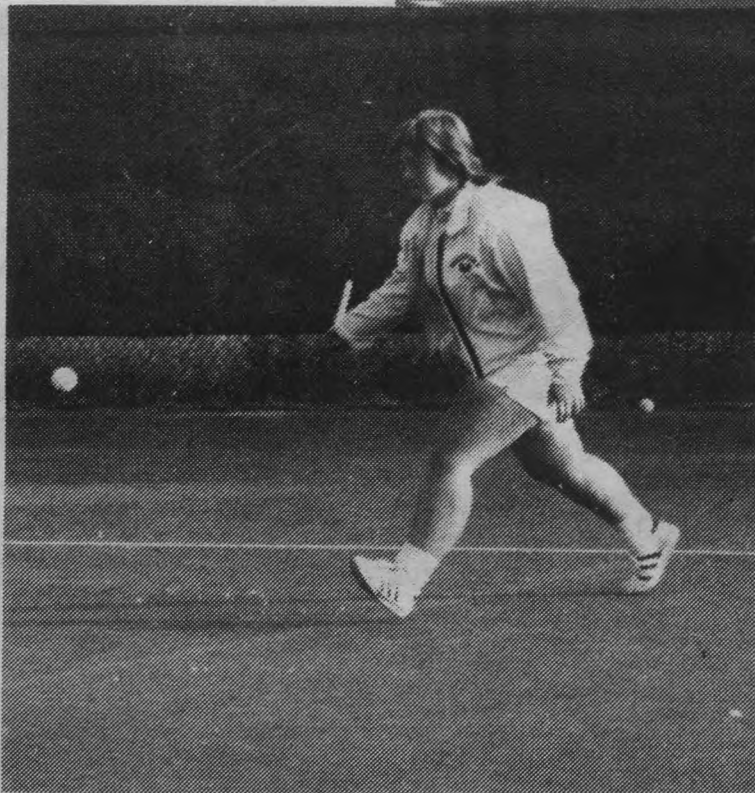
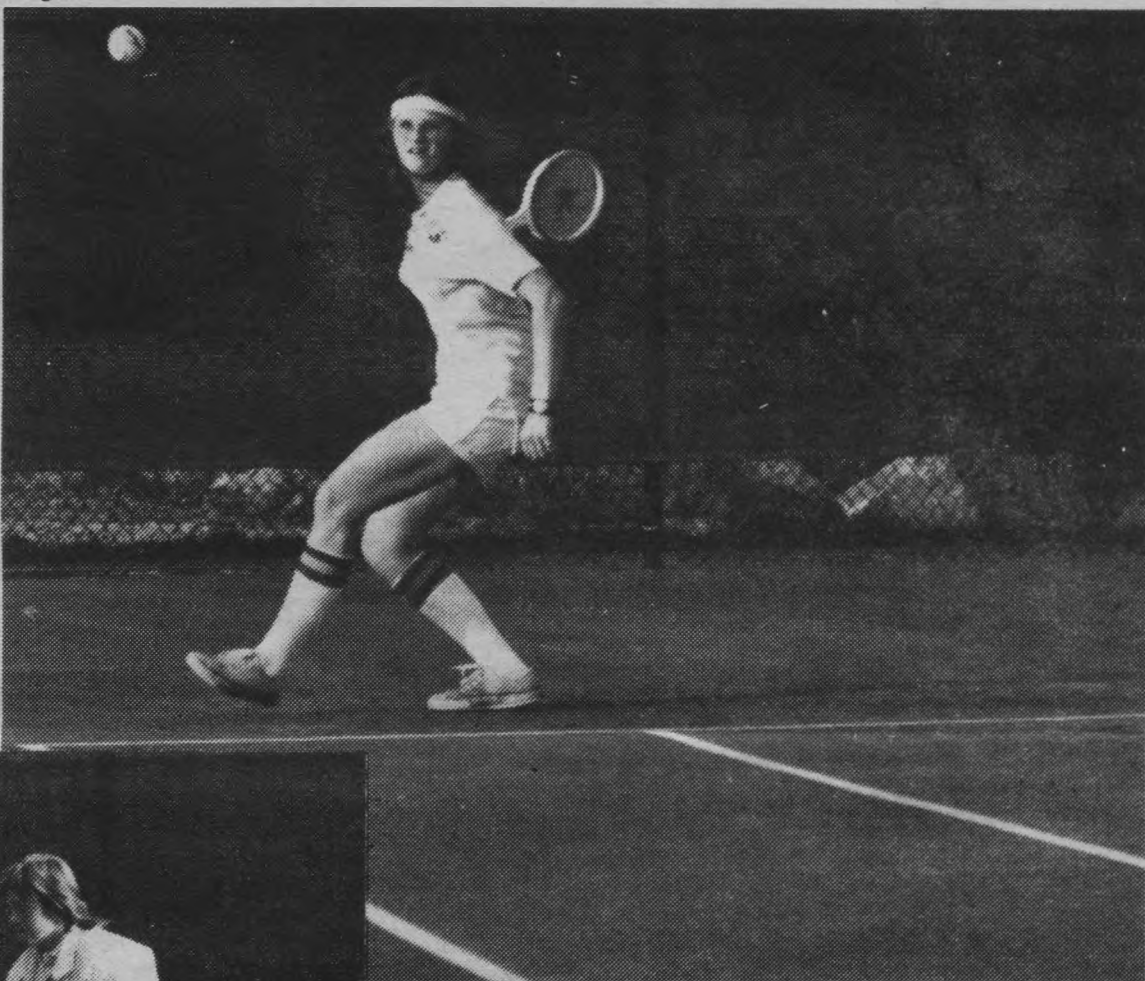
"The best points were in the last set," commented Resko.

Landi wondered aloud whether the second singles player was better than the first and decided she was.

In two previous games, MCC lost to Morris, 1-4. Resko won her match, 6-2, 6-3. MCC also lost to Monmouth, 2-3. Landi won, 7-5, 5-7, 6-2. Resko blanked her opponent 6-0, 6-0.

Contrary to the regional rules, which states that players play positions according to the ability not desire (best player is first singles and so on). Monmouth play-

Team captain Barb "ya ain't seen nothin' yet" Resko, and team mate, Kay Weisskopf, practice for their recent loss to Bergen County College.



ers were not playing in positions. Coach Jones seemed disappointed in Monmouth's attitude, pointing out that there was no competition for Resko.

MCC's overall record was 3-8, conference record, 2-5. Landi's record was 4-2. Resko's was 5-2.

on services. We had some really good rallies." They doublefaulted a lot, Benenati observed, "and that hurt them."

The cliffhanger was Resko's match, which lasted 3 sets. MCC had already won the entire

ers were not playing in positions. Coach Jones seemed disappointed in Monmouth's attitude, pointing out that there was no competition for Resko.

## Intramurals

Week of October 27 - Intramurals

Final Touch Football Standings

	WON	LOST
1. Bushleaguers	8	0
2. Bad Company	6	2
3. ASM	5	3
4. Heavy Squatters	4	4
5. Alpha Delta Epsilon	3	5
6. Untouchables	3	5
7. ES '76	2	6
8. Broncos	2	6
9. Jets	0	8

October 29 - Playoffs

Bushleaguers over Heavy Squatters - 20-0

October 30 - Playoffs

ASM over Bad Company

November 6 - Championship

Bushleaguers over ASM - 14-12

Week of November 3

One on One Basketball Competition - 5'9" and under Dan Stout

One on One Basketball Competition - 5'10" and over George Costros

### Announcements

Anyone interested in street hockey, meet behind the gym Mondays and Wednesdays.

Volleyball competition will start Tuesday.

Basketball intramurals will start December 17. Team applications are available at the gym.

## Soccer season ends with sour note

By KEN NELSON

A "disappointing" season for MCC's soccer team ended Saturday in Delaware with a 2-1 defeat by Brandywine in the last game of the regional conference. The home team stands in 9th place.

According to Coach Richard Plant, the predominantly freshmen team's record of 3-10-1 is a result of facing "one of the strongest conferences in the country, with Cumberland and Mercer leading the division."

MCC lost to Mercer, 5-1, last week.

Plant explained that the team wasn't what he had "hoped it would be," and since the other junior college teams were greatly improved and made up mainly of seniors, MCC inevitably faced problems.

He concluded, "There are no star players or losers—just a team —one of many that tried hard and 'fouled.'"



Fraternity Delta Sigma Psi plays football game after a successful blood donation drive.