



The College Reflects on 9/11

By: **Melissa Kurtz**
Managing Editor
& **Rob Giorgi**
Staff Writer

Students and faculty took part in the Patriot Day Ceremony in the College Center on Friday, Sept. 11 to remember those who lost their lives 14 years ago in the

attack on the World Trade Center. Many members contributed to the making of the ceremony, including the Middlesex County Department of Corrections Color Guard, the Office of Student Activities, and the Center for Veterans Services.

Special assistant to the president of The College, Ronald Goldfarb, spoke in place of the pres-

ident after she was called away prior to the event. In reading President Joann La Perla-Morales' speech, Goldfarb began by saying, "The reason we are here isn't a good one."

Goldfarb said La Perla-Morales was driving home on a beautiful day on Sept. 11, 2001. However, it gave the feel of the school closing on a snow day with very few cars being on the road,

said Goldfarb for La Perla-Morales. Goldfarb said at that time no one really knew exactly what was happening or the work the first responders were doing; but now, we remember them and the sacrifices they made. Goldfarb also said that in La Perla-Morales' speech, she said now we can all commit ourselves to making this a better country.

Coordinator for the Center of Veterans Services, Rich Feldman, read the proclamation from President Obama. In the proclamation, Obama said the attacks on Sept. 11, 2001, were the worst attacks in our country's history and left a void that can never be filled. Feldman went on to say that Obama said our country has become stronger because of the events and that we are to continue to uplift each other in honor of the victims and their families. Feldman said Obama also praised the first responders and volunteers and asked us to continue to observe the national day of honor and remembrance.

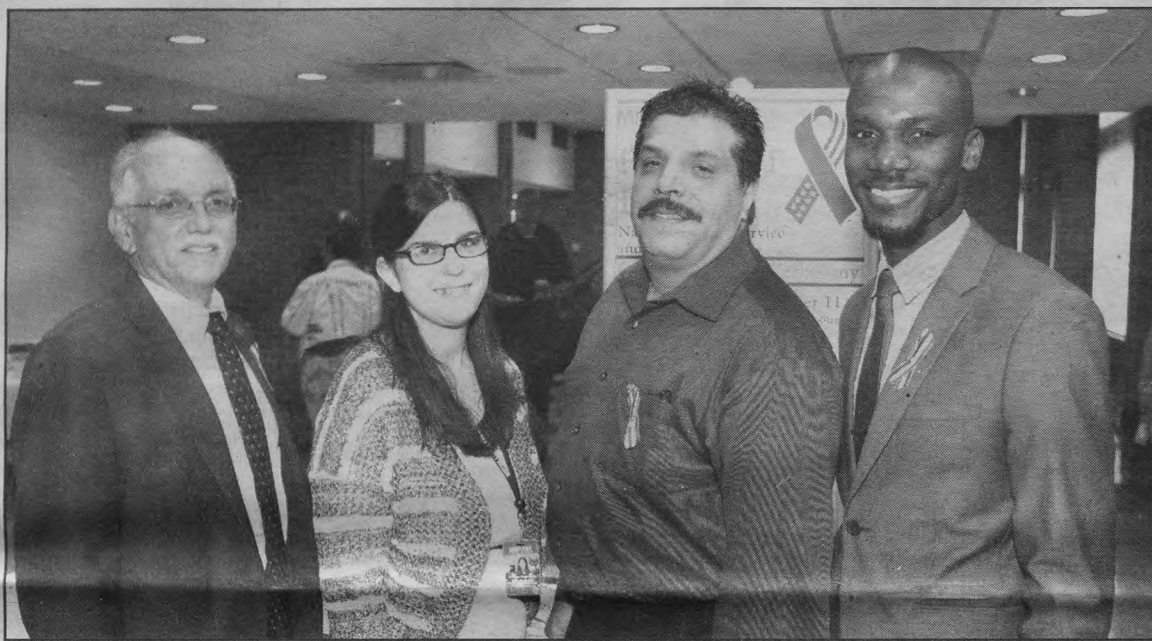
Ode Hoppie, Assistant Director for the Office of Student Activities, said that in past years those in attendance were asked to speak about their memories on that day. Hoppie said that last year, student Gerald DePinto told his moving story about the events of that day

and was asked to return this year.

DePinto said he could feel the North Tower sway from side-to-side twice before leaving his office and the various times in which he saw the South Tower. DePinto said he was on the 81st floor and opened the door to the hallway and saw fire. He and others made it to the stairwell where they began making their way down to the lobby where he saw furniture and paper on fire, said Depinto. Depinto said he was in a group of people led by one firefighter who told them to "hit the ground" when the building fell on them and buried them alive, said DePinto. Depinto also said he was told by police officers to run in the opposite direction of the Twin Towers despite wanting to go back in to find his brother-in-law who he was then reunited with as he walked away from the Twin Towers.

The Middlesex County Department of Corrections Guard presented and retired the colors, and The College's Gospel Choir sang "The Star Bangled Banner."

You can reach the authors at:
Mekurtz94@aol.com
& Robertgiorgi94@gmail.com



From left to right: Rich Feldman, Coordinator for the Center of Veterans Services; Chelsea Ramsthaler, Student Activities Assistant; Gerald DePinto, Student; Ode Hoppie, Assistant Director for the Office of Student Activities.

Photo Courtesy of Middlesex County College

Students Join The College's Clubs

By: **Megan Thompson & Kristen Calderoni**
Staff Writers

The College held a Student Activities Fair on Monday, Sept. 14, from 11 a.m. - 12:30 p.m. on the campus lawns.

The College's clubs participated and had tables set up for students to gather information and consider becoming a member of a club that they are interested in. The College provided free food and music.

Christian Mendez, a first year computer science major, showed interest in the Earth Club. His friend, Jaqueline Suero, a first year biology major, showed interest in the Earth Club and the Arts and Crafts Club. Professor Brian de Uriarte, an Economics professor here at The College, said that he was involved with the Spanish Club here at The College at one point. "I used to be involved with the Spanish Club, but, no, not lately," said Uriarte.

Glenn Fersoson is a member of the Earth Science Club. He is an Earth Science major who has been a student at The College for three years. "We spread awareness on environmental issues. We like to go on hikes and do a lot of community service," said Fersoson when asked what the Earth Sci-

ence Club does. A member of the Anime Game Tech Club, a new club at The College, Dominic Tsopeles is a video game animation major in his second year here on campus. He says the club is a very unfamiliar to most of the other clubs here at The College. "It's basically a get together kind of thing where we get together, throw anime on a

projector, watch some of that, and we have games around the room where we play," Tsopeles said.

Imani Lee, a second year student at The College, majoring in business, is a member of We Set the Trends, a fashion club on campus. We Set the Trend is in charge of the seasonal fashion shows put on at The College. "We do designs,

we have our own fashion shows. We have about two fashion shows a semester," Lee said. "We do practices before the fashion shows for a couple of weeks and basically we just try to have fun with it. We want to have people sign up if they do makeup, make their own clothes, or want to model."

Joe Derogatis is a chem-

istry major and a member of the Chemistry Club at The College. Steven Rowley is the club's advisor. Derogatis said, "We spread information, we educate about chemistry and how it can be fun and it's real life applications. We like to do community events." Derogatis also said that the club will be hosting a recycling project, participating in a food drive, and starting up a community garden all within the semester.

A member of Adelante Maps, Brian Rodriguez, is a physical education major in his second year at The College. "We're here to build success for individuals who care to seek further education in their future and we're also here to give back to the community for everything they give to us," said Rodriguez. He also said that the club will be holding a possible immigration conference table event coming up within the next few months and a guest speaker who is coming to speak in their club.

All the clubs can be found on The College's website. The date of the next Student Activities Fair is still undetermined, but it will be occurring during the spring semester.

You can reach the authors at:
Megan.thompson5784@gmail.com
& Kristenc716@gmail.com



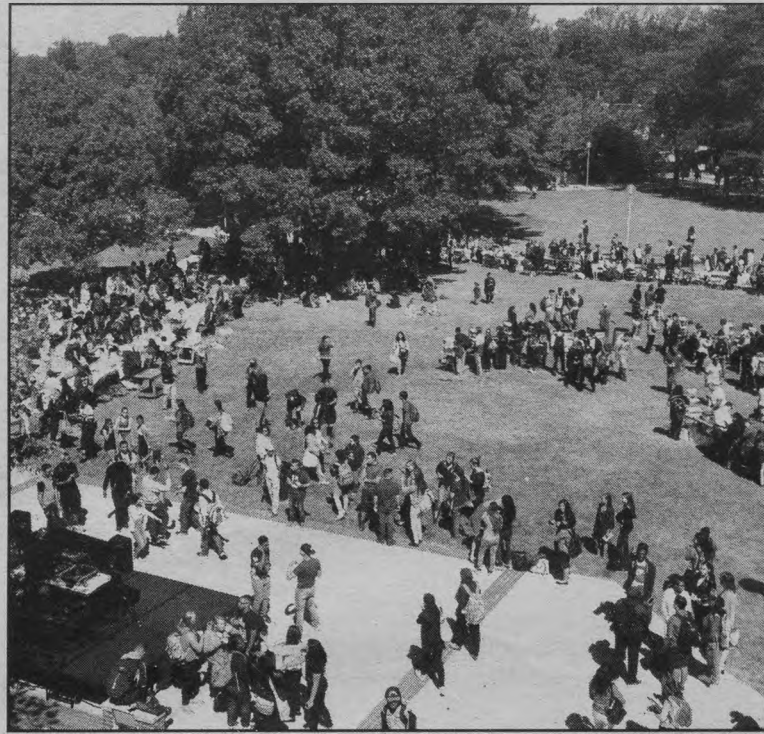
Students had the opportunity to explore and join existing and new clubs that The College has to offer with a DJ and food that was provided.

Photo Courtesy of Middlesex County College

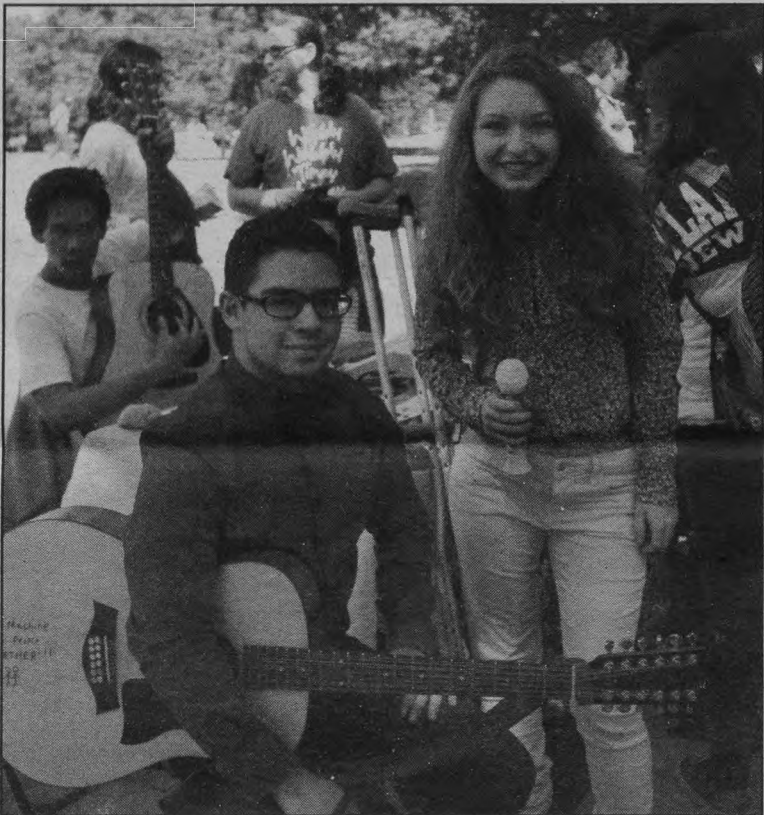
Students Succeed at Activity Fair



Students enjoy the music at the Students Activities Fair.



Students gather at the fair on the lawn.



Members of the Music Club pause for a quick interview.



Students ask about Earth Club activities.



Club members represent the Student Government.



The College's knitting club shows off their creations.

Photos Courtesy of Middlesex County College

Photos Courtesy of Jennifer Pena

Photos Courtesy of Jennifer Pena

Quo Vadis Staff

Editor-in-Chiefs:
Paige Bollman
Mallory Nathan

Managing Editors:
Melissa Kurtz
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Haley Cafarella

Front Page Editor:
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Writers:
Melissa Kurtz
Rob Giorgi
Megan Thompson
Kristen Calderoni
Haley Cafarella
Mallory Nathan
Roque Cabrera
Paige Bollman
Martin Alonso
Gabrielle Sales
Stephen Ur

Photographers:
Jennifer Pena
Martin Alonso
Mallory Nathan
Kristen Calderoni
Gabrielle Sales

Faculty Advisor:
Melissa Edwards
medwards@middlesexcc.edu

Email us:
quovadis_newspaper@hotmail.com

Website:
www.quovadisnewspaper.com

Thursday, Sept. 24 - Ending Hunger Event in College Center, Winners Circle, Recruitment Info Table Costumer Super Center from 9 a.m. - 2p.m. in College Center Lobby, The College's Honors Program Meet and Greet from 2 p.m. - 4 p.m. in College Center, Corral Restaurant, How Do I Transfer? at 2 p.m. in Edison Hall, room 100, Navigating Scholarships for Spring 2016 from 2 p.m. - 3:20 p.m. in Instructional Resource Center, room 113, How to Deal With Fractions/Word Problems from 2 p.m. - 3:20 p.m. in Johnson Learning Center, room 137

Monday, Sept. 28 - Multi-Faith Room Opening at 11 a.m. in College Center, room 314, Document Check Point from 11 a.m. - 12:20 p.m. in Instructional Resource Center, room 105, Time Management at 11:15 a.m. in Edison Hall, room 100

Come to the Quo Vadis Meetings!
We meet every Wednesday at 11 a.m. in College Center Room 316 See you there!

Exitium Step Team Holds Open Auditions

By: **Haley Cafarella**
Managing Editor

The College's Exitium Step Team will hold open auditions in College Center, room 100 on Sept. 21, 23 and 28 from 2 - 3 p.m.

The first two days of the audition process are used for teaching the choreography of the

try out routine. The last day is when the steppers perform the routine.

Exitium's President Aliyah Knighton, who founded the club in 2013, and Vice-President Kaila Smith recommend proper workout attire, such as basketball shorts and supportive sneakers, to be worn at the auditions.

"[The steppers] will have to come to the audition in work out

gear and learn step and dance routines," Knighton said. "We are open to anyone who has never stepped or danced before. We just like to see those who audition do both to see how well they can learn a routine."

The auditions have solo and group portions in order to see how the steppers perform by themselves and in a group. The steppers find out

if they make the team during the try out on Sept. 28. Knighton has big plans for the team this upcoming competition season.

"My plan is to re-build a whole new team with new faces and personalities and to train really hard," Knighton said. "In order to be winners, we have to be on the same page and the same level." Exitium performed during the

Student Activities Fair on Sept. 14.

For more information about The College's Exitium Step Team, contact Knighton at aliyahknighton@gmail.com and Smith at kaimauricia@gmail.com.

You can reach the author at: haley6196@portal.middlesexcc.edu

Miley Cyrus' 'Dead Petz' Brings Life Back into Music

By: **Mallory Nathan**
Editor-in-Chief

The 'surprise album' move is typically a quiet one. It's part of a tried and true formula: when a long-awaited project suddenly appears online, the artist can sit back as the frenzy of social media spheres generates all of the buzz an album needs to stay afloat. Even Beyoncé slipped one of her biggest works to date into iTunes without making a sound. But when Miley Cyrus releases a surprise album, she announces it on live television, while surrounded by drag queens, and with a confetti cannon between her legs.

Of course—any less would have been disingenuous, because Miley Cyrus isn't most artists, and Miley Cyrus & Her Dead Petz is hardly an album at all. Rather, it is a stream of consciousness, fascinatingly lucid for one so laden with references to space, skateboards and David Bowie. Purposefully under-produced, and overstuffed

with experimental tracks, this is a project that is entirely human—which is a gamble in Miley's case, because where you stand with it depends on where you stand with her.

In the most creative control of her career, Cyrus ditched the Hot 100 teams for scribble onto notebook pieces, and no style of songwriting has ever suited her more. Floating from eco-friendly chants to husky bedroom provocations to love and loss, Dead Petz plays like conversation, and the ample profanity is just an element of its honesty.

Whether it's cringing at relationship "goo" in the understatedly brilliant "BB Talk" or opting for Zen over revenge in "I Forgive View", Cyrus's candor is not only adroit, but amusing, proving that there is still a sense of humor left in the industry. Pop music can rarely avoid banal romance tropes, and hearing her tell an ex-lover "You're lucky I'm doing my yoga, or you might be dead" is like a breath of fresh air.

This is not to say that Dead Petz doesn't come with soft

spots. For every madcap profession, there is a shadow of gutting heartbreak. "Since you've left I've started to drink/ Sometimes when I do drugs I'll start to overthink/And I start crying" she spills over a cosmic-pop beat in "Space Boots". Cyrus visits this vulnerability again in "The Twinkle Song" and "I Get So Scared", a weeping, front porch guitar melody that hints her mega-hit "Wrecking Ball" was only the surface.

With a record so raw, and vocals to match, it's hard to tell where it finally does go wrong; perhaps in the cluttered interludes or recycled melodies, but even the flaws seem to be part of its statement. Dead Petz already knows it won't fare well with most, much like Miley. That's just more our problem than hers.

You can reach the author at: mrnathan0526@gmail.com



Photo Courtesy of Mallory Nathan

Since her breakout role on Disney's 'Hannah Montana,' Miley Cyrus has evolved into a more mature artist with a unique voice.

Artists Release New Music for Fans to Watch Out for

By: **Kristen Calderoni**
Staff Writer

As 2015 comes to a close, it is time for people to start making New Year's Resolutions. Well, how about one of those resolutions be listening to a new genre of music? The year is ending and the music industry never stops creating such beautiful music for the world to hear. Just recently artists such as One Direction released their new single "Drag Me Down" which sold 50,000 copies and had 17.7 million streams in its first week of release. Talk about dedicated fans, right? Being a huge One Direction fan myself, I helped in making those records possible. I am looking forward to listening to their new album, which was rumored to be out on Sept. 10, but never happened. Who knows when those four boys will drop their next album unexpectedly like they did for "Drag Me Down" in the middle of the night?

Out of the boyband world another artist, The Weekend's fifth album, "Beauty Behind the Madness" was just released on Aug. 28. It debuted atop of Billboard 200 with the first week sales of 412,000. Another album released on the same day was "Badlands" by American singer and songwriter Halsey. "Badlands" had a record number of pre-order sales ahead of the release date: close to 40,000 preorders. "Badlands" entered the Top 5 of the iTunes Overall Top Albums

Charts and landed at the #2 spot. Also, Badlands landed #1 on the Alternative Albums Charts. Halsey's album debuted at No. 2 on the Billboard 200 with a total of 115,000 album sales, which marked the second highest debut for a female in 2015. Finally, Justin Bieber's new single "What Do You Mean?" is the lead single off his fourth album scheduled to be released Nov. 13. "What Do You Mean?" became Bieber's first number one single.

That is just to name a few popular artists at the moment. However, there is one band that I, personally cannot wait for any longer. The band, Five Seconds of Summer, or 5SOS, is long overdue

for some new music. And thankfully the release of their new album titled "Sounds Good Feels Good" is Oct. 23. The band has perfected for album for over a year. To thank their fans for all their love and support, the band released three songs off their album. Starting off with "She's Kinda Hot," which they released as a single on July 17. The band also released songs called "Fly Away" and "Jet Black Heart." I recently attended a 5SOS concert on Aug. 30 at the PNC Banks Arts Center and I can honestly say it was one of the best concerts I ever went to. I bought my ticket just two hours before going to the show and I had row H, which I knew

was close to the stage but I did not think I would be so close! They had a mini stage and I was the third row from the mini stage. My friend and I were freaking out because they would be so close! At the concert the boys were so lively and excited and talked about their new album and how they cannot wait for their fans to hear it. Also at the concert the band found out that they won the VMA Award for song of the summer, "She's Kinda Hot," about which they were ecstatic. The band has so much to look forward to in the future and I cannot wait to see what is in store for them along with the other artists mentioned above.

Music is a way for a per-

son to connect with their soul. I, for one, listen to all different types of music and I am never afraid to give all kinds of music a chance. I am always seen relaxing in my room with my headphones in and walking on campus with them shoved in my ears. Music is a way for me to unwind and relax. I find comfort in it. I am looking forward to seeing all the artists release their albums, which makes me very happy. I cannot wait to see what the music industry has next to release in the future for my ears to hear.

You can reach the author at: kristenc716@gmail.com



Five Seconds of Summer's new album "Sounds Good Feels Good" will be released Oct. 23.

Photo Courtesy of Kristen Calderoni

College Holds Monthly HIV Testing

By: Roque Cabrera
Staff Writer

Megan Thompson
Staff Writer

The College is having free HIV testing, which is held on a monthly basis in the College Center Room 312-313.

The College's Gay Straight Alliance and the Robert Wood Johnson Medical School sponsor the testing. The testing method used is called the HIV Rapid Test, which is done by pricking the person's finger and testing the blood for HIV. While waiting for the results from their test, a staff member from Robert Wood Johnson Medical School will counsel the individuals and record information on their risk at testing positive for HIV and their sexual practices. Results are formulated and given to the students the same day within 20 minutes.

Many staff members from The College worked hard to bring the free testing to the school. "I guess as far as making sure the event is publicized and

reserving the room each month, I am the point person," said Jeremy Nickerson, a faculty member at The College. "But the great staff of counselors and testers, led by Marion Goldberg, really make the event happen each month. They bring warm, inviting personalities that make the individual being tested feel safe and welcome."

Nickerson was responsible for bringing HIV testing to the

students at The College. "I met a woman named Marion Goldberg, who is a certified HIV tester and counselor through Robert Wood Johnson Medical School. At that time, she was coordinating testing at nearby Raritan Valley Community College and asked me about the possibility of testing at The College," said Nickerson. However, the testing event was not established immediately at The College and has

only been done for two academic years. It took Nickerson a while to finally establish monthly HIV testing at The College. "I began to inquire through channels here at The College, but it wasn't until years later that I was able to establish testing here at The College" said Nickerson. The MCC Student Government Association also played a role in helping to bring the testing to The College. The MCC Student Govern-

ment Association, specifically current President Michael Spadaro and then-President Jean Fernandez, was absolutely vital in making HIV testing a reality here at The College, according to Nickerson.

The testing is free and open to students and The College's staff alike. The next testing will be on Oct. 8 from the hours of 10 a.m.- 2 p.m. at the College Center Room 312. \$5 gift certificates to Subway will be given to anyone who is tested. The testing is sponsored by one of The College's clubs, the Gay Straight Alliance, and Robert Wood Johnson Medical School. "Testing is free and all members of The College's community are welcome, including faculty, staff, students, and administration," said Nickerson. "...Knowing your status is an excellent step toward being healthier physically and mentally."

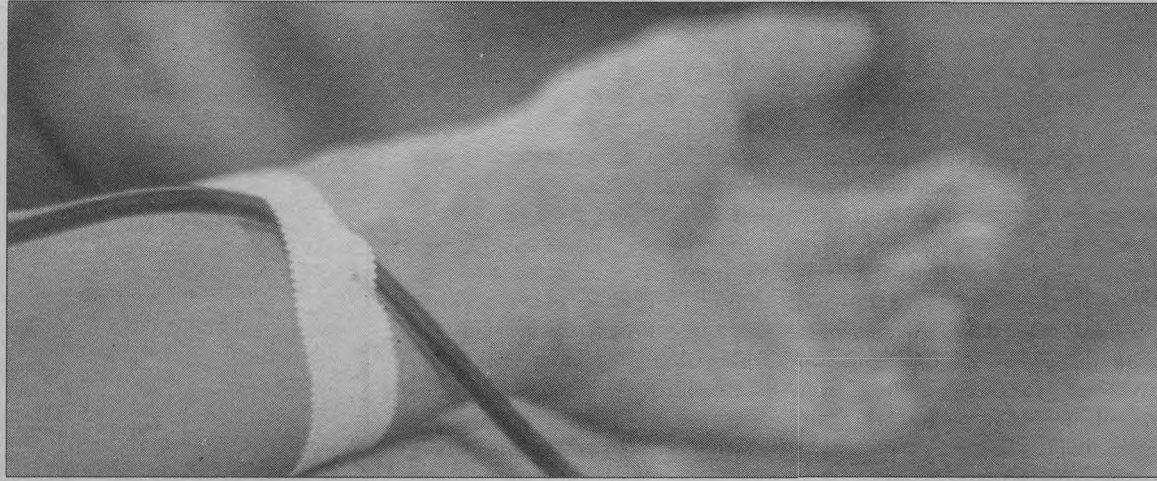


Photo Courtesy of Martin Alonso

The Gay Straight Alliance Club has partnered with Robert Wood Johnson Medical School to sponsor the monthly testing.

You can reach the authors at:
roquecabrera123@yahoo.com
& megan.thompson5784@gmail.com

Recently Popular Fitness Craze Starts to Expand

By: Paige Bollman
Editor-in-Chief

CrossFit, a recent fitness craze, is starting to become more popular. CrossFit is a fitness company that was founded by Greg Glassman and Lauren Jenai in 2000.

According to nerdfitness.com, "CrossFit is a training program that builds strength and conditioning through extremely varied and challenging workouts."

Student at The College and CrossFit athlete, Nicole Donato, said, "CrossFit provides workouts for all body types and for people who are just starting out and have been doing it for years. I love CrossFit. Every day at CrossFit I endure a physical nightmare that hits every joint and muscle in my body, yet I love every minute, during it and especially after."

CrossFit is not your average gym with ellipticals, treadmills and Zumba classes. These classes are made up of jumps, jumping jacks, jump rope, squats, push-ups, lunges and pull-ups to start. Then the athletes perform functional movements, such as stretches and mobility that compliment the movements that will be made in the continued exercises.

The warm up is then turned to skill and strength work. This is where one would work on

squats, deadlifts and muscle ups.

After the work out of the day (WOD) is enabled. This is where one will be told, by an instructor, to do a certain number of reps of particular exercises as quickly as possible, or a set time limit to do as many of a certain exercise as possible.

When the WOD is completed, cool down and stretching begins. Cool down and stretching may be done as a group or alone.

Donato said, "When

I first started CrossFit I was scared. I thought the facility near my hometown would be full of muscular athletes who would look down at me. My first day there I was proven wrong."

CrossFit offers course training ranging from level one certificate course to advanced weightlifting advanced trainer course.

"I highly recommend CrossFit to every person especially those who are in college. College

students are at their prime time where working out and eating right are very important. CrossFit is challenging, fun and most importantly worth it for every body and you will definitely see results," said Donato.

With CrossFit becoming more popular, The CrossFit Games have come into the CrossFit and fitness community. The CrossFit Games is an athletic competition sponsored by Crossfit Inc.. The Games started in the summer

of 2007 and are held each year.

According to getbetterhealth.com, there are some negatives of CrossFit. These include frequent injury, challenging technique, peer pressure and glorification of the mesomorph (a person with a compact and muscular body build).

However, Crossfit.com has sections available in which starting members can educate themselves on the type of fitness involved with two publications, education on safety, training seminars, gym locations, the CrossFit games and the CrossFit theory.

The games consist of different fitness abilities. Rules and regulations can be found at http://media.crossfit.com/games/pdf/2015crossfitgames_rulebook_150106.pdf.

Some CrossFit gyms located in Middlesex County include: Iron CrossFit North Brunswick at 832 Ridgewood Ave. North Brunswick Township, CrossFit Stealth at 411 Joyce Kilmer Ave. #4 New Brunswick, Chop Shop Fitness at 242 Possum Hollow Rd. Monroe, CrossFit Primeval Brunswick Barbell Club at 15 Williams Rd. Kendall Park and CrossFit Stealth 2 at 25 David St. South Plainfield.

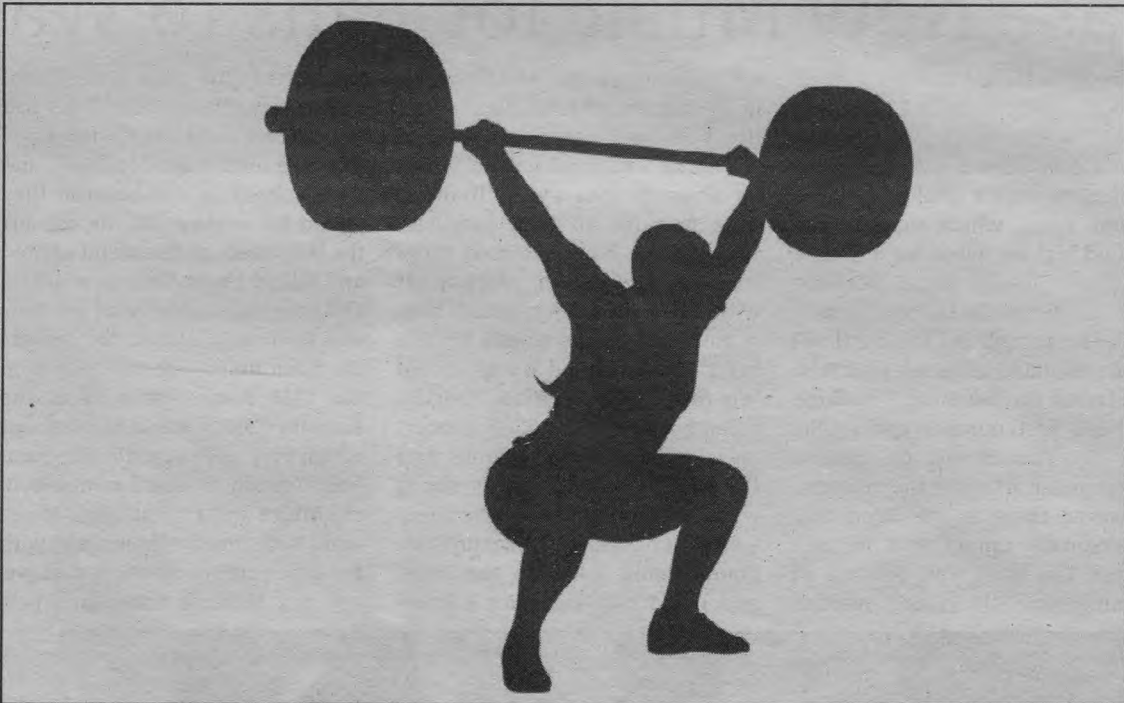


Illustration Courtesy of Tashan Jackson

CrossFit hosts a yearly CrossFit competition.

You can reach the author at:
paigebollman@yahoo.com

The College's Pool Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45 - 8:45 a.m.	6:45 - 8:45 a.m.	6:45 - 8:45 a.m.	6:45 - 8:45 a.m.	6:45 - 8:45 a.m.	10 a.m. - noon
11 a.m.-12:20 p.m.	1:30 - 3 p.m.	11 a.m.-12:20 p.m.	1:30 - 3 p.m.	11 a.m.-12:20 p.m.	1 - 4 p.m.
3:30 - 5:45 p.m.	3:30 - 5:45 p.m.	3:30 - 5:45 p.m.	3:30 - 5:45 p.m.	3:30 - 6:15 p.m.	

New Consent App Has Dangerous Flaw

By: **Martin Alonso**
Staff Writer

In an effort to reduce false allegations of rape, We-Consent™, a new app, allows users to video record their consent to sex. The app works by asking the first user for their name then asks the name of the suitor in interest. The suitor is informed that the original user is asking for consent, as the back camera of the phone is pointed toward them. That partner can then decide to say "yes" or "no".

The videos are encrypted and kept for seven years. These records are only accessible to law enforcement through the proper legal process to be used as evidence in a sexual assault case.

How feasible is this app? Rape is a serious issue, especially living in a time some claim, to hold a rape culture. In spite of this, there are some who will be falsely accused of rape, which in turn allows an on-going battle of the legitimacy of some rape accusations.

Being publicly branded as a rapist has severe consequences for the perpetrator. They can go to prison, register as a sex offender for life and are subjected to many social sanctions

including unemployment and being estranged from loved ones. But— what happens when one is falsely accused and convicted?

This app, at best, provides a channel for discussion of these sensitive issues. Who is going to pause their romantic evening, whip out their phone and ask their partner to give their consent while being video recorded? Or— maybe it's just a casual encounter; "We had a great day. I need to have your consent on video before making a move. You know, just in case you decide to make false accusations of rape against me." No, it just does not fit into any social narrative.

The makers of this app may be opening up themselves to potential lawsuits. How can the app tell if the users are sober enough to give consent? What if the user decides to give consent at first then later changes their mind? Consensual sex can turn to rape at any time after a "Yes" is given on this app. It seems it may have a counterintuitive application as well.

Men and Women endure real abuse and many, if not most, cases of real rape may never get a conviction. This app does little good and has a misunderstanding of what consent is, and maybe it is society as well that has this misunderstanding. During a press

conference at the White House, President Barack Obama, when questioned about Bill Cosby's ac-

cusations of rape, said, "...[T]his country, any civilized country, should have no tolerance for rape."

You can reach the author at:
Martinalonso4895@gmail.com



Photo Courtesy of Martin Alonso

The new app meant to record consent before sex will do more harm than good.

EDC Music Festival Provides Great Experience

By: **Gabrielle Sales**
Staff Writer

Every year the season for festivals for electric dance music, called by the famous acronym EDM, comes around spring and summer time. A huge festival that many music lovers await for months prior is Electric Daisy Carnival or EDC. Located at MetLife Stadium, Electric Daisy Carnival New York has over 50,000 attendees each year and the numbers keep rising. Each festival has their necessary staff members, such as the production team, safety team, security guards, police men, directors, merchandise sellers and vendors, and nonetheless, how can you forget the disc jockeys? These staff members are the structure of the festival. Their hard, dedicated work keeps the festival maintained and secured.

Within Electric Daisy Carnival and other festivals ran by the company that created this festival called Insomniac, they have this unique team consisting of mainly young individuals called Ground Control. Ground Control people are seen in purple shirts simply labelled as 'Ground Control' with angel wings on the back. They can be seen with purple fanny packs carrying multi-channel radios, flashlights, and first aid supplies around the venues. This team concept was developed by a Psychology major from California named Laura Newton, who first started it with about 30 of her high school friends while getting the permission from the Insomniac CEO Pasquale Rotella.

This gave her the chance to be able to expand to it. People who have attended EDC a couple of times know exactly what I'm talking about. Ground Control is a team of workers, more like family, that are compassionate in helping others. Their catchy motto "Stay happy, healthy, and hydrated!" is definitely one the members hope for people attending festivals to live up to.

I was accepted as a Ground Control member for EDC New York 2015 and prepared myself for this opportunity six months in advanced. At least 60 of the 4,000 applicants were accepted and having this opportunity to be part of a huge company was overall exciting. I wasn't exactly aware of

what I would go through until the day came I had to work, let alone my confusion settled as I had never attended EDC before. As Memorial Weekend rolled around, I set my foot into the train and to a taxi on a very early morning. Orientation for all the Ground Control members was held, and there I was working as an official Ground Control member. I was grouped with two other members from California in a team for both days. Each hour we were assigned to different areas to surveillance an area or to work different shift duties. Ground Control members are the ones who work at the water stations to refill bottles and Camelbaks to people in dire need of hydration. Many peo-

ple can say Ground Control saves hundreds of lives just by doing this.

I stood and walked around for 12 hours for a day around a venue that took up at least four parking lots at MetLife Stadium. Hence, this was a two-day event, mainly looking out for festival goers that appeared to need medical attention. I witnessed many intoxicated people who couldn't handle their liquor and were in bad condition and helped them get directed to the medical tent. I also saw a man who was knocked out unconscious. My job was not exactly of an EMT or a security guard or a greeter, but much of it was a role that a Ground Control modeled themselves after. Greeting festival

attendees, or what we call in the EDM scene as "ravers," reminded me of when I worked for The College as a student ambassador. I answered questions and made sure people felt welcomed and excited. Ground Control is the heartbeat of Insomniac, and we are the faces that represent the company in a positive outlook. Despite the fact we only had an hour-long break, I also still had time to enjoy and dance to music, even for a little bit.

Being able to work for EDC as a Ground Control member was an interesting experience that many don't get to feel. I have been to a few raves before and I know how crucially important it is for people to be helped. This was an experience I will never forget because of the memorable bonds I created with people at the festivals, including other Ground Control members. Our goal is to spread as much positivity there is. The team is full of diverse individuals and some of them came from many states as far as to the West Coast. Being on Ground Control is not for everyone and certainly not easy; it is physically and mentally exhausting, but it's the drive of selflessness, compassion and making sure festival attendees can feel safe are what makes a Ground Control feel accomplished. That one little thing we do can impact a person for the rest of their night or life.



Photo Courtesy of Gabrielle Sales

Working at an EDC musical festival is an experience full of fun and positivity.

You can reach the author at:
Gabrielleas3514@portal.middlesexcc.edu

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Submissions do not guarantee publication. Judgements are made in the sole interest of libel exposure and common sense.



**It's Not Too Late!
Fall II begins September 28**

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Meetings:

Wed., 11 a.m., College Center room 316

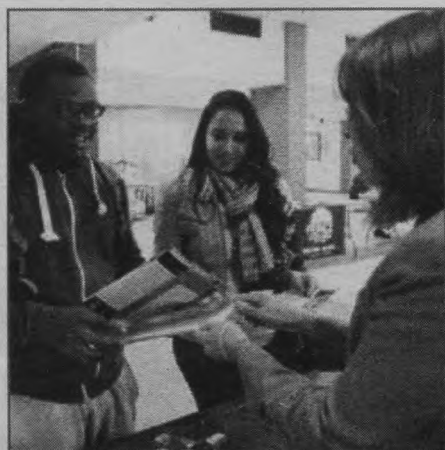
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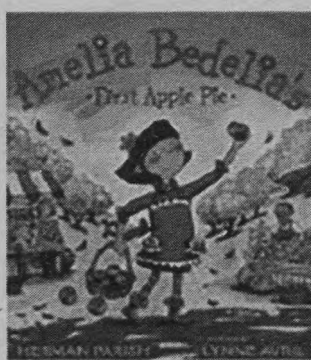
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Adventures
with Amelia:
MCC Reads

Saturday, October 24
9:30 a.m. to 1:30 p.m.

Middlesex County College
Edison, NJ

Featuring Herman Parish, the author
of the popular Amelia Bedelia book
series.

Middlesex County College's Democracy House will host a Make a Difference Day Program designed to encourage kids to read. Children age 4-10 are invited to visit the campus, hear from the author of the popular children's book series Amelia Bedelia, enjoy refreshments, and have fun. The first 100 children who register will receive a copy of an Amelia Bedelia book, which can be autographed by the author that day.



Herman Parish, who continued the Amelia Bedelia book series created by Ann and Peggy Parish, brings the character to life with wacky wordplay, anecdotes about the book, and insights into the writing process. He will also host a workshop for parents on how to encourage their kids to read. MCC faculty and students will also pair up with kids to read together.

This Make A Difference Day event was provided by Garnet Co. Inc. / Home News Tribune.

Visit www.middlesexcc.edu to register.
Registration limited to 100 children.

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Women's Soccer Suffers Loss

By: Stephen Ur
Sports Editor

The women's soccer team participated in a two-game event the weekend of Sept. 12 and 13 on the campus of Howard Community College in Columbia, MD. The invitation is known as the Dragon's Invitational. In the first game, which was played on Sept. 12, the Colts lost to Anne Arundel by a score of 5-0.

The scoring in this game began in the 15th minute, when Bailey Foust scored a goal that was assisted by Samantha Nimmo. Less than seven minutes later, Anne Arundel added their second goal when Alyssa Baron-

ella kicked the ball into the net successfully. In the 36th minute, Frost scored her second goal of the game—this one unassisted. The Colts trailed 3-0 at halftime.

Anne Arundel wasn't done yet. They added their fourth goal of the game in the 62nd minute. Samantha Nimmo, who assisted the first of Frost's goals, scored the unassisted goal. In the 88th minute, Johanna Couture scored the final goal of the game. Colts goalie recorded eight saves, including six saves in the first half alone, but allowed five goals.

In the next game of the Dragon's Invitational, the Colts suffered another loss, this time at the hands of Howard (MD). The Colts

found themselves down 2-0 within the first ten minutes of the match after goals by Audrey Ford and Brittany Nixon. Howard added two more goals to go up 4-0 at halftime.

In the second half, the Colts kept the Skylanders out of the end zone, but they could not score any goals and the Colts were shut out 4-0. They have since won a game against Camden County College on Sept. 15. They now have a record 2-2 on the season.

You can reach the author at:
Stephen_ur@yahoo.com

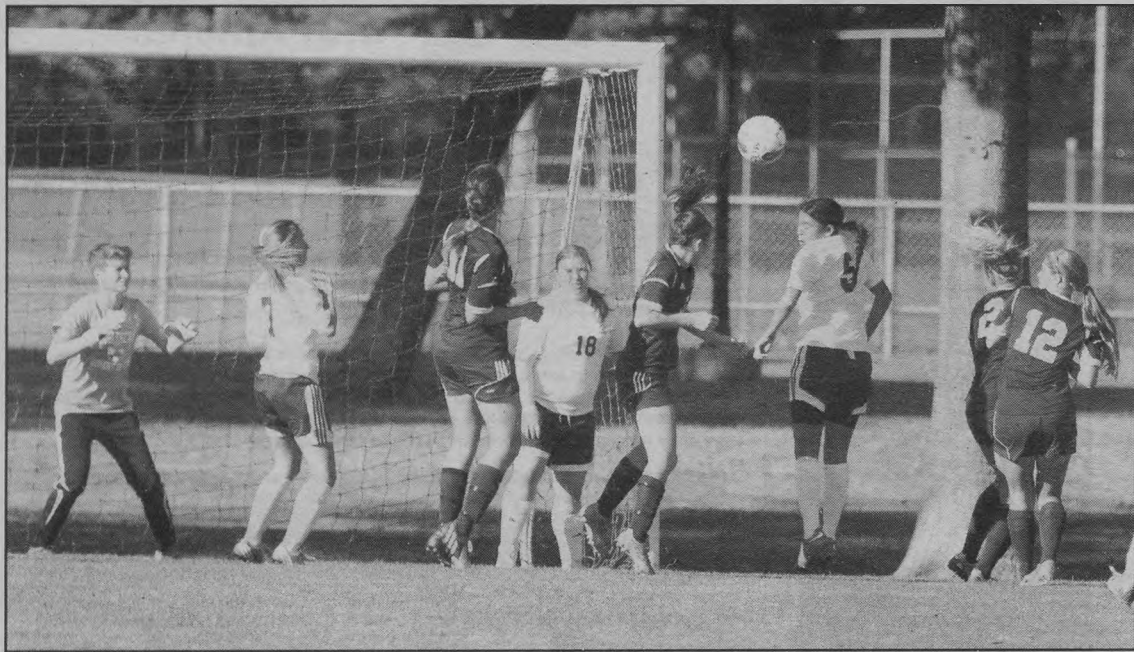


Photo Courtesy of Middlesex County College

The Blue Colts women's soccer team lost both games over the weekend.

Two Star Soccer Players Return from Injury

By: Stephen Ur
Sports Editor

Kaitlyn Johnsen and Nicole Luna are both returning to the Colts soccer team after both suffering injuries. Johnsen suffered the worst of the two. While playing in a co-ed soccer game in Feb. 2014, a girl stepped on the laces of her shoe as she was running with the ball. While her foot stayed in place, her leg progressed forward and she tore her ACL, MCL, lateral and medial meniscus. Her surgery was in May 2014.

"Recovering was definitely hard. I had physical therapy 3-4 times a week for an hour every day," Johnsen said. "Just strengthening my leg back up probably hurt worse than actually tearing everything. I actually have to keep doing most exercises that my physical therapist showed me because of sports."

While she didn't play at all in the Fall 2014 season, she was there with the team to record the team's statistics.

Nicole Luna was hurt twice during the Fall 2014 season. In the third game, an opposing player "slide-tackled" her, and she

suffered a knee injury. She missed the remainder of the regular season, and returned in the playoffs.

In the first game, however, while going for a headball, she protected her knee by falling in an awkward position. The way she landed made her sprain her ACL. With lots of rehab, she was able to return for the beginning of the fall 2015 season.

You can reach the author at:
Stephen_ur@yahoo.com

Men's Soccer Suffers Crushing Loss to Sussex County

By: Stephen Ur
Sports Editor

The Colts men's soccer team went into their match against Sussex County Community College on Sept. 12, and they came off of a 2-2 tie against Bucks County College on Sept. 10. This was their first conference game of the season after playing four consecutive non-conference teams. Their record of going into the game against

Sussex was a record of 2-1-1.

The scoring began in the 35th minute, when Sussex County Community College's Gabriel Luzbet scored a goal to give the Skylanders a 1-0 lead in the first half. The Colts tied the game minutes before the end of the first half with a goal from freshman Sean Hutchinson. The two teams went into halftime, and tied at one goal each.

The second half strolled on with the score remaining the same. In the 83rd minute, Sussex scored,

which would be the game-winning goal Jamie Leddy. This goal was assisted by Matt Zupkay.

Both goalies did well in this game. Skylanders goalie Erik Chuckner recorded six saves. Colts' goalie recorded seven saves, but also gave up the two goals to give the Skylanders the win.

You can reach the author at:
Stephen_ur@yahoo.com

Athlete of the Week: Caroline Juba

By: Stephen Ur
Sports Editor

Colts goalie Caroline Juba had a sensational weekend playing in the Dragon's Invitational alone. She recorded eight saves in the first game against

Anne Arundel, and recorded 13 saves in the first half of the game against Howard (MD). That's a total of 21 saves in a game and a half.

Juba said that she wouldn't have put up the performance that she did without her head coach Ted Fiorentino or assistant Adrienne Giordano. "They

care about all of us and if I ever felt I needed to work on something in practice, they would take me one on one and work with me," said Juba.

You can reach the author at:
Stephen_ur@yahoo.com

Upcoming Games

Thursday Sept. 24

Men's Soccer vs.
Rowan Gloucester at 3:30 p.m.

Women's Soccer at
Rowan Gloucester at 3:30 p.m.

Women's Volleyball at
Union County at 7 p.m.

Saturday Sept. 26

Men's soccer vs
Union County at 1 p.m.

Women's soccer vs
Union County 1 p.m.

Women's volleyball vs
Bergen at noon

Tuesday Sept. 29

Men's Soccer at
Ocean County at 4 p.m.

Women's Soccer vs
Ocean County at 4 p.m.

Women's Volleyball at
Brookdale at 7 p.m.

Fitness Center Hours

Monday

7 - 8 a.m.

11 a.m. - 12:20 p.m.

4:30 - 8:30 p.m. *

Wednesday

7 - 9 a.m.

11 a.m. - 12:20 p.m.

4 - 5:45 p.m. *

Tuesday

7 - 9 a.m.

11 a.m. - 12:20 p.m.

4 - 5:45 p.m. *

Thursday

7 - 8 a.m.

11 a.m. - 12:20 p.m.

4:30 - 8:30 p.m. *

Saturday

10 a.m. - noon

1 - 4 p.m.

* Indicates a membership is needed to use the facility at this time

Photo Courtesy of Martin Alonso

Where Are They Now?: Tia Williams

By: Stephen Ur
Sports Editor

Tia Williams was on the Colts volleyball team during the fall 2014 season. She was part of the team that finished 0-12 under former Colts volleyball head coach Colleen Masterson. Since that season, Williams has graduated and is now attending Rutgers University in New Brunswick. She

is studying Management and Labor Relations as her major and Human Resource as her minor.

While she is not playing for the Rutgers Scarlet Knights volleyball team, she is still playing volleyball. She plays in local leagues at The Fields Sports Complex in East Brunswick on Sundays.

You can reach the author at:
Stephen_ur@yahoo.com