

38th Annual Transfer Fair Has Good Turnout

By Lanette Espy
Staff Writer

"I'm extremely happy with the accommodations. It's bright, airy, a nice flow of students are stopping by, the college representatives are enjoying it, and there is a very good assortment of colleges here," Betsy Pajauis, Transfer Advising & Articulation Specialist and coordinator of the transfer fair said, when asked about the turnout of the transfer fair.

The 38th Annual Transfer Fair took place in the Studio Theater Lobby of the Performing Arts Center on November 7, 8, and 9. When first walking in the door students are greeted by Betsy Pajauis who had her own table set up with NJ transfer bags, Quo Vadis newspapers, and information about the colleges there.

Pajauis greeted everyone with a smile and answered any questions that

students had. There were tables of different colleges and representatives from each of the colleges, which were set up in the lobby upstairs and also downstairs, and students wandered around asking questions about transferring to their college of interest.

MCC student Jillian Krieger, 18, Sociology major, was one of the many students who attended the transfer fair. "It [the transfer fair] gave me a chance to look at colleges - especially one's I haven't heard of before," said Krieger.

MCC student Joe Chip, 28, Education Practitioner major, said, "Spring is my last semester here at MCC and I'm here for information about different colleges, mostly Kean."

Navin Kumar, Office of Admissions, and a representative from Montclair State University said, the most popular question students asked him was, "What credits do you take?" The GPA requirement at Montclair State for a

transfer student is 2.5, but for a high school student it is 3.0.

"We have an articulation agreement with MCC. Courses switch over, if they don't then there switched over as an elective," said Kumar.

Matt Stele, a Seton Hall University representative said the minimum requirement for Seton Hall is a 2.5 GPA and a 2.8 requirement for business school.

"Seton Hall takes up to 100 credits. We pretty much accept anything. Transfer students are a big part of our campus," said Stele.

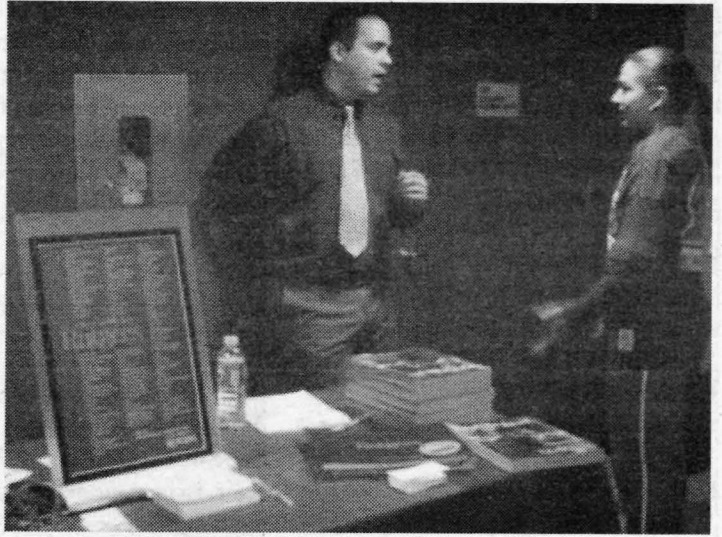
Five Towns College in Long Island, which is a performing arts college, is a great place to transfer to, especially for any student interested in the music industry. Shelly Zucker,

Director of Recruitment Services said, "We have come here all of the years and we come all the way from Rhode Island."

Besides music, Five Towns also offers broadcast journalism, film & video, and business & education.

"If you want to do film & video then come to Five Towns. We are a highly technical school and this school is a phenomenal place to go to for music," said Zucker.

"To come all the way out here for



Rutgers at the Transfer Fair

Photo By Jennifer Procanick

MCC Holds Open House

By Scott Shanley
Staff Writer

The annual Middlesex County College Open House was held this past Sunday on the main campus from 11 a.m. to 1 p.m. Information sessions, as well as thirty-minute campus tours and refreshments were available to those in attendance.

"Everyone can somewhat benefit," said Director of Admissions Peter Rice, describing the event, which hopes to bring in many new faces for the upcoming semesters.



Photo By Shelia Henry

Information

sessions were in both the upper and lower levels of the College Center, which included detailed seminars on financial aid, transferring, nursing, disability services, adult students, and a newer program called NJ STARS.

"NJ STARS could be the most exciting thing to ever happen to us," said Rice, describing the program that allows students that graduate in the top twenty percent of their high school class to attend MCC for free. The program can cover as many as five semesters, and those with 3.0 GPA can advance to NJ STARS II, covering their junior and senior years. Last

fall, NJ STARS saw 2,484 students enter the program and hopes to continue its growth.

Transfer Information Sessions were very helpful to those interested in continuing their education with a four-year school.

"We get a lot of questions about the process," said Transfer Counselor Gina Bedoya. "The first step is meeting with

one of us," she said. Other counselors on hand stressed the importance of selecting a major when targeting a four year school, as well meeting MCC's graduation requirements and the

admission requirements for the school in which the student is transferring. Reassurance was offered through the process to students unsure of their major or how to go about the transfer process. Available resources include individual counseling and program planning, computerized career assessment and college search programs, and application materials for most NJ colleges and universities.

"There's no reason why you have to do this alone. That's why we're here," she said.

For More pictures see Page 13

Computer Science to Offer New Courses

By Scott Shanley
Staff Writer

Starting in the Spring 2007 semester, the Computer Science Department will offer a few new courses, including Data Structures, Database Systems Concepts, Computer Forensics, Introduction to Information Systems Security, and Computers, Society and Ethics. The change is mainly to accommodate those transferring to Rutgers University and NJIT, whose computer science departments offer their courses in the Java programming language.

"It's becoming extremely popular," said Frank Burke, Chairperson of the Computer Science Department, describing the departments needs to revise its program.

"We did not get grant funding but still went ahead with the development of security classes and the technical certificate program. This program is very successful and is the fastest growing program in the CS & IT Department," he said, further explaining the necessity of the new courses.

Founded in 1969, the program was officially renamed to the Computer Sci-

a general major, it's not worth it. Only come for something specific that you're interested in," suggests Zucker.

Pajauis said this year's transfer fair is different from the others because there are some similar schools and a few new ones.

"The location helps with the traffic flow. We are not in everyday school traffic, this [Studio Theater Lobby] is a good location, and students can stop by here straight from the College Center. It worked out good, even in the pouring rain," Pajauis says smiling.

ence and Information Technology Department earlier this year to keep up with changes. In addition to the new Technical Certificate in Information Systems Security introduced last fall, the program will also offer a Technical Certificate in Help Desk Administration beginning next semester.

"It is a magnet for IT workers who have been laid off or are in jobs that are at risk. It provides in-demand skill training and quickly moves these students from the unemployment rolls to new jobs," said Burke, who is the third Chairperson to lead the department.

"With the growth of computer use, there are a very large number of Help Desk Administrator jobs in the New York City metropolitan area," he said. One notable local company taking advantage of MCC graduates of the program is Vonage, which hires approximately one hundred new Help Desk Attendants per month.

Also updated to the program is the elimination of a math sequence which no longer runs, being replaced by the more accessible College Algebra and Statistics I courses.

INSIDE THIS ISSUE

POLICE BLOTTERS	PAGE 2	POETRY CORNERS	PAGE 14
CALENDAR EVENTS	PAGE 2	HOROSCOPES	PAGE 15
NATIONAL NEWS	PAGE 4	FASHION & BEAUTY	PAGE 16
ADMIN & FACULTY	PAGE 7	OPINION PIECES	PAGE 18
ARTS & ENTERTAINMENT	PAGE 8	HEALTH	PAGE 19
CLASSIFIEDS	PAGES 11 & 12	THANKSGIVING	PAGE 20
PERSON-ON-THE-STREET	PAGE 13	SPORTS	PAGES 22 & 23

QUO VADIS

MIDDLESEX COUNTY COLLEGE CAMPUS AND COMMUNITY CALENDAR

Date of Event: Nov. 18
Time of Event: 8:00 p.m.
Location: Stone Pony, Asbury Park
Description: New Jersey legends Lifetime will have their 7"-record release party to celebrate their first new music in ten years. The Explosion and the AKAs opening. Tickets are \$15 + applicable surcharges.

Date: December 1st
Time: 6:30 pm, 10:30 pm
Event: Comedian Brian Regan performs Live
Location: The Strand Theatre, Lakewood NJ
Contact: www.maxcruise.com

Date of Event: November 24
Time of Event: 7:45 p.m.
Short Explanation of event: Dynamic Wrestling Inc. "Under the Influence" show
Location of event: St. Joseph's School Gymnasium, 865 Roosevelt Ave., Carteret
Contact information: DWIwrestling@aol.com
www.myspace.com/dwiwrestling

Date of Event: November 17
Time of Event: 7:45 p.m.
Short Explanation of event: Wrestling match featuring Mr. "Wonderful" Paul Orndorff and Sal Sincere
Location of event: Knights of Columbus Hall, 775 Washington Rd., Sayreville/Parlin
Contact information: www.nwswrestling.com

Date of Event: November 16
Short Explanation of event: Last day to withdraw from fall semester classes.

Date of Event: Saturday Afternoons through December 9
Time of Event: 12:30-2:30 p.m.
Short Explanation of event: Advising by appointment
Location of event: Chambers Hall 109

Date: December 1st
Time: 7:30 pm
Event: Hoobastank w/ Special Guests
Location: The Stone Pony, Asbury Park NJ
Contact: www.thestonepony.com

POLICE BLOTTERS

Man Issued Trespass Notice

On October 16, 2006, around 6 p.m., an individual was issued a defiant trespass notice as he could not give an explanation as to why he was on campus while driving a vehicle which had no plates. Police could not be reached for further comment.

Accident in Parking Lot #1

On October 17, 2006, around 10:30 a.m., a motor vehicle accident occurred in parking lot #1. Vehicle 1 backed into Vehicle 2 as it entered Parking Lot 1. Vehicle 2 sustained substantial damage to the passenger side rear wheel. Vehicle 1 sustained minor bumper damage. No injuries were reported.

Alarm Set Off in Phys. Ed. Ctr.

On October 17, 2006, around 12:30 p.m., a fire alarm was activated in the Physical Education Center. A malfunction of the alarm system caused the fire alarm to activate in the weight room. Edison Fire Department responded as well as police and Facilities Management personnel.

Theft At Blue Colt Bookstore

On October 18, 2006, around 11 a.m., a theft occurred at the Blue Colt Bookstore. A student left his backpack containing his notebook, folder and pens within the lobby area of the Bookstore. When he returned it was missing.

Radio Unit Stolen From Car

On October 18, 2006, around noon, a student reported that while his car was parked in Lot #2 his radio head unit was stolen. There are no witnesses or suspects at this time.

Student Bumped By Honda

On October 18, 2006, around 2 p.m., a student reported that a blue Honda Civic with Michigan plates backed up and bumped into her, no injuries were reported.

Side Mirror Broken Off Car

On October 18, 2006, around 4:30 p.m., a student reported that while her vehicle was parked in Lot #4, her passenger side mirror had been broken off. The mirror was intact and located on the vehicle's trunk.

Accident On College Drive

On October 18, 2006, around 9 p.m., a motor vehicle accident occurred on College Drive East. A student making

a right turn, lost control of the vehicle, and drove over a curb and sidewalk hitting a fence. The driver left the scene but was located with the assistance of an eye-witness account.

Student Complains of Breathing

On October 19, 2006, around 10:30 a.m., a student complained of a rapid heart beat and difficulty breathing after swimming laps in the pool. When police arrived, he stated he then felt fine. The college nurse was on the scene.

Alarm Set Off in Edison Hall

On October 21, 2006, around 6 a.m., the fire alarm was activated in Edison Hall. Edison Fire Department responded along with campus police. A fire watch was conducted until the pull station in the back hallway could be reset.

Accident On College Drive

On October 23, 2006, around 10:30 a.m., a motor vehicle accident occurred on College Drive East. The driver of Vehicle #1 was traveling north on College Drive East when the driver of Vehicle #2 pulled out of Parking Lot 6A into Vehicle #1's path. No damages or injuries were reported.

Accident On College Drive

On October 25, 2006, around 8:30 a.m., a motor vehicle accident occurred on College Drive East. Vehicle 1 was traveling south on College Dr. East when the back end spun out of control crossing over into the opposite direction of traffic and coming to a stop upon impact with the curb. No injuries were reported.

Student Harassed By Peer

On October 25, 2006, around 11 a.m., a student reported being harassed by another student outside the library. It was determined that the two had known each other, but the one student no longer wished to have communication with the second student. The student was advised as to what consequences he would face should he continue to try and contact the individual.

Student Arrested In Lot 2

On October 24, 2006, around 4 p.m. a student was arrested in Parking Lot 2. The student was questioned and subsequently placed under arrest for obtaining a driver's license fraudulently. Police were unable to comment.

Workshops to Benefit Senior Citizens and Caregivers

Workshops to Be Held At MCC New Brunswick Center

Edison - The Middlesex County College New Brunswick Center will be hosting four workshops aimed at senior citizens and caretakers. The programs, which are free and open to the public, will be on consecutive Tuesdays.

"These workshops are timely and will be helpful to a lot of people," said Evelyn Rosa, assistant director of the Center. "We hope they will benefit senior citizens and those involved in their lives to provide information that will allow them a better quality of life."

They will be held in Room # 112 from 2-4 p.m. Please RSVP to 732-745-8866 so that presenters bring enough materials. The New Brunswick Center is at 140 New St.

The workshops:
November 21: "Reverse Mortgages and Home Sharing Programs," presented by Shirley Clay, housing counselor, New Brunswick Housing Coalition.

November 28: "Legal Assistance for the Elderly," presented by Ann Zaun, Esq.

December 5: "Long Term Care Options as You Age," by Dale Ofei-Ayisi, coordinator of community services, COPSA Geriatric Services, UMDNJ Behavioral HealthCare.

December 12: "Tuition-Free Learning Opportunities at Middlesex County College," by John Kruszewski, academic advising director at the College.

Career Services Helps Students Land Jobs

By Maria Gomez
Staff Writer

Most students face the task of having to manage their school work while holding down a job. Middlesex County College acknowledges this part of its student's lives, and has two programs focusing on this matter. One of them, the Career Services Program, is located in Edison Hall Room 100. The other is located in South 1 in the Financial Office. Career Services provides current students and alumni a chance at acquiring one of about 1,000 job offers outside the college, according to its coordinator Anny Gonzalez.

Gonzalez said most of the jobs they offer fall into two categories: office jobs and retail jobs. To be eligible a student must be enrolled in at least one course at MCC and have at least a 2.0 GPA. If a student is in the first level of ESL, it is tough for Career Services to get them a job because an interview is often required, but they will help those with language barriers prepare a resume for future employment. Gonzalez added that

most jobs are part-time because that is what most students are looking for, but there are a few full-time jobs offer as well.

The Job Placement program located in the Financial Aid office offers jobs within the school. The library, computer rooms, and language lab are all looking for students to help out. The Coordinator for this program is Alex Arauz. This services benefits international students like Rohid Sonak who have a much easier time working within the school. Sonak has been working in the Instructional Resource Center (IRC) for the past two months, and said that it is very convenient for him. He can study and work at the same time without wasting so much time traveling. He is a full time student and works part time.

The program is offered to every student, but they are required to be a full time student, according to Sonak. There are no full time jobs offered through this program. Sonak said that this is a great opportunity for students who don't drive and have to go through the hassle of catching the bus on time to be able to get somewhere.

New Online Course Being Offered By Middlesex

CSC105 To Be Offered Online

CSC105 Computer Applications and Systems will be offered for the first time this spring as an online course. The course discusses computer hardware, software, networking (including the Internet), mobile devices, and societal issues such as computer security and software piracy. Additionally, it teaches students how to use Microsoft's Windows XP operating system and Office 2003 applications Word, PowerPoint and Excel. This new online format should appeal to persons who are

unable to commute to campus on a regular basis and to students, who because of work or other scheduling problems, are not able to fit a traditional face-to-face course in their program. Interested students should have access to a computer with a broadband connection to the Internet, be running Windows XP and have Microsoft Office 2003 that includes the applications mentioned. Please contact Professor Beverly Simon, X3201, if you have any questions.

TEAM B EDITORIAL STAFF

CO-EDITORS-IN-CHIEF:

LANETTE ESPY, BILL LAVALLO

WRITERS:

JOHN DEMPSEY, DMITRY DORBIN, RICKY DWORZANSKI, LANETTE ESPY, SHEILA HENRY, BILL LAVALLO, SAM LIPMAN-STERN, LAUREN MORTENSON, ROSEMARY PETRIELLO, JENNIFER PROCANIK, EMANUEL QUINTERO, JESSICA RODRIGUEZ, SCOTT SHANLEY, MARIA GOMEZ, JASON PARSONS

COPY EDITORS:

SHARAE ARMOUR, JOHN DEMPSEY, MELISSA EDWARDS, DAVID WEISS

LAYOUT:

JOHN DEMPSEY, SHEILA HENRY, VALERIE MACE

FACULTY ADVISOR:

MELISSA EDWARDS
MEDWARDS@MIDDLESEXCC.EDU

Quo Vadis Publication Dates and Deadlines

Nov. 29 - Nov. 20

Dec. 13 - Dec. 4

QUO VADIS

Rutgers Douglas Campus Holds Freedom Summit

By Muhammad Khan
Staff Writer

At a College Press Freedom Summit at Rutgers Douglas Campus this month, Karen Bosely, a professor of Humanities and advisor to the Ocean County College student newspaper Viking News since 1971 said, "I was fired from my job due to resisting censorship over the college newspaper."

The summit was for colleges in New Jersey and all over the United States and its purpose was to address the issue of censorship enforced by the College Administrations over their student journalists for the college newspapers.

The event started with Prof. Bosely speaking about the struggle that took place between the Administration and the student journalists of the Ocean County College campus in New

Jersey. Also present were the current and former Editors of the newspaper who spoke about it in detail.

Professional Journalists, who spoke about the latest issue: the Frosty case, in which the court ruled that the College

college students to ask their Administrations to pronounce the college newspaper an Open Public Forum, which would in turn eliminate the possibility of lawful censorship of the college newspapers by their administrations.

Also present were Mr. Ron Miskoff, an Advisor to the Tower, a newspaper published at Kean University, Jeannine Defoe, Targum Publishing Company Board Member, Catherine Snipe, Editor-In-Chief the Daily Targum, a Rutgers University Publication and Prof. Drew Jacobs, Chair, Student Media Board, Camden County College.

The summit ended with the discussion on how to prevent the colleges' administrations from censoring their newspapers and urging the college students to participate and support their college newspapers campaign for newspapers to be considered an Open Public Forum by their Administrations.

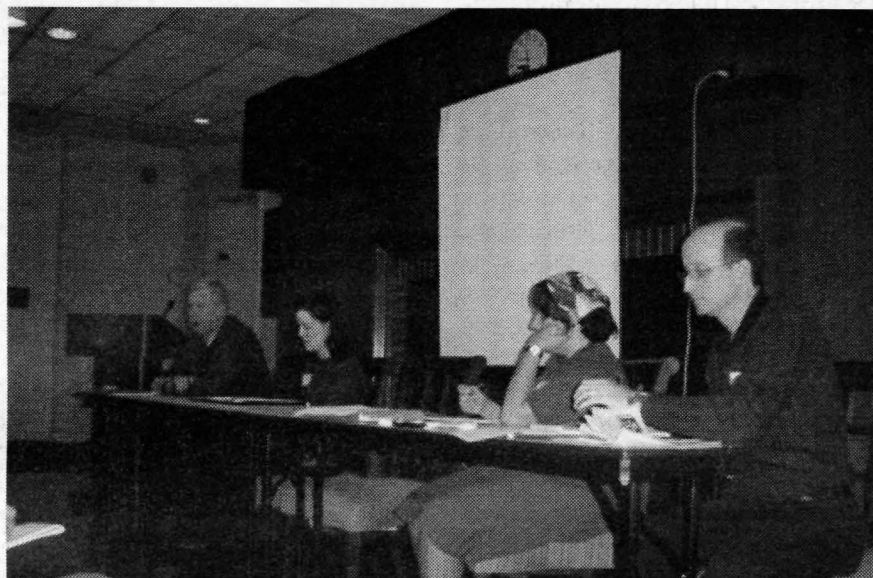


Photo By Muhammad Khan

Freedom Summit

Among other speakers was Prof. Neil Ralston, campus advisor and member of Board of Director of the Society of

Administrations could lawfully censor the college newspaper's articles.

Prof. Ralston is now urging all

Clubs Seeking Gifts for Individuals with Disabilities

EDISON - Three campus organizations - Democracy House, the College's service learning program; Psi Beta National Honor Society for Psychology; and People in Education, a club for future teachers - have joined together to make the holidays brighter for 70 adults with cerebral palsy and other developmental disabilities.

"Many groups are eager to throw parties and give gifts to children with disabilities," said Kevin McGowan, Democracy House coordinator. "But the holidays are often a very lonely time for adults. Many live away from their families and they need a dose of holiday spirit and good cheer. We hope to make the season brighter for our new friends."

The student groups are planning to throw parties for two groups of 35 people each on Tuesday, December 20 from 11 a.m. to 2 p.m.

Diane Wesnowsky, president of Psi Beta, said the clubs are looking to the College community for assistance.

"We'd be very happy to have volunteers join us for the party to help make it a festive and enjoyable event, but the immediate need is for gifts," she said. "I hope that when students, faculty and staff are doing their holiday shopping, they will buy a few extra items. It will make a big difference in the lives of these individuals."

Donations can be dropped off in the Democracy House Office, Raritan Hall 003. The clubs will also be collecting the items at a table in the College Center on

November 16 from 10 a.m. to 1 p.m.; November 17 from 10 a.m. to 2 p.m.; November 22 from 9 a.m. to 2 p.m.; November 27 from 9 a.m. to 2 p.m.; November 29 from 9 a.m. to 2 p.m.; and December 1 from 10 a.m. to 4 p.m. The donations will be delivered to the Cerebral Palsy Association of Middlesex County on December 12 where they will be sorted and labeled.

"This is more than a holiday gift drive," said Venus Majeski, director of development & community relations for the Cerebral Palsy Association of Middlesex County. "This is about new friendships and partnerships within the community. We are grateful for the generosity and support of our friends at Middlesex County College."

Below is a list of the needed items.

Men's Gifts:

Cologne, wallets, sweatshirts and sweatpants (all sizes), winter hats, scarves, gloves and mittens (size L), pajamas (sizes M,L,XL,XXL), long white socks, sweaters, cardigans/vests (sizes M,L,XL,XXL).

Women's Gifts:

Cologne, body sprays and bath products, sweatshirts and sweatpants (all sizes), hair accessories, brushes, combs, make up sets, nail polish, winter hats, scarves, gloves, mittens, pajamas, nightgowns (sizes M,L,XL,XXL), costume jewelry, handbags, sweaters, cardigans/vests (sizes M,L,XL,XXL).

Miscellaneous:

Disposable cameras, photo albums,

portable CD players, CDs: pop, country, gospel, jazz, easy listening, holiday, oldies, videos/DVDs (action movies, older sitcoms, Arthur, Sesame Street, Children's shows, WWF, sports themes, cartoons), picture books, plush, washable toys, toys that make music and light up, thermos & insulated lunch

bags, fleece blankets, fleece throws, puzzles (100 pieces or fewer), scented markers, paper, latch-hook sets, basic craft sets, beading kits, bird house kit.

Gift Cards:

WalMart, movie theaters, Target, mall gift certificates, Olive Garden, Macaroni Grill, Blockbuster.

SANTA GRAMS

IT'S THAT TIME AGAIN...
THAT'S RIGHT, TIME FOR THE HOLIDAYS.

WANT TO SEND SOMEONE A SPECIAL
MESSAGE FOR THE HOLIDAYS?

SUBMIT UP TO 25 WORDS TO QUO VADIS AND
WE WILL DISPLAY ALL MESSAGES, "SHOUT
OUTS", OR EVEN NEW YEAR RESOLUTIONS
FOR THE HOLIDAYS IN OUR SPECIAL SANTA
GRAM SECTION IN THE LAST ISSUE OF QUO
VADIS, ON STANDS DECEMBER 13.

ALL MESSAGES MUST BE RECEIVED BY 12/8/06.

SUBMIT MESSAGES TO:

RM. 316 IN COLLEGE CENTER

OR E-MAIL:

QUOVADIS_NEWSPAPER@HOTMAIL.COM

Contribute to Quo Vadis Newspaper
Submit work to
quovadis_newspaper@hotmail.com.

QUO VADIS

Iraq Sentences Saddam Hussein to Death by Hanging

By Rosemary Petriello
Staff Writer

"Next Stop Hell" read the headline on the Daily News on Monday, November 06, 2006. On Sunday, November 5, 2006, as news traveled about the sentencing of Saddam Hussein to death by hanging, mixed emotions spilled around the world. An Iraqi court, according to the Associated Press, "sentenced [Hussein] to the gallows for the 1982 killings of 148 people in a single Shi'a town after an attempt on his life." The sentencing was met with cheers from the Shi'as and the Kurds in his own country of Iraq where he was a tyrant for many years. In addition to these crimes, Hussein is also still in trial for charges of the 1988 genocide in Anfal, Iraq.

In the words of New York Senator Charles Schumer, Saddam is "getting the punishment that he deserves." While these sentiments are shared by many worldwide, many former U.S. allies oppose the death sentence. According to MSNBC news, many European nations voiced opposition to the death

sentences in this case, including France, Italy, the Netherlands, Spain, and Sweden. Suggestions of increased violence in Iraq and terrorism worldwide were the negative aspect of this long-awaited verdict.

In the sectarian divided Iraq, Shiites who support Saddam and Shi'as and Kurds who experience violence on a daily basis, expressed their extremely divided opinions on the death sentence. In Hussein's hometown of Tikrit, his supporters rallied in the streets expressing their disagreement with his sentence while in Shiites, whom Saddam has been accused of killing tens of thousands, celebrated the sentencing. As a result of the protests and celebrations that were scattered over the country, a curfew was implemented and around-the-clock restrictions were placed on public activity to curb violence between the two sects. Despite the security measures for which additional patrols were deployed, according to MSNBC news, violence continued and the bodies of 50 murder victims were discovered on Sunday alone.

In addition to his sentencing,

Saddam's former intelligence chief and half brother, Barzan Ibrahim, and Awad Hamed al-Bandar, head of Iraq's Revolutionary Court, were also sentenced to death by hanging. Additionally, former Iraq Vice President, Taha Yassin Ramadan, was sentenced to life in prison. Three other defendants were sentenced to 15 years in prison for torture and premeditated murder. The sentences have been sent to an appeals court and will be reviewed by a nine-judge appeals panel. If his sentence is upheld, it is believed by experts that Hussein could be hanged as early as mid-February.

While reactions were varied across the world, in the United States, according to the Associated Press, President George W. Bush stated, "It's a major achievement for Iraq's young democracy and its constitutional government." Bush also is quoted as saying that the verdict is "a milestone in the Iraqi people's efforts to replace the rule of a tyrant with the rule of law." Many in the U.S. have accused Bush of arranging the court's ruling to be two

days before the mid-term elections in the United States. This year's elections are for control of the House of Representatives and the Senate between Republicans and Democrats, and many believe Bush influenced the date of the sentencing so that the Republicans would look good and possibly gain more votes in the election. These accusations have been dismissed as absurd by the Republicans and Bush's administration.

Amidst the American concern for "who did what", there is also cause for concern that the sentencing will prompt new terrorist attacks on the U.S. Many around the world have expressed their opinion that Bush should be tried for war crimes and, according to the Associated Press, Vitaya Wisethrat, a respected Muslim cleric in Thailand stated, "The hanging of Saddam Hussein will turn to hell for the Americans." Similar sentiments came from all over the world, and in Pakistan, according to the Associated Press, an opposition religious coalition claimed American forces have caused more deaths in the past 3 1/2 years than Saddam did during his 23-year rule.

Killings Occur During the Holy Month of Ramadan in Iraq

By Jennifer Procanik
Staff Writer

The holy month of Ramadan, which ran from September 23, 2006, through October 23, 2006, was disrupted in Iraq this year by violence and terror, by both the hands of American soldiers and by the Muslim.

Ironically, according to Wikipedia, Ramadan is a time for inner reflection, devotion to God and self-control.

These practices include; prayers, fasting, charity and self-accountability are especially stressed at this time; religious observances associated with Ramadan are kept throughout the month.

"There will be no holiday in Iraq," said Abu Marwa, a 46-year-old Sunni Mus-

lim. "Anyone who says otherwise is a liar."

"I am appalled at the violence. This is supposed to be a Holy month. You hardly ever see American's killing each other on Christmas. That's what Ramadan is to us. It's our Christmas," said Rohana Pablay a 21-year-old Muslim from East Brunswick. "I am not sure if I feel more angry or sad."

On October 22, 2006, a deadly attack occurred. Gunmen in five sedans ambushed a convoy of buses carrying police workers near the city of Baqouba, killing at least 15 and wounding 25 others, said provincial police chief Maj. Gen. Ghassan al-Bawi.

On October 23, 2006, militants in Iraq besieged Muslim police and Muslim shoppers who were purchasing last-

minute necessities for a feast to mark the end of the Ramadan holy month, the focal point of the Muslim year.

According to CNN, a succession of bombs hit a Baghdad market and bakery crowded with civilians, killing at least nine people and injuring dozens, police said. The attack came a day after a massive bicycle-bomb and mortar attack on an outdoor market killed 19 and wounded scores in Mahmoudiyah.

These killings raised to at least 950 the number of Iraqis who have died in war-related brutality this month, averaging over 40 deaths a day. The toll is on course to make October the deadliest month for Iraqis since April 2005.

According to the United Nations, until

this month, the daily average had been approximately 27, now at least 100 Iraqis are killed daily.

According to CNN, at least 44 Iraqis were killed during the holy month of Ramadan. On October 22, 2006, three American soldiers were killed, two by small arms fire and one by a roadside bomb in eastern Baghdad, the military said. On October 21, 2006, a Marine was killed during combat in restive Anbar province and another soldier died in fighting in Salahuddin province.

The recruits were returning home after an induction ceremony at a police base south of Baqouba. The U.S. military announced the deaths of 86 American service members killed during October, the highest monthly toll this year.

The Democratic Party Takes Control of the House and the Senate

By Reginald Grant
Staff Writer

The election results are all in and much to the dismay or elation, depending on your political perspective, of many Americans, the Democratic Party has assumed majority control of the House of Representatives and the Senate, a position of power that they have not enjoyed in 12 years.

Control of the House of Representatives was gained by an overwhelming margin with the Democrats wresting control of 28 seats from the GOP. Control of the Senate, however was decided by a much narrower margin. Thirty-three Senatorial seats were up for contention this election. The three final and closely contested Senatorial races in the states of Montana, Missouri and Virginia determined the balance of power in the Sen-

ate. It was imperative that the Democrats gained victory in these three remaining states to gain power over the Republicans in the Senate. Gaining an even amount of Senatorial seats as the Republicans would not benefit the Democratic Party as the tiebreaking vote in these situations is always granted to the vice-president, who in this instance is Republican second-in-command, Dick Cheney.

With control of the Senates hanging on the outcome of these remaining unsettled races, the Democrats seized victory in all three states giving their party a 51-49 edge in the Senate. With a Missouri victory, Control of the Senate was to be determined by the outcomes of races in Montana and Virginia. The Montana election was decided on Wednesday when Democrat Jim Webb ousted the incumbent Republican George Allen. The Virginia race, which

was won by Democratic challenger Jim Webb, was the victory that ultimately shifted the scales on the Senate in favor of the Democratic Party. Altogether, the Democratic Party ousted six incumbent Republican Senators before ultimately reclaiming majority control of the Senate.

So what led to the breakdown in the Republican Party? Some of the GOP's members own actions and indiscretions may be to blame for their lopsided loss of power in the recent elections? The Party has recently found some of its members involved in a number of unfavorable situations. Republican Congressman Mark Foley was forced to resign after it was found he sent explicit, sexual e-mails to a teenage aide on Capitol Hill. The scandal was escalated when speculations were made that the recently resigned Speaker of the House, Dennis Hastert (Rep.) may have failed

to quickly act in making Foley resign from his position due to his actions.

Another possible reason for the Republicans forfeiture of power could be the ever-increasing dissatisfaction with President Bush's handling in the ongoing war in Iraq.

The Iraqi war has been a source of much criticism for the President and a major reason for his declining popularity rates. Criticism for his methods and strategies in the war have led to vocal disapproval from both sides of the political spectrum, Democratic and Republican.

It remains to be seen how the Democrats assumption of political power will affect the Republican agenda put into place by the former Republican helmed government, although it could be assumed that the Bush administration will have to make compromises to adjust to the new political climate.

Happy Thanksgiving



QUO VADIS

Working Students at MCC Say the Key to Success is Balance

By Lauren Mortenson
Staff Writer

According to Upromise.com, more than half the students enrolled in college are working either part-time or full-time these days and some MCC students say that the key to success is finding a balance between work hours and the time they need to spend getting school work done on time.

Sean Rella and David Bonilla are just two of the students at MCC holding down full-time school schedules and working more than 20 hours a week.

David Bonilla, 19, is a full-time student at MCC, taking four classes this

semester and majoring in Business Administration. Bonilla is an employee at The Barge Restaurant and Cocktail lounge in Perth Amboy. On average, he works 30 to 35 hours a week. Bonilla said balancing his studies and job has not been a problem for him this semester because he cut down on his work hours.

While in high school, Bonilla said he only worked about 15 hours a week. Now that his classes can be scheduled according to his preference, Bonilla said, "I can work more now because I go to school less." He also said he is able to find time to spend with his friends in between everything. In refer-

ence to students taking on work and school, Bonilla said, "Anyone who wants to hold a job while in school, make sure you can handle all your school work before you take more than 20 hours a week at work."

Sean Rella, 19, is also a full-time student at MCC. He is taking 13 credits this semester and is a Criminal Justice major. Up until the beginning of the month, Rella was an employee at TGI Friday's in Woodbridge. Rella was working about 25 hours a week, while trying to find time for his school work and friends. In reference to his reason for quitting, Rella said, "It took up a lot of

social time and with school being my number one priority, I wanted my focus to be there at all times."

Rella said trying to find the balance between working and getting homework done was tough at times, especially when a big paper was due the next day or even worse, an exam. Rella, unlike Bonilla, said he has a lot more work now than he did in high school. He said, "There is a lot more work, so I can't leave it until the last minute to do something." Rella also had advice for college students working: "Stay focused and learn how to manage your time."

Alternative to Gas and High Prices May Soon be Viable: Ethanol

By Ashley Magee
Staff Writer

U.S. gas prices have dropped nearly 11 cents per gallon recently, with the national average for self-serve regular gasoline just under \$2 a gallon, according to a survey released last month. However, an alternative answer to gas in general may lie underneath the hood of the average car, in ethanol.

"I don't know much about ethanol," says Yuri Blaisnov, freshmen, Edison. "But I think we're beyond the need for an alternative to gasoline."

Ethanol, also known as ethyl alcohol or grain alcohol, is a flammable, tasteless, colorless, mildly toxic chemical

compound with a distinctive odor. Many vehicles are already equipped with engines that can run on an energy source that costs less than gasoline, produces almost none of the emissions that cause global warming, and come from the Midwestern U.S. as opposed to the Middle East.

As of 2004, Brazil was the largest producer and consumer of ethanol fuel in the world. Since the 1980s, Brazil has developed an extensive domestic ethanol fuel industry upon sugarcane production and refining. Brazil produces approximately 4 billion gallons of ethanol per year. Ethanol factories in Brazil maintain a positive energy balance by burning the non-sugar waste from sug-

arcane. The development of ethanol in Brazil was sponsored by its government. All gasoline in Brazil must be at least 20 to 25 percent alcohol. Brazil can make ethanol for about \$1.00 per gallon. Newer cars in Brazil are able to burn pure ethanol instead of gasoline. As a result, ethanol fuel in Brazil has decreased the country's dependence on oil, increased air quality, and provided useful byproducts to generate electricity.

In an effort to make ethanol fuel a realistic goal, American lobbyists and politicians are putting money into bio-refineries and car engines that switch effortlessly between gasoline and bio-fuels. Ethanol use and production in the United States is steadily increasing. Roughly 685 gas stations, out of a total

of 165,000, carry Ethanol pumps. Ethanol is predominantly available in the Midwest and California, where most ethanol is refined. The U.S. company Pacific Ethanol is currently building more ethanol facilities in the western United States.

The Department of Energy said Thursday that U.S. gasoline consumption over the past four weeks averaged 9.5 million barrels a day, 1.4 percent more than last year. Consumers do not seem to be willing to jump on the ethanol bandwagon despite its apparent benefits. "Ethanol sounds like a nice idea and all, but right now it's nothing but an idea. Ethanol isn't going to be helping me get to work any time soon," says Marcus Johnson, sophomore, Perth Amboy.

Some Students Struggle Financially as College Tuition Increases

By Rafael Manzanares
Staff Writer

Some students say that a rise in tuition has prevented them from being able to attend classes at Middlesex County College.

"Tuition is too expensive for that community college," says Jared Tatum, a high school graduate who could not afford to attend college because of high tuition fees.

"I want to go to school but first I

have to work and save money," said Tatum.

Paid schedules published by the college show that in just one year, 2005 to 2006, tuition at Middlesex County College has risen nearly 10 percent.

That increase has not affected everyone.

Financial Aid is available for all students who meet certain requirements. Some students say that financial aid is a good thing that should help needy students. Unfortunately, this is not always

possible.

According to one visiting student, who needed assistance paying for school, he is not satisfied with financial aid because he did not qualify.

The Financial Aid guidelines require that one "be a U.S. citizen" and meet income requirements with respect to family size. Apparently, the individuals who are eligible for financial aid are either from large families with average income or small families with low incomes.

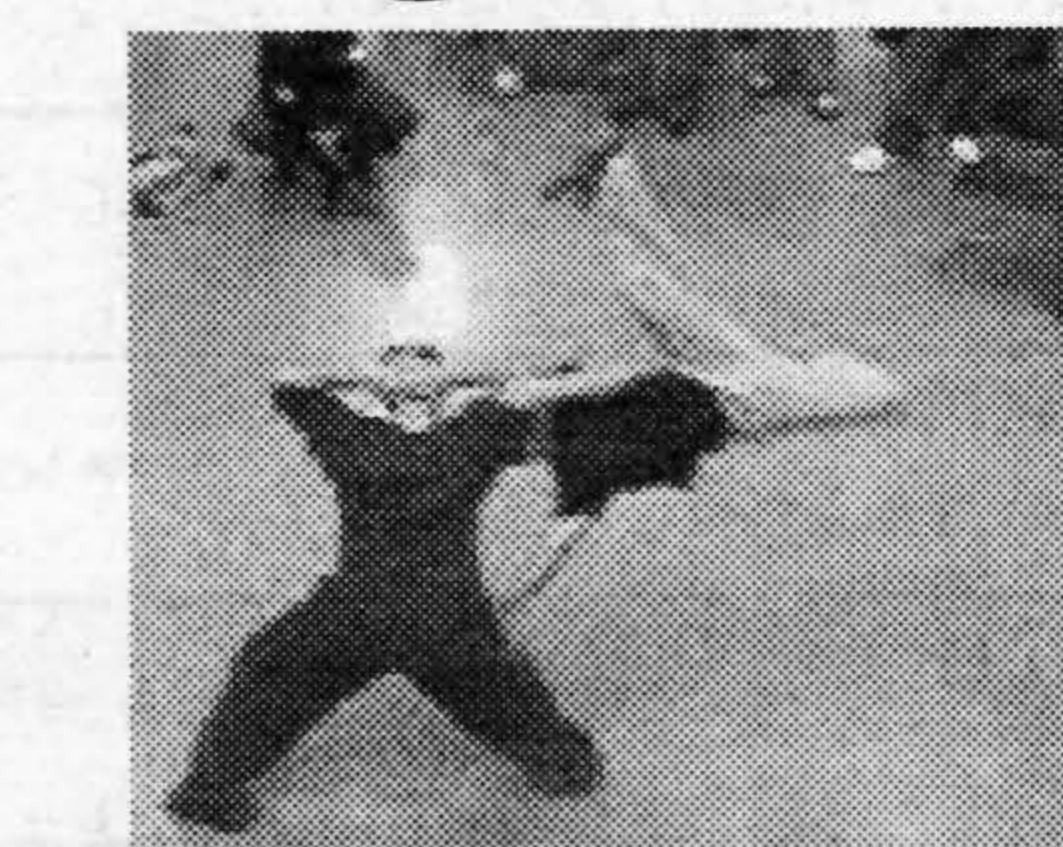
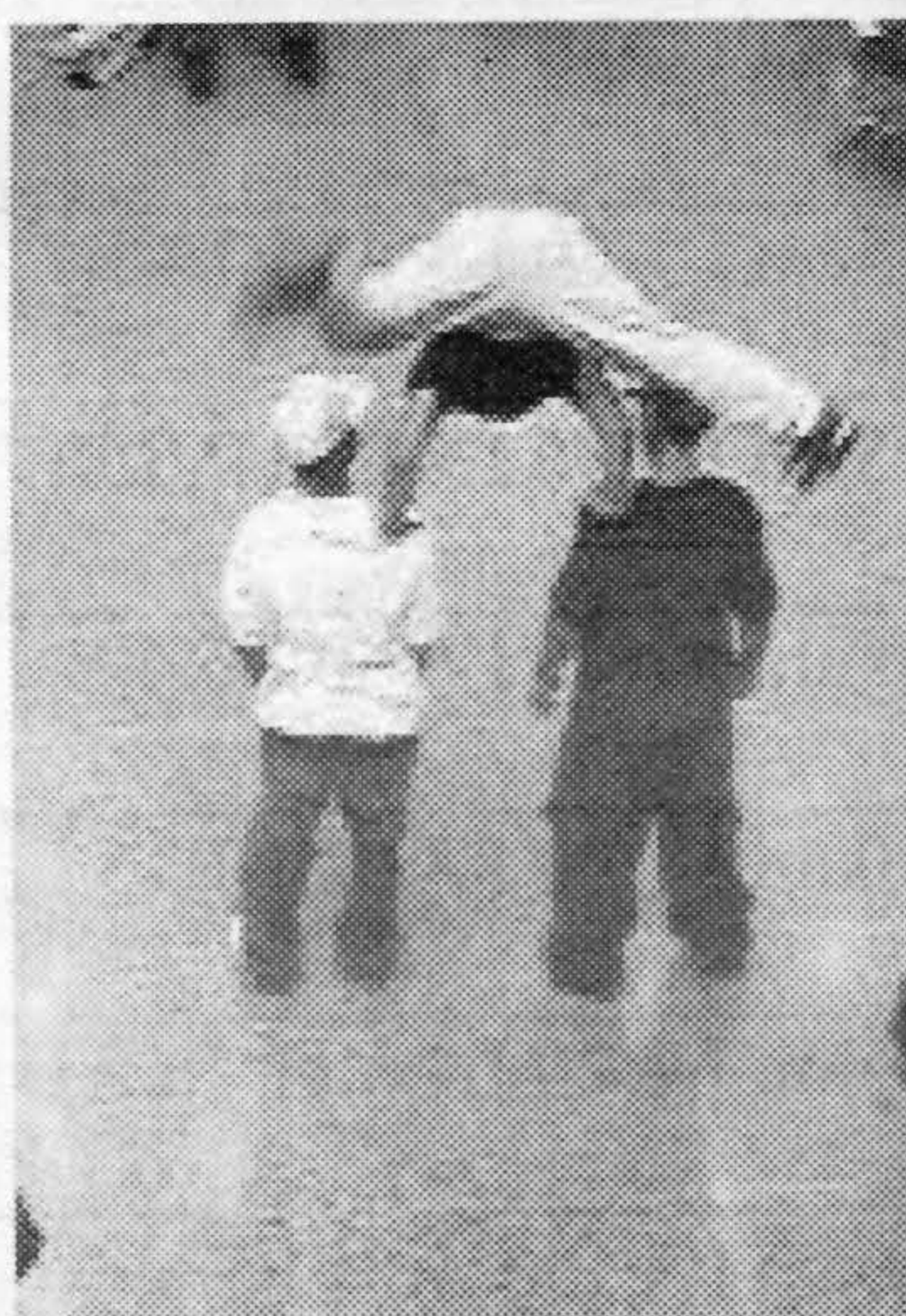
There is hardly a median.

Some students continue to struggle to pay for school by working full-time jobs. Alex Jaques, part-time student and full-time worker, said, "Tuition is not too high, but it shouldn't go up every year." Jaques went on to say, "If the college made ends meet last year, why couldn't it (Tuition) just stay the same?"

Tuition at Middlesex County College may have experienced a slight increase, but undoubtedly that increase has affected some individuals.

MCC Students Dancing in the College Center

Photos By Lanette Espy
Staff Writer



What Does Thanksgiving Mean to You?

"Thanksgiving to me means a time to reflect on the year, give thanks for my many blessings, no school for a couple days, and oh yeah...eat plenty of turkey. Have a happy thanksgiving everyone!"

-Co-Editor-in-Chief
Lanette Espy

"Thanksgiving is one of those amazing occurrences in my family where everyone comes together from all over the country to eat good food, tell jokes, and savor each other's company. It's the greatest time of the year folks. Enjoy each other if you can."

-Ashley Magee
Staff Writer

"Holidays don't hold any great value for me anymore. There was a time when all my family would gather and the time was really a celebratory occasion. My family doesn't really convene like we once did so it's not really the same. Maybe one day I'll have a family and I can make the holidays special for them."

-Reginald Grant
Staff Writer

QUO VADIS






Do you want to sign up for a class that you can attend in your pajamas?

Consider enrolling in an Online Course at MCC this Spring!

ONLINE CLASSES SCHEDULED FOR SPRING 2007

WINTER SESSION - 27 DECEMBER - 12 JANUARY 2007	CRITICAL ISSUES AIR/WATER POLLUTION (HYBRID COURSE)
BUSINESS ORGANIZATION & MANAGEMENT BUS 101 - IN*	ENV 211 - HD*
PRINCIPLES OF ECONOMICS I ECO 201 - IN*	BASIC MATHEMATICS MAT 010 - IN
PRINCIPLES OF ECONOMICS II ECO 202 - IN*	ALGEBRA I MAT 013 - IN
CONCEPTS OF BUSINESS MANAGEMENT MGT 210 - IN*	ALGEBRA II MAT 014 - IN
SPRING I SESSION - 22 JANUARY - 8 MAY 2007	STATISTICS I MAT 123 - IN*
GENERAL BIOLOGY II BIO 124 - IN	STATISTICS II MAT 124 - IN*
BUSINESS ORGANIZATION & MANAGEMENT BUS 101 - IN*	PRE-CALCULUS MAT 129 - IN
BUSINESS LAW BUS 201 - IN	PRE-CALCULUS (HYBRID COURSE) MAT 129 - HD
PRINCIPLES OF ECONOMICS I ECO 201 - IN*	ANALYTIC GEOMETRY AND CALCULUS I MAT 131 - IN
PRINCIPLES OF ECONOMICS II ECO 202 - IN*	ANALYTIC GEOMETRY AND CALCULUS I (HYBRID COURSE) MAT 131 - HD
CONCEPTS OF BUSINESS MANAGEMENT MGT 210 - IN*	ANALYTIC GEOMETRY AND CALCULUS II MAT 132 - IN
PRINCIPLES OF MARKETING MKT 201 - IN*	ANALYTIC GEOMETRY AND CALCULUS II (HYBRID COURSE) MAT 132 - HD
SMALL BUSINESS MANAGEMENT SBM 120 - IN*	PSYCHO-SOCIAL REHABILITATION & TREATMENT PSR 209 - UM*
LEADERSHIP AND SUPERVISION SBM 220 - IN*	SPRING II SESSION - 20 FEBRUARY - 8 MAY 2007
RISK AND FINANCIAL MANAGEMENT SBM 230 - IN*	INTRODUCTORY PSYCHOLOGY PSY 123 - IN1/IN2*
COMPUTER APPLICATIONS AND SYSTEMS CSC 105 - IN*	THEORIES OF PERSONALITY PSY 219 - IN1*
ENGLISH COMPOSITION I ENG 121 - IN	SOCIAL PSYCHOLOGY PSY 222 - IN1*
ENGLISH COMPOSITION II ENG 122 - IN	CHILD PSYCHOLOGY PSY 223 - IN1*
CHILDREN'S LITERATURE ENG 212 - IN	ABNORMAL PSYCHOLOGY PSY 235 - IN1*
CHILDREN'S LITERATURE (HYBRID COURSE) ENG 212 - HD	BUSINESS & INDUSTRIAL PSYCHOLOGY PSY 244 - IN1*
WORLD LITERATURE II ENG 226 - IN	ADOLESCENT PSYCHOLOGY PSY 255 - IN1*

7-DAY WEATHER FORECAST FOR EDISON, NJ

Date	Outlook	High/Low (°F)	Precip. %
Wed, Nov. 15	 Cloudy	61°/54°	10%
Thu, Nov. 16	 Showers	60°/39°	40%
Fri, Nov. 17	 Sunny	55°/38°	10%
Sat, Nov. 18	 Partly Cloudy	54°/38°	10%
Sun, Nov. 19	 Sunny	50°/35°	10%
Mon, Nov. 20	Partly Cloudy	67°/40°	10%
Tue, Nov. 21	Partly Cloudy	67°/40°	10%

COMING UP IN THE NEXT ISSUE OF QUO VADIS,
A SPECIAL TRAVEL SECTION

WHAT DO YOU WANT TO SEE IN QUO VADIS?
LET US KNOW AT
QUOVADIS_NEWSPAPER@HOTMAIL.COM

MOVIE LISTINGS

AMC Loews Menlo Park

390 Menlo Park,
Edison, NJ 08837
732-321-9093

Wed., Nov 15 and Thu., Nov 16

A Good Year (PG-13)	2:30 I 5:25 I 8:05
Stranger Than Fiction (PG-13)	2:15 I 4:50 I 7:10
Borat (R)	1:40 I 3:40 I 5:40 I 7:35
Flushed Away (PG)	1:30 I 3:30 I 5:20 I 7:25
The Santa Clause 3 (G)	2:40 I 5:30 I 7:50
Babel (R)	2:10 I 5:05 I 7:55
Saw III (R)	2:05 I 4:35 I 7:30
Flags of Our Fathers (R)	1:55 I 5:00 I 7:45
Marie Antoinette (PG-13)	2:20 I 5:10 I 7:55
The Prestige (PG-13)	2:50 I 5:35 I 8:10
Man of the Year (PG-13)	5:15 I 8:00
The Departed (R)	2:00 I 4:55 I 7:50
Open Season (PG)	2:25

AMC Loews New Brunswick

17 US Highway 1,
New Brunswick, NJ 08902
732-846-2275

Wed., Nov 15 and Thu., Nov 16

A Good Year (PG-13)	11:35am I 2:20 I 5:20 I 7:50 I 10:30
Harsh Times (R)	10:30am I 1:25 I 4:15 I 7:20 I 10:20
The Return (PG-13)	11:10am I 1:35 I 4:35 I 6:55 I 9:25 I 11:25
Stranger Than Fiction (PG-13)	11:20am I 2:10 I 5:00 I 8:05 I 10:40
Borat (R)	10:10am I 11:15am I 12:00 I 1:45 I 2:25 I 4:30 I 5:10 I 7:00 I 7:40 I 9:30 I 10:15 I 11:30 I 12:10am
Flushed Away (PG)	10:15am I 11:30am I 12:15 I 2:05 I 2:45 I 4:45 I 5:15 I 7:05 I 7:55 I 9:35
The Santa Clause 3 (PG)	10:50am I 1:10 I 3:55 I 7:10 I 10:00
Babel (R)	1:00 I 4:10 I 7:15 I 10:20
Saw III (R)	11:45am I 2:30 I 5:25 I 7:50 I 8:20 I 10:50 I 11:45
Flags of Our Fathers (R)	11:05am I 1:50 I 4:40 I 7:45 I 10:30
The Prestige (PG-13)	10:25am I 1:30 I 4:20 I 7:35 I 10:35
Man of the Year (PG-13)	10:35am I 1:15 I 3:50 I 6:40
The Departed (R)	10:00am I 1:00 I 4:05 I 7:15 I 10:15
The Queen (PG-13)	10:45am I 1:20 I 4:10 I 7:25 I 9:40
Open Season (PG)	11:00am I 1:55 I 4:55

QUO VADIS

Profile

MCC Professor Jeremy Nickerson

By Ricky Dworzanski
Staff Writer

"I applied to hundreds of schools trying to get my break, and I finally have it here at Middlesex. I'm living out my dream. I'm very privileged to do what I love for a living." These are the words of Jeremy Nickerson, a full-time Public Speaking professor who began his first semester at Middlesex County College this fall.

Nickerson has a background in mass media. "I grew up with a passion and love for radio. Even as a child, I was fascinated with microphones, speakers, and anything that transmitted the voice," he said.

In 1996, he enrolled in the Media/Communications program at Medaille College in Buffalo, NY. "I got involved in the radio station, but quickly decided that wasn't my love," he said. Nickerson then turned to writing and in 1997 was hired by the Buffalo News as a freelance entertainment critic primarily reviewing concerts.

Nickerson earned his Bachelor's degree in Media/Communications in 2000.

However, something triggered inside of Nickerson and had him questioning what he wanted to get out of life. He said that it was the skill, passion, and love for teaching students some of his former professors possessed that made him realize his own love of education.

"Somewhere in my undergraduate experience, I started to rethink my life. A few teachers I had, ignited a new passion within me," Nickerson said.

Nickerson began his quest for his Ph.D. at Temple University in the Broadcasting, Telecommunications, and Mass Media doctoral program. For some reason, Temple wasn't the place for him.

"I realized I didn't like Temple. I passed my first classes very comfortably so it wasn't for academic reasons, but I didn't fit in so I transferred to Canisius College back in Buffalo where I received my Master's in Organizational Communication in 2003," he said.

Since he earned his Master's degree, Nickerson got his feet wet in nearly every major field in media before getting his break in teaching at MCC.

"(I was) Promotions Director at a full-time Christian radio station, director and producer at a cable television station in Buffalo, and a writer for the Buffalo News and the Am-Pol Eagle, which is a Polish-American paper in Western New York," he said.

He began teaching in the fall of 2004 as an adjunct in New York at Niagara County Community College and at his alma mater, Medaille College. The following year he was working as a one year only full-time temporary assistant professor at the State University of New York College in Oswego. "My roads led here and this is my first semester," Nickerson said.

Knowing his time at Oswego was coming to a close, Nickerson began searching for a new home to teach at.

"I applied at hundreds of schools, all across the nation from California to Massachusetts. All of a sudden, Raritan Valley Community College and Middlesex County College called around the same time.

I went through the interview process at Raritan first and I became a finalist for the position, but lost out to another candidate.

Then, I became a finalist here and the rest is history," he said.

Although he has not been at MCC long, Nickerson's experience here has been nothing short of fantastic. "Everyone here is awesome. I could name tons of people who have touched me—everyone has been great. It's an awesome place to come to work every morning and it's so beautiful here," he said.

When it comes to teaching, Nickerson wants to make his students feel as comfortable speaking in front of others as he does while teaching them the fundamentals.

"I want my students to have a great time and to make them interested in the subject, which is often a challenge with public speaking. I'm also very passionate about that particular moment in time when you realize the students "get it." When students engage and become active participants in the classroom, that's an awesome moment for me," he said. In addition to teaching Public Speaking, Nickerson teaches COM 121 Mass Media Study and has taught Journalism and Interpersonal Communication prior to MCC.

Profile

MCC Professor Anton Massopust

By Rosemary Petriello
Staff Writer

Middlesex County College has many well-kept secrets, but its best is probably Professor Anton Massopust. Only the truly fortunate students will encounter him in one of his classes. This professor, who teaches many science classes at MCC, has been a teacher for over forty years.

His energy is boundless and he seems to be as eager to teach now as the day he started. Nothing gets this man down, not even a bout with cancer in recent years. Of the many classes he teaches, the one called "The Natural History of New Jersey" comes highly recommended.

This course is touted to be "for the non-science major," and it can be taken to fulfill 3 of the required science credits for many degrees.

The class revolves around many field trips to places all over New Jersey. The professor takes pride in each trip and seems to have endless knowledge of each place. He teaches his classes about the nature that is native of New Jersey and the unique qualities of each

location. Some locations he takes his classes to are Cape May and Stone Harbor where he teaches about the rookery of egrets each year and the Cape May diamonds.

His own hometown of Perth Amboy is another place that has much more history than one could ever imagine, and Professor Massopust relays this, and all, information in an informative, yet endearing, manner. A trip to the Pine Barrens in southern NJ each fall educates his classes on the legend of the "Jersey Devil" and where the alleged creature was born.

In addition to teaching as an adjunct at MCC for twenty five years, Professor Massopust has taught on the secondary level for about forty years. He also had some elementary teaching experience prior to his secondary teaching years as well as post graduate teaching. He has also worked as an archeologist, a camp counselor, and various other jobs.

He also impressively teaches EMT students at Raritan Bay Medical Center and his local first aid district. Amazingly, he also teaches at the county fire academy and is involved with his local

historical society. It seems there are not enough hours in the day for all that he does, yet he not only does all of this, but he does it with a great sense of humor and always with a smile on his face.

When asked what student or students he has influenced most throughout his many years of teaching, he humbly turned the question around and said that the students who most impress him are the students who are parents.

According to Professor Massopust, "The ones who have families and manage to work full time and still do excellent class work," impress him the most. He says that, "It is these folks who keep me going." He says, "My mother was one of the most influential people in my life - my father died when I was four and she was both father and mother, plus put me through college." Of course, the support of his immediate family is important and somewhat necessary now.

He says that his wife is also a big influence in his life and she "lets me do all the crazy stuff I do and still stands by my side or kicks my butt". He, of

course, says this in his usual humorous way and with great respect.

Professor also enjoys gardening and "smoking" - the good kind of smoking - meat, such as spare ribs, that has to be smoked for several hours

This man is strength and brilliance personified. He comes across as a very unassuming person, and to know him is to truly love him.

Upon a first meeting, one could never guess all that he has accomplished in his life, but the mystery of Anton Massopust unfolds with each lecture or conversation.

His unique and pleasant ways of answering students' questions are usually accompanied by a positive "Affirmative!" instead of a simple, "Yes." He is a walking book of knowledge, not just on the courses he teaches, but about just about anything.

His down-to-earth personality endears him to all who are fortunate enough to meet him and makes you wish you could take more classes with him.

Profile

Assistant Director of Student Activities Audrey Davis

By Sharae Armour
Staff Writer

Ever wonder who helps put together the many activities offered here at MCC? Just take a walk over to Johnson Learning Center and enter the office of Audrey Davis, Assistant Director of Student Activities.

Davis has been working at MCC for the past 13 years, not only as

an Assistant Director, but as many other things as well. It may seem that Davis is a very busy person, but what could one expect from her when she does so many things. Looking for her but can't find her?

It may be because she is doing one of her other jobs here at MCC. Besides being the Assistant Director, Davis is also an adjunct professor

teaching classes such as African American Studies, Student Success and the Co-op Seminar. She also teaches African Dance over at the New Brunswick Center.

When speaking to Davis, it is clear to see that she is very passionate about both her students work as well as her students. "I enjoy working with students inside and outside of the class-

room," said Davis. Just from my short experience in dealing with Davis it's not that hard to tell that she is one of the few professors who would try their best to help out a student.

Davis has been working with students for a long time. "Prior to working at MCC I ran an after-school program and I also ran leadership conferences for high school students

Send in a description for a new class you're offering this spring in order to have it promoted in the newspaper? Send your description to quovadis_newspaper@hotmail.com

QUO VADIS

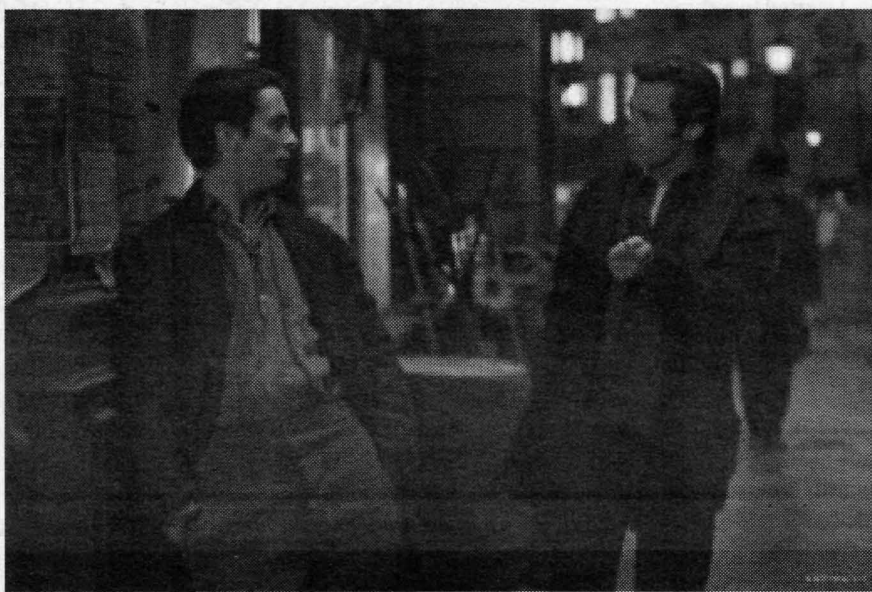
The Prestige is a Magic Experience

By Jennifer Procanik
Staff Writer

MOVIE REVIEW

The Prestige is the pay off, the final act, of a magic trick.

The Prestige, the movie, is the story of two prevailing magicians whom are close friends until a disastrous experience turns them into cynical adversaries. Rupert Angier (Hugh Jackman) is an exceptional showman while Albert Borden (Christian Bale) is the superior and natural magician. When it comes to magic, appearances can be misleading. Both men become celebrated performers on the London theatrical circuit and waste too much time trying to out do and sabotage each others performances, at points demonstrating tremendous brutality. Borden ultimately invents an unbelievable il-



lusion; "The Transported Man" where he vanishes on one side of the stage only to simultaneously rematerialize on the other side. Angier drives himself mad trying to unearth "the prestige" of this trick, only to develop his own adaptation of this trick in which he uses his exceptional showmanship

jealousy takes them down a road that will only result in ruin and death.

Directed by Christopher Nolan, whose other achievements include the movies Memento and Batman Begins, The Prestige is undoubtedly one of the best movies of the year. The movie begins slow and it takes a while to figure out what is happening, but once The Prestige really gets going, it's a movie that will keep you on the edge of your seat right until the last scene.

This movie full of obvious twists and turns leaves you thinking, "Well that was pretty obvious", and yet the ending is so obvious that it's a twist that most viewers may not even consider.

to make his show a triumph. But The Great Danton (Angier) is not content with his undertakings and continues to chase the secrets of Borden, using his beautiful assistant Olivia (Scarlett Johansson) to seduce his opponent. Regrettably for both men, their indig-

Great setting, great script, great directing, great casting. The Prestige is yet another excellent piece of cinematic design from Christopher Nolan, who is gradually establishing himself as one of the paramount directing talents in Hollywood.

Santa Clause 3 Ends Series on Recycled Plots

By Jennifer Procanik
Staff Writer

MOVIE REVIEW

Premiering just days after Halloween, The Santa Clause 3 has proven that sadly the Santa Clause series has run its course. Although Tim Allen remains an amiable and likeable figure, this movie was a superfluous attempt at a heartfelt Christmas movie. The Santa Clause 3 spend majority of the movie recycling the themes and plots of its two predecessors.

This time, Santa (Allen) as usual, has his hands full with obvious and somewhat superficial problems, and must protect Christmas from the sinister Jack Frost (Martin Short). He also

must ensure that his in-laws (Alan Arkin and Ann-Margret) remain oblivious to his real identity as they visit their very pregnant and neglected daughter, Carol



Calvin (Elizabeth Mitchell) i.e. Mrs. Clause.

Were it not for the presence of Arkin, Short, and Judge Reinhold, the

film would certainly fare a whole lot worse.

Ed Decter and John J. Strauss' screenplay possesses an unreasonable amount of sentiment, and the addition of a subplot concerning Santa's (Allen) failure to make time for his family is all too common. Although the movie does pick up towards the end as various emotional components fall into place, the viewer has to sit through numerous instances of pointless padding, such as a musical number by Jack Frost.

Overall, while it was substantially fluffy, it lacked in the genuine warmth that we come to expect from the Santa Clause. This was not Allen's best role as Santa and I while I will not pay money to see it again, I can anticipate that I will watch it again, when it premieres, for free - on television.

Recently Released Saw III Does Not Live Up to its Predecessors

By Scott Shanley
Staff Writer

MOVIE REVIEW

Upon its release in 2004, the horror/thriller film "Saw" cultivated audiences nationwide by presenting viewers with an original, suspenseful plot that kept most on the edge of their seats. Whether it was the precise, demented trials of the human will to live arranged by a villain known simply as Jigsaw; the trivial, malignant brain teasers in which helpless victims were forced to solve; or simply the excessive amounts of blood and gore, there was something for everyone in the film.

The following year saw the much-anticipated sequel, which provided a



new twist by placing nearly all of Jigsaw's victims under the same roof,

continued to push the threshold of the human stomach with a few upgraded games and puzzles. Unfortunately for

One Man Show Puts New Twist on Old Art Form

By Jason Parsons
Staff Writer

SHOW REVIEW

Bill Bowers' one man show, "It Goes Without Saying," adds a humorous yet touching audible twist to an art form that is typically performed word free. The routine slash autobiography is more about the life of a mime rather than the performance of a silent actor. Bowers begins his 75 minute journey in rural Montana and touches on his life as a "young femme." What begins as the life of an awkward drama club student, blossoms into the story of a funny, charismatic struggling mime. Through the odd jobs that the life of a mime has to offer, Bowers seems to find a niche and discovers many things about himself, such as how to express his feelings, both silently, as well as verbally. He touched my heart when he told the story of "Strong Like Bull" Michael. Michael's AIDS related death brought a 1980's "silent" disease to contemporary reality. Though Bowers did not dwell on any one subject too long, I felt I could have listened to his trials all night long.

Initially, the rather small and crowded Rattlestick Theater proved to be quite uncomfortable; but once the show began, that "crowdedness" provided an intimacy amongst the audience that only added to the warmth and sincerity of Bowers' performance. I could actually hear the "awes" from my fellow observers as Bowers got deep into his world. The lighting and sound bites were effective, but not particularly spectacular. However, I do not believe his show was about lights and sounds, but rather his experiences as a mime, a performer, and as a human being. I did enjoy Bowers several references to such New Jersey cities as Edison, Woodbridge and North Brunswick. They made this "New Jersian" connect with him even more so.

Bowers performance was inspiring. I felt as though his ensemble was a therapeutic release of all the obstacles life had thrown his way. He was talking, and I was listening. Sometimes in life, that's all you need. Bravo Mr. Bowers and thank you for sharing some of your inner most thought with us...with me.

the franchise, "Saw 3" failed to provide returning fans with anything new or original to keep the series fresh.

In this installment, bloodthirsty apprentice Amanda (Shawnee Smith) kidnaps a doctor in hopes of keeping the bed-ridden Jigsaw (Tobin Bell) alive for just a bit longer. Jigsaw, on the other hand, has other plans, as he manages to place all three (along with a few new characters) into what is perhaps his most intricate game yet.

Along with sub-par acting which has always plagued the franchise, also undesirably returning are the same torture devices from the last two films, making what should be some of the more intense scenes boring and mundane. Although there are a few par-

see *Saw* page 24

QUO VADIS

Ian Anderson Still Rocks After Nearly 30 Years

By Rosemary Petriello
Staff Writer

CONCERT REVIEW

As time passes, many artists tend to lose their touch. That is certainly not the case with the Jethro Tull singer/flutist Ian Anderson.

The musician whose musical style and talents created a unique genre of music, one which combined rock music with the flute back in the early 1970's, can still rock the house.

When Anderson appeared onstage at the majestic State Theater in New Brunswick on Saturday, October 21, the crowd burst into applause.

The musician had to give his crowd a moment to quiet down before he could begin his first song.

Performing for an eclectic audience with members that ranged in age from preteens to senior citizens, Anderson burst right into song. While he played many songs made popular by the band Jethro Tull more than thirty years ago, he also covered quite a bit of musical ground in one evening.

He was accompanied by his band consisting of drums, played by Anderson's son James, guitar, played by Kit Morgan, bass, played by David Goodier, and also a keyboard and an accordion, played by John O'Hara. His first classic song was "Living in the Past" which he started by playing the harmonica, and proceeded with his signature flute playing and timeless voice.

Joining Anderson and his band onstage was a student orchestra from the New England Conservatory. This orchestra consists of all female musicians

and only one male bass clarinet player. The orchestra's instruments are the violin, cello, flute, and the oboe.

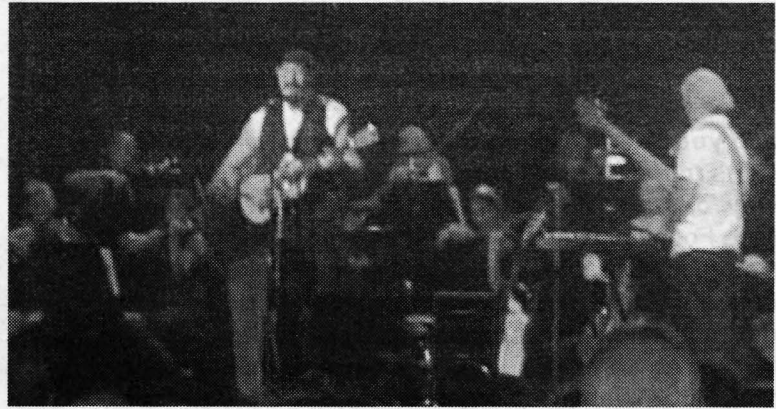
His show also featured a teacher from Virginia who expertly plays the violin and rivals Anderson with her stage presence. The chemistry between these two musicians is a pleasure to experience. When the beautiful Ann Marie Calhoun appeared onstage, she was presented with "an apple for the teacher" from Anderson.

The chemistry between Ian Anderson and Ms. Calhoun created an exuberant atmosphere which transcended the already effervescent crowd. On many occasions, fans called out his name and it was clear that Anderson still has a strong following of fans.

In honor of Ms. Calhoun's Virginian roots, Anderson gave his audience a bit of history on bluegrass music. He stated that the genre of music that is popular in the south actually originated in Ireland and also England, where he has lived his whole life.

Immediately following this bit of trivia, the two broke into a bluegrass song with Calhoun playing the fiddle. For another song, Anderson was joined by a different orchestra member for a very lively flute duet.

The mesmerizing combination of the violin, flute, vocals, and traditional rock instruments, was a real crowd pleaser. His charisma and charm kept his audience entertained all evening with many jokes. In keeping with the music through which he became famous, Anderson played many classic Jethro Tull songs including "Life's Love Song,"



Photos By Rosemary Petriello



"Thick as a Brick," "Aqua Lung," and an encore of "Locomotive Breath." The band also played a classic Christmas song, "God Rest Ye Merry Gentlemen," in which they were accompanied by many singing audience members.

Ian Anderson entranced his audience with his classic and charismatic style and

proved himself to be a true rock and roll icon. Anderson, with his one of a kind style and talent, embodies a trans-generational musical legend. As he exited the stage, he was showered with roaring applause and a standing ovation. It was clear - Anderson had rocked the house.

Annual Horror Film Convention Features High Profile Guests

By Scott Shanley
Staff Writer

Chiller Theatre, an annual horror film convention, was held in October at the Crowne Plaza Hotel in Secaucus, NJ.

Attracting fans nationwide, this year's event featured many special guests, including Paul Ruebens, Peter Criss, Elvira, Lou Ferrigno, Todd Bridges, Anthony Michael Hall, and many more.

After a mere \$30 entrance fee, fans

were free to roam the hotel lobby, which included rooms designated for meet-and-greet sessions with the various actors in attendance. Two separate vending areas were also available for those in search of merchandise and memorabilia including movies, clothing, toys, models, costumes and more.

"It's a Halloween party like no other," said a Senior Staff member simply known as Dice, who has been work-

ing with the show for thirteen years. "I recommend getting a lot of sleep before you even get to the show," he said, further describing the show as a three day party.

"I got to meet a lot of cool actors and find stuff I won't find anywhere else," said Jeremy Hamilton, 19, of Clinton, who had never attended the fest prior to this year. "I'll definitely be coming back next year," he said.

Originally called Horror-Thon,

Chiller Theatre has been in production since 1990, and continues to grow in popularity every year.

"The celebs that come to the show keep getting better and better," said Dice, referring to this year's more notable guests. A life long fan of the horror genre, Dice advises newcomers to expect the unexpected and bring plenty of cash.

"Everyone has a good time at Chiller (Theatre)," he said.

Haunted Proprietary House in Perth Amboy a Great Jersey Attraction

By Rosemary Petriello
Staff Writer

Halloween may be over, but the ghosts that haunt the Proprietary House in Perth Amboy are "alive" and well.

The house, which was built in 1762, is the only standing home of a royal Governor in New Jersey. William Franklin, son of Benjamin Franklin, was New Jersey's last royal Governor from 1762 until 1777, and at the time of his appointment, there was no official governor's residence in the state.

Early settlers to the then colony of New Jersey in the 1680's staked out the land around what was then called Amboy for its convenience to New York from the waterways that surround it. So, when William Franklin was appointed Governor of New Jersey, he chose this town to be his home. The newly built "House of

the Proprietors" was the house he chose, but the governor lived there for only two years before his shameful arrest and imprisonment for his alleged behavior as a traitor.

In the nearly two and a half centuries since the Proprietary House was the home of William Franklin, the house has served many purposes. At one time it was an orphanage. It also served as a home for disabled Protestant ministers, and the wives and orphans of deceased ministers. Finally, it was a hotel and a boarding house until its ownership was transferred to the state of New Jersey and it is now run by the Proprietary House Association, which is an historical society. The Proprietary House is listed on the National Register of Historic Places.

As a result of the many people who

have lived in this house, as well as the many British troops that surrounded the house during the Revolutionary War, the house is filled with ghost activity. On a recent "Ghost Tour", famous ghost hunter Jane Doherty explained what occurs when a ghost is present. According to Doherty, a ghost can present itself in many different forms, such as through a vision, an odor, or a cold spot somewhere. This is a result of the ghost's attachment to a person, place or thing in their lifetime.

Well, it seems there are many people who were attached to the Proprietary House. There have been reports of a soldier dressed in Revolutionary War attire who walks through a wall. Upon further investigation of the location in the house at which the soldier appears, it was found that it was the exact spot where a tunnel

that was used by troops during the Revolutionary War existed. There have also been many reports of a woman standing in the window of a second floor dining room. One report came from a police officer who patrols the area and asked for the caretakers of the house to "remove the mannequin" from the upstairs window. He was informed that there are no mannequins in the house. Neighbors have concurred with the policeman's report and say that they too have seen a woman standing in the window.

In addition to these two ghosts, there have been many other reports of ghostly sightings both in and around the house. There have been several reports of sightings of a "little boy in blue" who is quite oddly dressed - and

see Haunted page 24

QUO VADIS

Call for Art Submissions for On-Campus Charity Art Auction!

Middlesex County College Foundation partners with Art & Photography Club to host a silent art auction to benefit student scholarships.

Would you like to highlight your artwork, photography or designs to the campus community while helping to raise money for student scholarships? The Middlesex County College Foundation approached the Art & Photography Club with a proposal that the club hold a silent art auction featuring student artwork. Proceeds from the event will be used for student scholarships. The Foundation staff will be working with Francine Krinsky, advisor for the Art & Photography Club, and the club members on organizing the event, which will be scheduled in early February 2007 (date still to be determined).

How does a Silent Auction Work? Auction items are displayed with a bid sheet next to each item. When you see an item you want, write your name down on the bid sheet and how much money you are bidding. If someone else has already made a bid, you may add your name to the list and make a HIGHER bid. You will need to check the bid sheets frequently and increase your bid for the items you want.

What artwork/designs are being accepted and how do you submit? Professor Krinsky would like to invite anyone from the campus community to participate; such as the Fine Art Department who may want to submit original art and/or pottery (i.e. paintings, drawings and/or sculptures). Teachers, as well, are encouraged to submit any work they would like to include. The Multi-Cultural Club will also be submitting hand-crafted jewelry along with "wearable art." All submissions should be directed to Professor Krinsky no later than **Wednesday, December 13**. Her office is located in North Hall, Room 310. If you have any questions regarding guidelines for submission, please contact Professor Krinsky at FKrinsky@middlesexcc.edu. Please email rather than leave a phone message (as most of Professor Krinsky's time is spent in the lab).

How will the proceeds from the evening be used? "We are thrilled to be partnering with the Art & Photography Club for this event. The art and design students at Middlesex County College do such exceptional work that we are excited to offer this opportunity to highlight their work, while raising money for student scholarships. We feel this will be a great event for both the campus and outside community to enjoy," stated Middlesex County College Foundation Executive Director Michael David-Wilson.

Middlesex County College Foundation is dedicated to helping students open doors to their futures with financial aid, scholarships and educational resources. Since 1967, over \$7 million in financial aid, scholarships and grants have benefited more than 10,000 students. The Foundation annually provides scholarships to approximately 600 students.



Join members of the Art & Photography Club and Middlesex County College Foundation at the On-Campus Charity Art Auction.

Front row: Alyssa Wong, Carlos Zuniga, Janet Owen (Club Secretary/Treasurer), Angel Bolivar (Club President). **Middle row:** Richard Weierich, Andrew Lowe, Calvin DeSouza, Professor Francine Krinsky (Club Advisor), Corinn McBride (Director of Annual Giving and Events, Middlesex County College Foundation). **Back row:** Eddie Vertil (Club Vice President), Charles Watson, Michael David-Wilson, (Executive Director, Middlesex County College Foundation).

Art & Photography Club members not pictured: Celis Benko, Kayla Bensema, Rachel Carrizo, Deborah Chen, Anoush Hagopian (Student Rep), Sheri Keller, Yik Hoi Kwok,

ATTENTION ALL ARTISTS!!!

Quo Vadis is sponsoring an Art Contest

Redesign the title of Quo Vadis and submit to Rm. 316 in the College Center

The winner will have the opportunity to design the front page in an upcoming Quo Vadis issue

Requirements: Quo Vadis' name has to be included in your rendition, be as creative as you want, artwork will be in color for the special issue!

Submit all artwork by Nov. 29th

"Remember MCC has a mascot"
This would look great in your portfolio!

hint hint

Get Fit. Get Paid.

For part-time Package Handlers at FedEx Home Delivery, it's like a paid workout. The work's demanding, but the rewards are big. Come join our team, get a weekly paycheck, tuition assistance and break a sweat with the nation's package delivery leader.

P/T PACKAGE HANDLERS

Qualifications:

- 18 years or older
- Shift starts 4:40am-7:30am Tues-Sat
- \$9.00 an hour
- .50 cent raise after 90 days
- Tuition Reimbursement
- Career Growth

Apply in Person Tuesday thru Saturday 10am-3pm

**FedEx Home Delivery
135 Essex Ave
Avenel, NJ**

Women and minorities are encouraged to join the team.



EDE/AA

CLASSIFIED ADVERTISEMENTS

For free advertising to your entire school community, simply send your advertisement to quovadis_newspaper@hotmail.com.

It's the cheapest way to get rid of an old iPod, sell your school books, or look for a roommate. Teachers and students alike, submit as many as you want for whatever purpose you want. Just keep it clean.

Quo Vadis: Not Just for Journalism Majors!

Quo Vadis needs:

Cartoonists

Advertising Sales Representatives

Layout Artists

A Marketing and Promotions Team

Photographers

Email quovadis_newspaper@hotmail.com and find out how you can participate and get class credit or be part of the Quo Vadis club and make contributions.

URINETOWN THE MUSICAL

By Greg Kotis and Mark Hollman

NOVEMBER 17TH & 18TH AT 8 PM

NOVEMBER 19TH AT 2 PM

IN THE PERFORMING ARTS CENTER THEATRE

This Tony Award winner for Best Musical, tells the story of a terrible water shortage that has crippled the Gotham-like town that serves as the setting for "Urinetown."

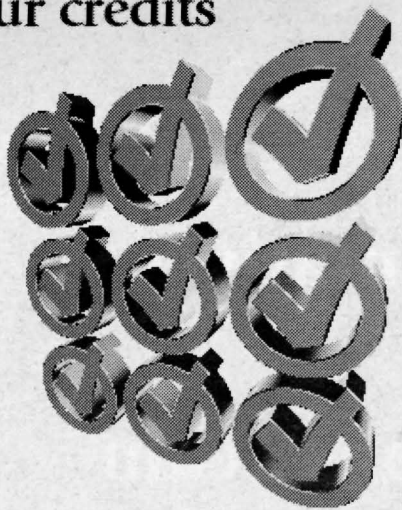
In a mad attempt to regulate water consumption, the local government has outlawed the use of private toilets. Anyone who refuses to pay to pee is immediately hauled off to Urinetown. But what is Urinetown? Nobody knows, for those sent there are never heard from again. This hilarious runaway musical comedy hit is a must-see for theatre goers. Suitable for all age groups, too; there's bathroom humor, but only of the gentlest kind.

Tickets:

\$10.00 General Admission
\$7.00 Students, Staff, and Faculty

For Reservations Call: 732-906-2589

Transfer
your credits



to Pace University.

Learn more

LEARN WHY YOU SHOULD TRANSFER TO PACE UNIVERSITY

Simple Transfer Credit Program:

Pace will accept a maximum of 68 credits from accredited two-year coll

Outstanding Scholarship Opportunities:

Our prestigious Deans' Scholarship program offers qualified students awards up to \$9,000 per year. Due to limited funds, we encourage you to apply as soon as possible.

Over 80 Majors In The Following Areas:

- Business
- Computer Science
- Education
- Information Systems
- Liberal Arts & Sciences
- Nursing

Outstanding Cooperative Education Program

Pace offers one of the largest, most successful Cooperative Education programs in the New York City metropolitan area. Last year over 900 undergraduate students earned income and significant work experience in corporations, government, and non-profit organization.

Guaranteed Tuition

We guarantee that your tuition will not increase for up to five years, as long as you remain registered full-time.

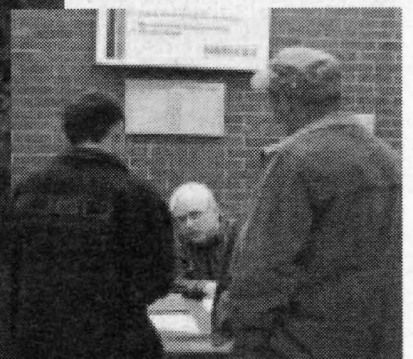
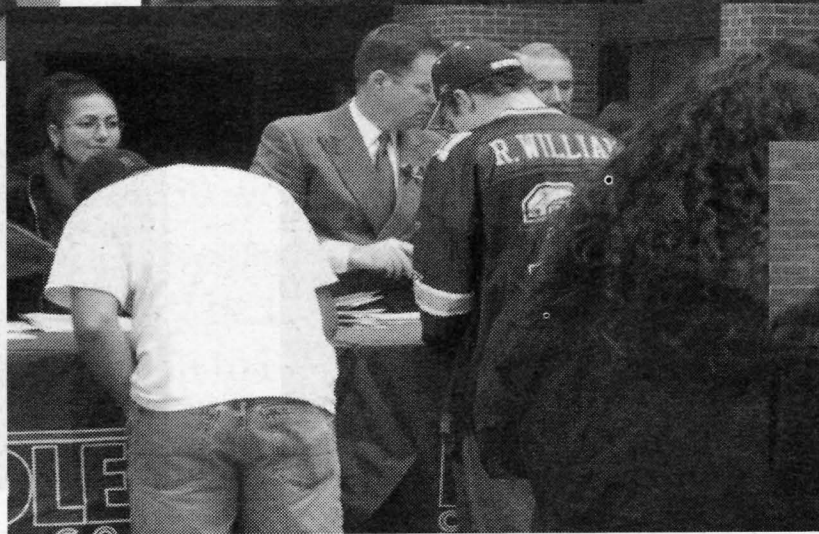
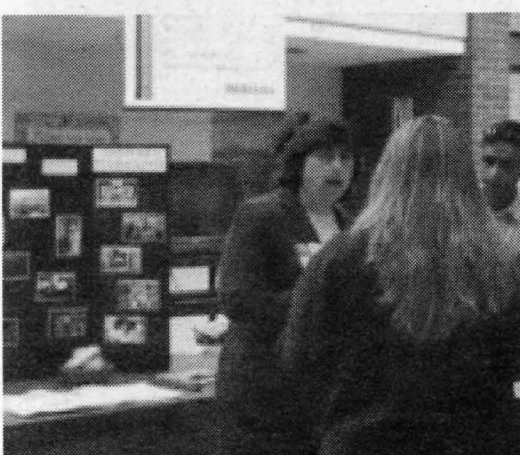
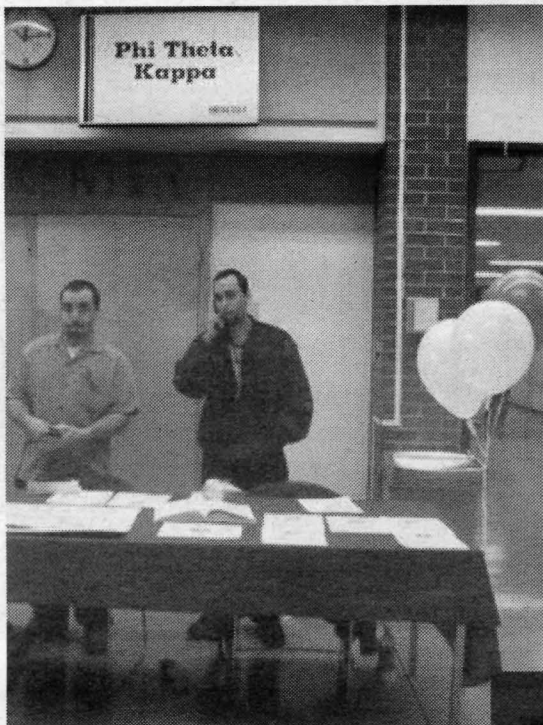
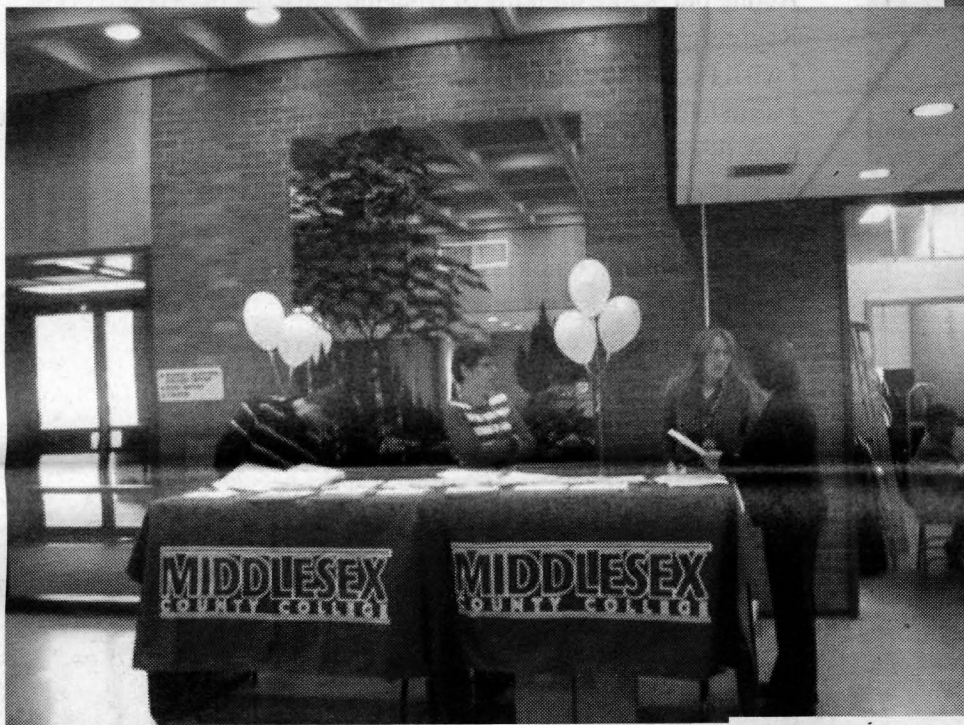
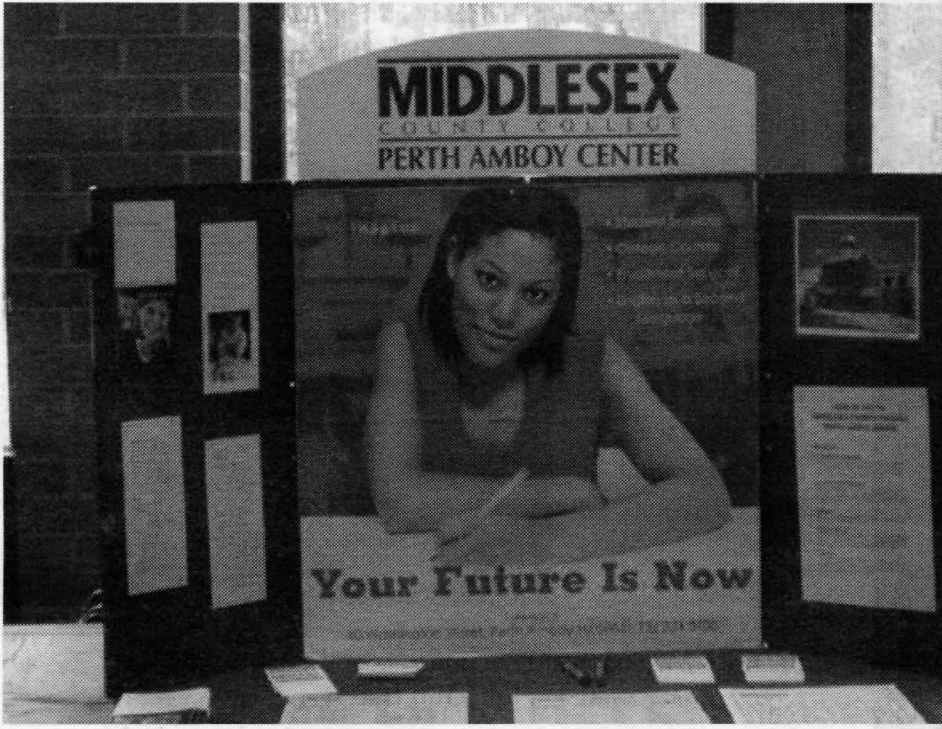
PACE UNIVERSITY

A New York Success Story

For more information, www.pace.edu or call 1-800-874-PACE ext 1
New York • White Plains • Pleasantville/Briarcliff • Hudson Valley

QUO VADIS

Photos by Shelia Henry
Staff Photographer



QUO VADIS

Best thing you had was me

By Jennifer Procanik
Staff Writer

I close my eyes and attempt to sleep
But your words haunt me in my dreams.
I hear your voice echoing, inside me so deep
Everything is backwards, and nothing is as it seems.
I can't catch my breath, I am starving for air
I just want to let go of everything and breakaway.
But your words follow me everywhere
I need time alone and to escape today.
You stole my time, moments I can't recover
You wasted the best part of me.
Parts you never even attempted to discover
You led me on and regarded me falsely.
I trusted you so very thoughtlessly
With everything; with every ounce my identity.
I now know you never did find me worthy
But the truth still stands, the best thing you ever had was me.

Fears

By Jennifer Procanik
Staff Writer

I have been all but consumed by my fears
Too many days, too many months
And too many years.
I let my fears control my actions and thoughts
Removing me from the life...
The life that I want.
I felt security in my flood of fears
Assuming that nothing could be worse
Then my hallowed tears.
I could never hold on, I always let go
I was so scared to fight
Which left me alone and hollow.
I no longer feel the need to run
For I am no longer afraid
My fears are no longer my painful burden.
I no longer incarcerated by my fears
By my terrors
By my tears.
I am finally the person I want myself to be
I am finally unbroken
And I am finally true to being me.

Forbidden

By Jennifer Procanik
Staff Writer

I always desire the things I can not have
The forbidden fruit in my life.
Something so luscious it exonerates on wicked
My lips tickle with vivid reminiscences of long extant kisses
Kisses so erotic they are cast upon as forbidden
Forbidden... yet to sinful to deny.
I want the nothing more then the sheer forbidden
For the forbidden... is illicit with purpose.
Its too much contentment to encapsulate
But that's where the pleasure begins
In the forbidden.

Never did we think

By Lanette Espy
Staff Writer

Never did we think she would die this way
Never did we think he would hurt her this way
Never did we think he would do this to her
Never did we think this would happen to our friend
Little did we know that night
her life was in our hands
Never did we think her life would be taken away so soon
Acting out before thinking of what the consequences could bring
Regrets are all we have from that day
I wish I could speak with her now, please let the phone ring
I want to say I'm sorry and I'll do anything to rewind time and take back that day
Whatever excuses we come up with, the truth remains the same;
she's gone
And the pain of loosing her won't go away
Death must be easy because life is so hard
To see the people you love go before you do
Just like Sharon when she died in that car
Never did we think living could be so hard.



Cold-Hearted/Revenge

By Lanette Espy
Staff Writer

You have been my downfall
What is the matter with you?
How did you seem to get through to my heart?
At least I know the truth, and yes the truth does hurt
It made me think
All of this time you acted like you care
You acted like you know me
But in reality you were just phony
Everything was one big lie
I don't know why
I give you credit though, you pulled a good act
You played with my mind, like it was some type of toy
You played with my heart, like it was a game
I don't appreciate that
And a matter of fact, I'll get you back



QUO VADIS

Horoscopes

Aquarius

(Jan. 20 - Feb. 18)

Someone might have been evasive or touchy lately. Truth be told, you will figure it out — perhaps before this person is ready. News comes forth that, at the very least, will have you pondering recent activities

Lucky Number: 19 Compatible sign: Cancer

Pisces (Feb. 19 - March 20)

Just when you thought you had seen it all, you discover that is not so. Someone could strut into your life thinking you should follow his or her leadership. You are likely to think this person has lost his or her mind. No, this person is just having temporary thoughts of grandeur.

Lucky Number: 27 Compatible sign: Sagittarius

Aries (March 21 - April 19)

Though you might attempt to take the high road, "attempt" is the operative word. So much can get tossed in your path that you cannot help but tumble. Pick yourself up and continue on the right path. A getaway — even a walk — will refresh the mind and spirit.

Lucky Number: 95 Compatible sign: Gemini

Taurus (April 20 - May 20)

"Baffled" might be the only word to describe your reaction to someone's attitude and possible revelation. In some sense, what comes down could irritate you — do not let it. You are a bigger person than that.

Lucky Number: 67 Compatible sign: Virgo

Gemini (May 21 - June 21)

Sometimes you feel as if you have finally gotten it together, only to discover otherwise. Quite possibly, someone reveals a key detail that tosses rhyme and reason into the dust. Regroup and look at the hard facts, not wishful thinking.

Lucky Number: 5 Compatible sign: Scorpio

Cancer (June 22 - July 22)

Just because you see a situation one way does not mean you have to change directions if someone radically disagrees. Read between the lines and get to the bottom of a problem.

Lucky Number: 62 Compatible sign: Capricorn

Scorpio (Oct. 23 - Nov. 21)

You can handle a situation, but differently than you think. Those around you put in their two cents. Listen to your instincts regarding a money matter. Money could slip right through your hands. Recognize what is happening.

Lucky Number: 16 Compatible sign: Libra

Leo (July 23 - Aug. 22)

Sometimes you might not be as sure of yourself as you would like to be. Make that okay, and you will smile. Your creativity and imagination could take you down a winding path. Make it okay to go for the experience without worrying about the end results

Lucky Number: 99 Compatible sign: Aries

Virgo (Aug. 23 - Sept. 22)

You might be in a tizzy and quite upset. Realize you do not have to have all the answers. Still, because you are frustrated, you might beat yourself on the head. We ask you: Why? Avoid risking or taking an action you might later regret

Lucky Number: 89 Compatible sign: Aquarius

Libra (Sept. 23 - Oct. 23)

Your instincts play out and take you in a new direction. Listen to your inner voice with someone who has a strong need to communicate. Curb negative thoughts.

Lucky Number: 33 Compatible sign: Leo

Sagittarius (Nov. 22 - Dec. 21)

Your vision of what could happen might not be easy to create. Approach a situation diplomatically. Though many wish you good luck, genius might be needed! Someone you deal with could be nothing less than touchy.

Lucky Number: 4 Compatible sign: Taurus

Capricorn (Dec. 22 - Jan. 19)

Know when to step back and take appropriate action. Sometimes you could be overwhelmed, especially as many "givens" could change before you know it. This situation might not be comfortable, yet you cannot do anything to change it.

Lucky Number: 88 Compatible sign: Pisces

Things Not To Say to Police Officers:

1. Are you Andy or Barney?
2. Do you know why you pulled me over? Okay, just so one of us does.
3. I thought you had to be in good physical condition to be a police officer.
4. Sorry, Officer, I didn't realize my radar detector wasn't plugged in.
5. I pay your salary!
6. Aren't you the guy from the Village People?
7. Hey, you must've been doing' about 125 mph to keep up with me. Good job!
8. You're not gonna check the trunk, are you?
9. Gee, Officer! That's terrific. The last officer only gave me a warning, too!
10. I was trying to keep up with traffic. I know there are no other cars around. That's how far ahead of me they are.
11. When the Officer says "Gee Son.... Your eyes look red, have you been drinking?" You probably shouldn't respond with, "Gee Officer your eyes look glazed, have you been eating doughnuts?"

Need advice? Have no one to talk to? Funny or serious the Quo Vadis team is here to help. Submit your questions, comments, ideas, or concerns to quovadis_newspaper@hotmail.com and The Blonde Wonder will be glad to answer you in the next issue.

Free Personal Ads!

Sell cars, books, or anything you want.
Find potential roommates or apartments.
Submit up to 50 words **FOR FREE** to
quovadis_newspaper@hotmail.com
And your ad will be featured in Quo Vadis
For up to two issues!

QUO VADIS

Hip Hop Styles are Taking over the Fashion Scene

By Lanette Espy
Staff Writer

For all of the fly divas who don't mind dishing out the extra dollars on clothes to look good, then you'll appreciate the latest fashion trends in these most popular name brands; Gucci, Dolce & Gabbana, Coach, and Prada just to name a few.

But a new generation has taken over in the fashion industry, and that's hip hop artists. Hip Hop stars are taking their success to a whole other level. Not only are hip hop stars making millions selling albums, many are investing in having their own clothing lines which are selling enormously. Like big-time producer, writer, entrepreneur Jay-Z owns Roca Wear., which is appealing to men

and women of all ages. Beyonce just began her new clothing line called, House of Dereon, which is a sexy new affordable clothing line for women which was launched with her mother Tina Knowles and her younger sister Solange. Multi-platinum recording artist/superstar Nelly invented a clothing line called Apple Bottoms, which is especially directed towards the women who have natural curves.

Hip Hop star Sean Combs also known as Diddy has his brand Sean John. 50 Cent owns G-Unit, which is a line of urban clothing inspired directly by the streets. G-unit offers shirts, shorts, jackets, jeans, sneakers, and more. The list continues on with other artist like Eminem, Jennifer Lopez, Young Jeezy, and so on.

Women, are you looking for hip and young urban styles? Then look no further, Kimora Lee Simmons has the top clothing hip hop woman's brand called Baby Phat that has everything from tube tops, tank tops, t-shirts, jeans, skirts, footwear, handbags, cell phones, cell phone accessories, jewelry, lingerie, and many other products.

Using a cat as Baby Phat's signature logo, it is a girl version of the clothing line Phat Farm which is owned by her husband Russel Simmons. Baby Phat is for all ages and shapes, and they also have a plus size line.

The most popular fashion accessories for women are pocket books. Baby Phat's handbag line, especially the new fall of '06 line is spectacular. They offer very high

quality in handbags, purses, and wallets, and in an arrangement of different styles and colors at a very affordable price.

My favorite handbag by Baby Phat is the Multicolor Kitty Studded Drawstring Tote, which is reasonably priced at \$70.00. It is a drawstring tote which comes in colors black, cream, and nutmeg.

This Baby Phat tote is decorated with silver, gold, and rose gold jewels. The bag has a very classy, sexy looking chain strap and also an easy magnetic snap-top closure which is good so you don't have to mess with zippers. This tote is very spacious for all the girl items we need to carry around and it's topped off with the name Baby Phat which is on the front of the bag in a sleek persuasive cursive writing.

Fashion Do's and Don'ts For The Winter Season

By Rosemary Petriello
Staff Writer

We have all seen that person dressed horribly and cringed, almost feeling sorry for them, right? Well, of course everyone has different fashion tastes and ideas of what looks good and what doesn't, but there are some major fashion faux pas that it is wise to stay away from. There are also plenty of good fashion sense ideas, and so here is a list of both:

Fashion Do's:

DO wear skinny pants with a tunic this year. Skinny pants are the narrow legged pants that have somewhat replaced the flare leg pants that have been quite fashionable for the past several years.

DO wear anything made of faux fur! Fake furs are in style in all areas of attire. Faux fur

vests and boots, trim on jackets and boots, purses and tote bags, will all give you major fashion diva status.

DO wear any platform footwear – boots and shoes with any platform at all are very chic and in-style.

DO wear studded shoes, belts, bags and anything metallic. Metal finishes of any kind can be seen on runways all over the world and in just about every catalog you pick up, as well as in all stores. Put the pedal to the metal on this one!

DO wear animal prints. Be it leopard, snake-skin, zebra, basically the print of any creature and you'll have those guys growling after you!

DO wear wide belts. A wide belt over a long tunic will cinch your waist giving it

the appearance of being "oh so thin!"

Fashion Don'ts:

DON'T let your thong show out the back of your jeans. This style is OUT! It's always best to leave a bit to the imagination.

DON'T wear jeans that are so tight that your belly fat hangs over the top of them. The "mushroom top" look is OUT and it is not nearly as appealing as some seem to think it is.

DON'T wear high waisted jeans. This look went out too long ago to be seen now, and besides, low rise jeans are it and are much more flattering!

DON'T wear acid washed jeans. This is another look that was best left at the turn of the 21st century.

DON'T go out in your workout clothes.

Granted a nice coordinated jogging outfit is very flattering, but by all means, do NOT go out in your Champion elastic ankled sweats! DON'T wear slouch socks. This look was best left in the 80's when the movie "Flashdance" was popular. Yeah, waaay back when!

While we don't all look like models, with a bit of fashion sense, we can certainly dress like them! Keep your eyes open to what is in style by looking at the catalogs that come in the mail just about every day. Victoria's Secret and Spiegel are good for trendy items as well as the classics. There are also plenty of fashion magazines that will give you ideas as well, such as Vogue and Mademoiselle, among many others.

May the fashion sense be with you.

New Plastic Surgery Craze: Eyelash Transplants

By Jennifer Procanik
Staff Writer

Think you've seen it all when it comes to plastic surgery? This worldwide obsession has evolved drastically over the generations, and there is no end in sight.

Plastic surgery became popular in the late 1800's and early 1900's, as a way to reconstruct injuries acquired during war. As the generations progressed, so did plastic surgery. According to The American Society of Plastic Surgeons, over 50 percent of all plastic surgeries are for cosmetic not reconstructive reasons. In 2005 the top surgery performed was Liposuction, followed closely by eyelid surgery and breast augmentation. With the development of each new surgery, you begin to wonder, is there anything left to change?

Apparently there is - and this surgery is an eye opener!

Eyelash transplant surgery is in the running to be the new must-have procedure for women, and even the occasional man.

Using procedures established by the hair loss industry, surgeons are using the "plug and sew" method to give women (or men) long, elegant and luxurious lashes once achieved only by messy glue on extensions and concentrated coats of mascara.

And just like human hair (which they are made of), these lashes just keep on growing.

"Longer, thicker lashes are a ubiquitous sign of beauty. Eyelash transplantation does for the eyes what breast augmentation does for the figure," said Dr Alan Bauman, a leading proponent of eyelash transplants.

"This is a brand new procedure for the general public (and) it is going to explode," Bauman told Reuters during what was allocated as the world's first live eyelash surgery workshop, which included 40 surgeons from around the world

The procedure itself includes a small incision made at the back of the scalp to remove 30 or 40 hair follicles, which are then carefully sewn one by one onto the patient's eyelids.

Priced around \$6,000 for the set (yes you can get one eye done for \$3,000), only light sedation and local anesthetics are administered.

The technique was first confined to patients who had suffered burns or disfigurements of the eye. But word spread about this new beauty technique and now over 80 percent of these procedures are done based on cosmetic reasons.

For some women, eyelash surgery is merely an additional item on the cosmetic nip-tuck menu that is no longer considered to be an unthinkable act.

Eileen George 46, from New Brunswick said, "[Eyelash transplants are] absurd, that's what mascara is for."

More than 10 million cosmetic procedures, ranging from tummy tucks to Botox, were performed in the United States in 2005, according to the American Society of Plastic Surgeons. This figure signifies a 38 percent increase from 2000.

It seems that in today's society beauty is no longer the result of good genes, but a good plastic surgeon. Some modern day women are the new Frankenstein's, except their doctors are just much better at hiding the scars. So go ahead, max out your credit cards, take out those loans, because really is there anything more important than full voluptuous eyelashes?

Track Suits No Longer Just for the Gym or Sleeping

By Jennifer Procanik
Staff Writer

Take a walk on campus and you will notice the vast and eclectic taste of our student body. From Goth to preppy, our college campus is home to all sorts of fashion trends. Including a trend that at one time was primarily worn while performing chores, exercising or sleeping: Track suits.

During the past few years this casual, comfortable trend has swept across the country, attacking college campuses. At first this trend was the result of college students rolling out of bed and then to class, not posing as a fashion trend, but

instead as an easy way to remain comfortable.

Soon enough stores and fashion designers began producing track suits at incredible speeds. This trend truly is a fashion statement that anyone can make; man, woman, and child. This is an universal look that fits everyone's style, shape and budget.

From Juicy Couture (\$172) to Target (\$32), from cotton to cashmere, track suits come tailored for everyone, and flatter everyone's personality and figure.

At one time this fashion statement screamed "lazy and sloppy", now it screams "fashionable and trendy". From Madonna

to Kate Moss to the person sitting next to you in Chemistry, track suits are worn by everyone.

Track suits are the fashion trend of the year, and most likely years to come.

If you are unsure of what fashion trends to follow, worry no more. This is the trend to follow no matter what your style is. Casual or formal, low key or designer chic, this trend works for you.

Pair your track suit with sneakers or Timberlands, and a tee shirt for the casual low key fashion statement or accessorize your look with a pair of designer shoes, bag, and sunglasses for the formal and designer chic look.

Looking for an in between look, pair your track suit with a pair of casual stylish shoes, for example try a pair of UGG boots (\$140), they are designer casual and come in multiple styles and colors.

Although this is a simple look to pull off there is one rule, coordination. Make sure your track suit, tee shirt, and shoes match. But do not color code your entire outfit from head to toe, no one needs to wear the same color from head to toe.

Track suits are a universal trend, with many possibilities. When else can you be utterly fashionable when you over sleep and come to school in your pajamas?

Customer Service



**Get the
Picture?** 

It isn't hard to see why EchoStar's DISH Network is rapidly becoming the company of choice. It starts with performance-based incentive pay and defined career path programs that are about as unique as they are rewarding. You'll receive regular reviews and opportunities for a promotion/raise — approximately one every three months for the first year. Add that to the training and other benefits, and you'll see we can send you just as far as you want to go. Our state-of-the-art **Pine Brook** Customer Call Center has the following rewarding opportunities:

Bilingual Customer Service Representatives

Must be fluent in English and one or more of the following languages:

- Arabic • Armenian • Chinese • German • Greek • Hebrew • Italian
Japanese • Korean • Polish • Portuguese • Russian**

You'll also receive:*

To qualify, you must have a high school diploma or GED, and be at least 18 years of age. You should be flexible to work nights, weekends and holidays.

To apply, send your resume to:

**Email: NJHR5@echostar.com
Fax: (973) 461-0919**



www.dishnetwork.com

Better TV for all.

QUO VADIS

Carteret Pier is Attractive and Entertaining Park

By Lanette Espy
Staff Writer

COLUMN

When I first moved to Carteret back in 2000 the Waterfront Pier was nothing but a hangout spot where my friends and I would go to hangout and get into trouble. Nothing really attracted us to the spot except that it was deserted and there were a couple of old benches for us to chill on.

Six years later and residents, even tourists are now finding the pier attractive and entertaining. There is a brand new Carteret Waterfront park, pier, and boat ramp in that area now, thanks to Mayor Daniel Reiman.

According to Carteret's website, Carteret's waterfront is apart of Arthur Kill (tidal strait). The passage separating Staten Island from New Jersey's Union and Middlesex counties, feeds into Raritan Bay. The Waterfront was seen as an industrial dumping ground, damaged by the petrochemical industry years ago. The Arthur Kill was the site of Baykeeper's first major environmental victory in 1990. Baykeeper still works for the clean up of Arthur Kill contaminated sites. Baykeeper is also working with the state and municipalities of Carteret and other towns and is fighting bad development practices.

The Carteret waterfront, which was part of the project, is now complete and it allows citizens to access their waterfront for the first time in 100 years. Citizens and tourists can enjoy the new fishing pier, boat launch, gazebo, playground, picnic area and pedestrian walkway. The waterfront also has the Cornucopia Princess, which is a Tour Boat that includes a tour by the waterfront, food, music, and dancing.

There have been discussions among local officials about a waterfront park for years and Mayor Daniel Reiman took the idea, and actually did something about it by making it happen.

According to the Atom Tabloid, Reiman's future plans include constructing a new downtown area along lower Roosevelt Ave., in hopes of attracting 500 companies to the Borough to create more jobs and an extension of Industrial Road into Woodbridge.

Reiman recently expanded the turnpike exit of Carteret when getting on and off the highway. He also wants to begin construction of a ferry terminal to provide direct access to lower Manhattan from the Waterfront.

These are some examples of numerous improvements that people get to see when they visit Carteret. The Waterfront is definitely one of them, and now it is a beautiful place to enjoy besides just sitting on old benches and doing nothing.

Submit Columns
and
Letters to the Editor to
quovadis_newspaper@hotmail.com

Student Testifies to the Need to Take Credit Seriously

By Jason Parsons
Staff Writer

COLUMN

I remember my first credit card. It was from "Mandees." Yes, Mandees! You might wonder, what does an 18-year-old man need with a Mandees charge card?

Fifteen years later, I'm asking myself the same question! I did find uses for the card. I bought my mom stuff, my girlfriend stuff, and I think I even bought myself a little number! I began making the minimum payments, but after a few months, I found myself neglecting my monthly bill; a typical, irresponsible, 18-year-old move.

After the bills, late charges and interest, my \$300 credit card was now up to about \$1000! It took me nearly two years to pay it off, and cost me a few points on my credit report.

From then until 2004, I made the same mistake numerous times. Believe me, with every card I got in the mail, my intention was always to start fresh and rebuild my credit, but impulsive shopping habits would always seem to get the best of me.

In 2004, at 31 years of age, I wanted to buy a new car. It would be my first "brand new" car. I went to the dealer and the first thing my salesman did was check my credit. I was embarrassed when he gave me the results. I was in the mid 500's (anything less than 620 is considered poor). There were things on that report from the early 90's, including

Mandees! Working out a deal with the salesman was going to be quite a task. My APR (annual percentage rate) was close to 20% and I needed a \$1500 down payment (people with good credit can get a loan with 0% APR and no money down). I did leave the dealer with a brand-new car that day, and my credit report has never been the same.

The day after I bought the car, I contacted Experian, one of the three major credit reporting agencies. I requested a copy of my credit report and gradually began paying off debts I either forgot about or chose to forget about. I then contacted Equifax and Trans Union, the other two credit agencies, and began cleaning that mess. I chipped away and chipped away and I'm glad to say, I am finally debt free! Two and a half years after getting that first credit report, my credit score is now up to about 700, which is a "good" score. Now, instead of collection agencies hounding me, creditors are looking to give me more credit! I always kindly refuse. I have one major credit card, with a 12% APR and no annual fee, which I use sparingly.

Impulse buying is like a disease, and credit cards, when not used responsibly, only fuel that disease. At 18, I had no idea my shopping habits would follow me well into my 30's. I had no one to teach me how to properly use a credit card and no one to warn me of the consequences of reckless spending. It's taken me 15 years to achieve a "good" status with the credit bureaus. My goal now is to reach an "excellent" status and

reap the many benefits great credit offers; such as low APR's on mortgages; car loans; credit cards; and a reduced auto insurance rate. The greatest reward though, is just having peace of mind.

Be careful with your credit cards. When used properly, especially in your early stages of adulthood, they can be very beneficial. But, if you choose to get a card from every department store in the mall, it can be very easy to get carried away. Get one card. Pay more than the minimum every month, and always pay on time. Shop responsibly. Buy things you need rather than things you want. If you're going somewhere where you know you may get the urge to splurge, leave your card(s) at home. Remember, use your credit responsibly!

You can contact any of the three credit reporting agencies (Experian 888-397-3742/Equifax 877-460-9906/Trans Union 800-680-7289), 24 hours a day, to request a free copy of your credit report once a year. The credit reports will include whom you owe, what you owe them, and how to contact them. Stay on top of your credit and be on the lookout for fraudulent activity. Disputes can be made simply by contacting the reporting agency.

How to maintain good credit should be a 3-credit course in college! When responsible spending habits are learned at an early age, individuals face greater opportunities in the future. Unfortunately, I learned the hard way. Please be smarter than I was, and for heaven's sakes gentlemen, stay out of Mandees!

Student Critiques the Fairness of Bookstore Buy Back Policies

By Bill Lavallo
Staff Writer

COLUMN

We buy our school books and spend a lot of money on them. Some of our teachers don't even use the books in class.

Some don't want to open the books in class, while most of the teachers want us to rely on our books to actually pass the course, instead of actually teaching us. Well, honestly, I'm getting sick and tired of it all. School books are very expensive and it seems that we don't get out money's worth for them.

Many of us are just buying the books

so we feel like we have participated in the class in some kind of way.

When we buy our books and then pass our classes, we obviously don't need the books anymore. Middlesex has its "buy back" dates for everyone and rips you off completely. Your own \$40-\$80 book was bought back for \$5. What is this? At least give me back half of what I've paid for, especially if the book is in perfect condition. Is there even a point to selling your book back?

The prices for books need to be lowered in the first place. An \$80 biology book and a \$100 calculator should not be that expensive. It doesn't make sense to save your book to sell somewhere else, because the book will be up-

dated and will end up being a totally different book by the next semester. I give Middlesex credit because these books and courses are a lot cheaper than other colleges. Other colleges sell books for hundreds of dollars.

The "buy back" system is not working. Many people are going right to their computers and selling their books online instead. Books are too expensive and we feel as if we're just wasting our money. There are many classes where you need your book to get by in class, but some don't even bother using the book. Some teachers will disagree with the writing style and make up an excuse saying it's too different than what they want to actually teach. If I were you, I'd buy and sell my books online all of the time.

Students Speak Out Against Attendance Polices for Class

By Maria Gomez
Staff Writer

COLUMN

Out of 250 MCC students interview, 90 percent of the students said there should not be an attendance policy that requires students to attend every lecture or lab of their courses.

One of these students, Thumai Ngayen, said "It's pointless to require that because there is always an emergency like if your car breaks down, or you are sick in bed, or any other factors that may prevent you from going to school."

The other 10 percent said that they wouldn't mind because they attend all their

lectures and labs either way.

Students are concerned about this because sometimes there are emergencies and occasions that might prevent them from attending one of our lecture or labs, but there are students that abuse as well.

Some college students feel that since its their money they should be allow to do whatever they want, but in the same way there are professors that feel like they have to be extremely strict in order to earn a respectful name. The key to this problem is that there should be an understanding between the professors and the students in the sense that depending on the course the professor can be flexible around it. For example some course required more commitment but not necessarily by attending class, because they are an interactive class through email and work groups. So a stu-

dent can get an "A" without attending one single lecture or lab. On the other side a class like Forensic Science, which is one my courses, attendance is key to passing the course because the material is too complex and there are labs that are done during class periods that cannot be done without the material offered in class.

A rigid policy of 100 percent attendance would not be the solution because it will only make students feel like they are being controlled. I don't think that is the idea behind this, but instead to encourage students to attend their classes I think the solution is an understanding between students and professors about the importance of attending classes and how missing classes would affect the grade they get at the end of the course.

QUO VADIS

“Should Trans Fats Be Banned?”

ENGLISH 205 EDITORIAL

Let's face it- in this day and age, fast food is everywhere, and the industry continues to grow with each passing day. Although the healthiness of fast food has always been in question, the most recent issue have been regarding the abolition of trans fats, a partially hydrogenated cooking oil which has been attributed to many health problems. The industry is obviously not going away, annually grossing over 110 billion dollars, and feeding one out of every four Americans daily. Eliminating trans fats, however, would make fast food much healthier for consumers.

Today, nearly sixty percent of Americans have been deemed overweight or obese. Studies on the epidemic have shown that obesity will

eventually surpass smoking as the leading cause of preventable death in this country. Seeing as trans fats are responsible for the majority of unhealthiness in fast food, why not use an alternative cooking oil? If introduced as a campaign, the “new and improved” industry has the potential to make millions in new customers alone.

Kentucky Fried Chicken just recently announced such a campaign, which replaces the health-hazardous trans fats with a low linolenic soybean oil containing zero grams of trans fats. The restaurant claims that the new oil does not alter the taste of any of its food.

Tiburon, California recently became America's first city to be completely free of trans fats. After negotiations, the town's eighteen restaurants agreed to eliminate the oil

from their food. Following in Tiburon's footsteps are New York City and Boston, Ma, both of which are taking similar steps to make their restaurants healthier.

Major companies taking part in banning of trans fats include Walt Disney, The Cheesecake Factory, and Kraft, which eliminated trans fats from Oreo cookies following a lawsuit in 2003. McDonalds was also involved in a similar lawsuit, but failed to change their cooking oil.

Restaurants are reluctant to change their cooking oils, believing it is a vital element to the taste of their product. Furthermore, many companies believe it is ultimately up to the customer to decide what they eat. With the majority of advertising and marketing campaigns targeting children, many of which have already succumb to the obesity epidemic, the banning of tans fats can

obviously be of no harm. For example, in the American Heart Association's “2006 Diet and Lifestyle Recommendations,” it is suggested that the daily intake of trans fats should be limited to roughly two grams. One large serving of McDonald's French fries contains eight grams of trans fats. A single McDonald's apple pie contains 4.5 grams of trans fat.

Kentucky Fried Chicken, who once topped the list containing an outrageous fourteen to fifteen grams per meal, is definitely setting the correct example by banning trans fats from their restaurants. They have done so without changing the quality of their food. With obesity and diabetes on the rise, it seems to be the first step to take in a long road to ultimately creating a healthier America.

Quo Vadis Editorial Policy

1. *Quo Vadis* is published six times a semester by the students of Middlesex County College (MCC).
 2. Letters, articles, and photographs which are submitted become the property of *Quo Vadis*.
 3. All letters and articles must be typed and double-spaced. Submissions must include a complete name, signature, and telephone number.
 4. We encourage articles from students not associated with *Quo Vadis*.
 5. The Editorial Board reserves the right to reject or edit any material on basis of length, taste, suitability or clarity.
- The opinions expressed on the pages of *Quo Vadis* are those of the authors and do not necessarily represent the opinions of the Board of Trustees, the Administration, or the Editorial Board of *Quo Vadis*.

Response Policy

The Editorial Board of *Quo Vadis* will publish any “Letter to the Editor” that includes; author's names, address, contact phone number. All letters must be typed and submitted on a disk in text format. Submissions are subject to editing for spelling, punctuation, spacing and Associated Press (AP) style. Drop letters off in the *Quo Vadis* in the *Quo Vadis* Mailbox located in the Student Activities office in College Center or submit letters via e-mail quovadis_newspaper@hotmail.com.

Middlesex County Public Health Department Announces Additional 2006-07 Influenza and Pneumococcal Immunization Clinics

The Middlesex County Public Health Department is announcing additional Flu and Pneumococcal Immunization Clinics for the 2006-07 Influenza season.

“The single best way to prevent the flu is to get vaccinated each fall but good health habits can also help protect against the flu” stated David A. Papi, Director/Health Officer Middlesex County Public Health Department.

You can help reduce the spread of flu to yourself and others if you:

- Stay home when you are sick
- Avoid close contact with people who are sick.
- Clean your hands often. (Keep alcohol-based hand sanitizers in your purse, car and backpack, when soap and water is not available)
- Avoid touching your eyes, nose or mouth as much as possible.
- Cover your mouth and nose with a tissue when you cough or sneeze. Then throw away your used tissue.
- Get regular exercise, enough rest and eat healthy balanced meals.

Influenza clinics are open for Flu shots to all Middlesex County residents age 18 and over. There is no charge for the Flu shot, but Medicare will be billed where appropriate.

Pneumococcal immunizations are available by appointment only to Middlesex County residents who are 65 years of age and older and have not previously received this vaccine. Medicare will be billed where appropriate and proof of age is required.

For Pneumococcal Vaccine appointments please call: (732) 745-3100 Monday - Friday between 2 p.m. and 4 p.m.

Please call the Middlesex County Public Health Department Hotline at 732-745-4344 or visit our website at <http://co.middlesex.nj.us/publichealth/flu-clinics.asp> for flu vaccine clinic distribution.

For a Influenza Immunization Clinic Schedule see page 22

Sleep Loss Can Lead To Weight Gain

By Dmitry Dobrin
Staff Writer

In a study conducted by the University of Chicago, researchers have found that sleep deprivation causes changes in metabolism that stimulate hunger, which in many situations leads to an increase in weight.

“I work full-time and go to school full-time,” says first-year student, Tiffany Reed, of Metuchen. “I'm lucky if I get 4 or 5 hours of sleep before I have to get up again. I never thought that getting no sleep could be a reason for gaining weight.”

College students, many of which juggle hectic schedules, in order to get their work and their homework finished are in many ways more privy to the downside of losing sleep, than their high school counterparts.

Reports have shown that having 7 or 8 full hours of sleep at night, is the best way to be alert and have productive days. The University of Chicago has found in the results of an experiment that lack of sleep decreases the body's leptin; a hormone that tells the brain when its full, and in increase in ghrelin, a hormone that triggers hunger.

In a completely different study conducted last year by a separate institution, results showed that people who slept fewer than 7 hours a night were more likely to be obese than those who got 7 hours of slumber.

A continuous loss of sleep can affect how the body handles insulin; certain insulin resistance can also puts the body at risk for fluctuating weight and even diabetes.

Richard Belle, of Edison says, “I always thought that not getting enough sleep would just put me in a bad mood. Now I have to worry about getting fat too? It's too much.”

QUO VADIS

The Traditional Thanksgiving Story: Partially True

By Rosemary Petriello
Staff Writer

The first Thanksgiving was celebrated by the pilgrims in Plymouth, Massachusetts in 1621.

Well, this is what we have all been taught from our early years in school.

We were also taught that the pilgrims were joined by the Indians, more appropriately referred to as Native Americans, at this original feast.

This historical belief is partially true. The feast did take place, but the harvest celebration was never repeated, so this was not the beginning of the Thanksgiving tradition as we know it.

According to Thanksgiving.org, there had been a celebration even earlier than the famous "first Thanksgiving." In 1541, "during Coronado's expedition, a Eucharistic Thanksgiving, with the friendly

Teya Indians present, occurred in Palo Canyon in West Texas. After these two initial celebrations, European settlers in the New England colonies celebrated with days of prayers and feasts, but these celebrations did not always take place at the end of November.

The late November celebration began with President George Washington's inauguration as the first president of the United States and took place in open fields on his army's way to Valley Forge. This celebration was stopped for many years in the early 1800's, and was resumed during President Abraham Lincoln's office in 1863. It was President Roosevelt who, in 1941, signed a bill declaring the fourth Thursday in November to be a national holiday.

The first Thanksgiving celebration included no turkey dinner, and it took place outdoors. It was considered to cel-

brate the harvest in keeping with traditions of the Native Americans who had celebrated this in some form for several thousand years prior to the colonization of Europeans in the United States. The first celebration is believed to have consisted of vegetables and fruits that had just been harvested as well as fowl, but not turkey. Turkey has become part of the modern American tradition of Thanksgiving.

Today we celebrate Thanksgiving as a sort of family day while the original celebrations were more religiously based. When we think of Thanksgiving, we think of football, turkey, and the Macy's Thanksgiving Day parade, and not necessarily in that order. Each one of us has a different "priority" of what makes Thanksgiving special to us. Generally speaking, as Americans, we overeat a large meal with large groups of family,

we may watch the Macy's parade on television, and then millions watch both National Football League games as well as the many local high school games that take place on this holiday.

While these modern American traditions are quite satisfying for us, one may ponder how much each of us reflects on what we are truly thankful for each Thanksgiving Day. Are we thankful for football? Or family? Or turkey? In what order do we position our gratitude? As we approach Thanksgiving Day, may each American reflect on what we truly have to be thankful for. After all, we live in the land of the free and the home of the brave. We have homes and food, a democratic government where we are given freedom of speech, the freedom to choose our paths in life. We are free and we are blessed. May you all give thanks this Thanksgiving Day!

Student Talks about Thanksgiving Family Memories

By Scott Shanley
Staff Writer

COLUMN

As a child, I never quite saw the purpose of Thanksgiving. Never being a huge turkey fanatic, or family fanatic for that matter, the day was always an excuse to watch football with my cousins in the small attic of grandmother's house in one of the quieter sections of town.

No matter which year it was, the day would unfold like that of a textbook, except in this book, every chapter was the same. In my grandmother's house, her holiday routine was the law of the land in which everyone was forced to abide by.

Normally this would pose no conflict, seeing as a majority of the elderly community rely on specific routines day in and day out, many of which refuse to breach them at any cost. Holidays were the ugly exception to this rule, however, because it allowed for the entire family to get sucked into the scrupulous routine like cattle in a tornado, eventually becoming a full-fledged part of it.

Reexamining the book of past Thanksgivings, I can still recall the exact routine almost play-by-play as if I were John Madden about to indulge in an oversized turkey leg as the Dallas Cowboys battled the Washington Redskins on the gridiron below:

11 a.m. - Wake-Up Call: Instead of being able to sit around in my favorite sweat pants and watch incredibly large, inflatable versions of my favorite cartoon characters float through the streets of New York City on the television, I was forced out my warm

bed and into an itchy, unfavorable outfit pre-determined earlier in the week by mother.

12 p.m. - Arrive at Grandma's: In a family that always suggests a prompt arrival for its gatherings, why were my parents and I the only people to ever show up on time? The rest of the family would conveniently and fashionably show up a half hour late, consequently allowing a half hour grace period whereas I became the subject of a rather intense Q & A session regarding my personal life courtesy of my grandparents.

1 p.m. - Kickoff: My favorite part of the day- everyone had arrived, awkward hellos had already been exchanged. Football was the only thing that matter for the next three hours. Or at least until...

2 p.m. - Dinner: When the clock struck two, the bells would ring. Literally, bells would ring. As opposed to a simple verbal notification that dinner was ready, my grandmother felt the need to stand at the foot of the stairs and make what could possibly be considered as the most humanly irritating noise known to man. Although the bells would cease once we all were downstairs and seated, my ears would ironically continue to ring for another hour or so.

4 p.m. - Dessert: Also known as "Dinner: Round Two". After a few platefuls of dried-out turkey and lumpy mashed potatoes, dessert usually came as a relief to all of us. My conflict in this lied solely in the time frame. Whereas most families had not even begun to serve dinner yet, we had already embarked upon a journey into the wonderful world of coffee, pie, and cookies. Seriously, who in their right mind serves dinner at 2 p.m.?

8 p.m. - Time to leave:

Thanksgiving: Uncut and Uncensored

After a few more hours of tedious conversation and "enjoying" each others company, it was finally time to go home. I had watched the highlight reel from the football game I had missed earlier in the day more times than I could count by now, and was certainly ready to return to the warm bed I had been forced to abandon. To spare my grandmother's feelings, everyone would reluctantly take home plates of leftovers. Once again, our kind gesture would later come back to haunt us all.

After the short drive home, my rumbling stomach would frantically begin to search the refrigerator for anything edible.

"How are you hungry again? We just ate," my mother would say. By age ten, I could nearly pin-point the exact moment of when those exact words would come out of her mouth, mimicking her every step of the way with the shield of the refrigerator door protecting me.

Every year I would change my reply, continuously stressing the fact that dinner was served over six hours ago and I was due for a meal. It didn't matter how I put it, or how convincing my argument was, her suggestions were always the same.

Those words hitting my ears alone would make my entire face cringe, especially since she herself had experienced the only turkey in existence to attain both the taste and texture as sandpaper. Time seemed to stand still as her lips would move without sound; it was probably just my ears still ringing, but either way, I knew exactly what she had said. "Well heat up some leftovers."

Many years have passed since those days, and as my cousins and I grew

into adulthood, we no longer gather at my grandmother's house.

I ultimately achieved my goal of being left alone on the holiday- I now sleep in, watch both the parade and football in my sweat pants, and eat a detectable, whole-hearted meal at a reasonable time. I can wear whatever I wish to dinner, and need not be bothered with awkward hellos and tedious dinner conversations. To this day, however, no matter how much I eat on Thanksgiving, it just isn't the same.

No matter how much of my mother's moist, tender, and delicious turkey I consume, or how many notches on my belt are loosened before the day's end, part of my stomach still feels empty.

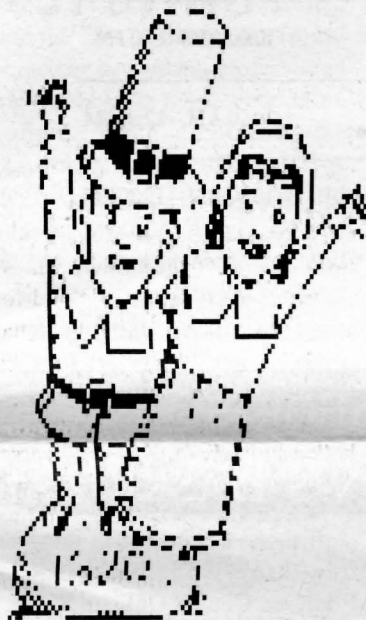
The conclusion of the football game sees John Madden award the winning team with a turducken, a savory concoction of turkey stuffed with duck and chicken. As the players celebrate their victory with a traditional feast, they visibly embody the true meaning of family: they are different people from different places, sharing different views on various different issues. No matter how much they may like or dislike each other, when all is said and done they can put those differences aside and share a meal together.

Although my family is not bound by contract and does not receive millions of dollars for forcing down my grandmother's lackluster turkey, I now realize there was no need to ever approach Thanksgiving with such a lack of enthusiasm. The highlight reels have finally stopped showing, and I feel as if there is only one thing left to do. Stop by grandma's and pick up some leftovers.

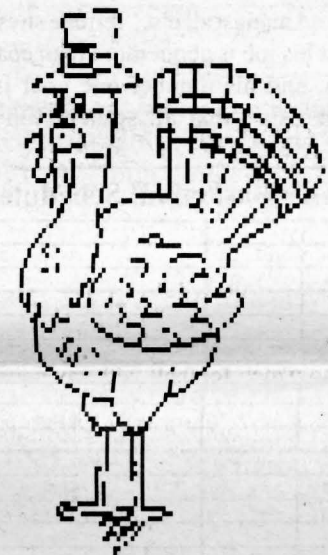
Do you want to contribute to the school newspaper and earn 3 credits at the same time? Enroll in English 206 for the Spring 2007 semester.

Blue Colt Radio's Colt Cornucopia Thanksgiving Food Drive!

We are taking donations of non perishable foods
for Thanksgiving including:



- Canned Vegetables**
- Canned Fruit**
- Crackers**
- Cookies**
- Rice**
- Dried Pasta**
- Rice-A-Roni Mix**
- Stove Top Stuffing**



Please bring your donations before
Monday, November 20th to the
Blue Colt Radio Station
Upstairs in the College Center

QUO VADIS

Athletic Coach Wants to Get More Students Involved

By Adam Garabedian
Staff Writer

Robert Terrelle, head coach of the Middlesex County College cross country and track and field teams, wants to get more people involved in the school's track teams that they have to offer. MCC's indoor track season opened on Monday, November 14.

Terrelle said that he is looking for students and athletes who are interested to be on the team with the willingness to work hard and be dedicated on a consistent basis. Terrelle also said that each person should be as well prepared for their meet as possible, since some of his athletes compete in two or three events at each meet they participate in.

Terrelle does ask that the students who tryout for his team have a flexible schedule with their jobs and school work.

Amongst all else, Terrelle stressed that his job is about more than coaching, and his number one goal is to make sure that all students on his

teams maintain good grades and achieve their goals of getting an education. He wants his students to have the opportunities to get a look at other four-year colleges for when they eventually transfer out of MCC, and for them to "achieve as much as possible."

According to Terrelle, there are approximately fifteen to twenty students who tryout for each track team that the school offers.

Terrelle said that any students who are interested in joining the indoor track team should see the school nurse as soon as possible in order to get scheduled to see the doctor on campus. They can also go to their own doctor, but Terrelle said, "We need the results of a complete examination."

Terrelle said that interested students can also stop by the PE Center at MCC to talk to him about practices and track meets at any time.

Terrelle, who has been coaching at MCC since 1979 when he started out as the coach of the cross country team, said that he loves coaching there and "it's been great."

2006-07 Influenza Immunization Clinic Schedule

November 17 Friday	New Brunswick Senior Center 81 Huntington Street, New Brunswick	9:30 AM - 12:00 PM
November 18 Saturday	Morroe Township High School 1629 Fernville Road, Morroe	9:00 AM - 12:00 PM
November 20 Monday	Perth Amboy Community Center 1 Olive Street, Perth Amboy	9:30 AM - 11:30 AM
November 21 Tuesday	Cranbury Methodist Church 21 North Main Street, Cranbury	9:30 AM - 11:30 AM
November 21 Tuesday	Plainsboro Municipal Building 641 Plainsboro Road, Plainsboro	1:00 PM - 3:00 PM
November 28 Tuesday	Highland Park Senior Center 220 South Sixth Street, Highland Park	9:30 AM - 11:30 AM
November 28 Tuesday	North Brunswick Senior Center 15 Linwood Place, North Brunswick	1:00 PM - 3:00 PM
November 30 Thursday	Sayreville Senior Center 423 Main Street, Sayreville	10:00 AM - 1:00 PM
December 5 Tuesday	Metuchen 1 Presbyterian Church Social Hall, 270 Woodbridge Avenue, Metuchen	9:30 AM - 11:30 AM
December 6 Wednesday	Spotswood Senior Center 1 Arlington Avenue, Spotswood	10:00 AM - 12:00 PM
December 8 Friday	Old Bridge Senior Complex Municipal Complex, Rt. 516, Old Bridge	10:00 AM - 1:00 PM
December 12 Tuesday	Carteret Community Center 249 Roosevelt Avenue, Carteret	10:00 AM - 12:30 PM
December 18 Monday	Perth Amboy PRAHD 100 First Street, Perth Amboy	10:00 AM - 12:30 PM

Men's Basketball Schedule

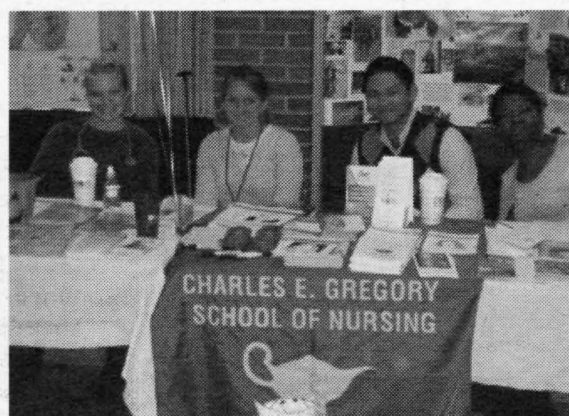
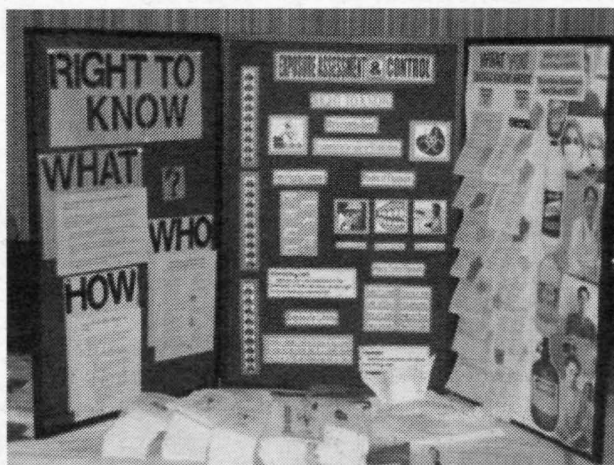
Tue	Nov 21	Lehigh Carbon Community College	BE	7:00pm
Thu	Nov 30	Essex County College	A	7:00pm
Sat	Dec 02	*Middlesex County Community College	A	1:00pm
Tue	Dec 05	County College of Morris	A	7:00pm
Thu	Dec 07	*Bridgewater Community College	A	7:00pm
Wed-Sat	Dec 09-10	Eastern York University	A	TBA
Thu	Dec 12	*Bridgewater Community College	BE	7:00pm
Sat	Dec 16	Atlantic Cape Community College	BE	1:00pm
Thu	Jan 04	Essex County College	BE	7:00pm
Sat	Jan 06	Camden County Community College	BE	1:00pm
Tue	Jan 09	*Rutgers Valley Community College	A	7:00pm
Thu	Jan 11	*Camden County College	BE	6:00pm
Sat	Jan 13	Lackawanna College	BE	1:00pm
Thu	Jan 18	Essex County College	BE	7:00pm
Sat	Jan 20	*Passaic County Community College	BE	3:00pm
Tue	Jan 23	*Bergen County Community College	A	7:00pm
Thu	Jan 25	Williamson Free Trade School	A	7:00pm

Women's Basketball Schedule

Tue	Nov 28	*Camden County Community College	BE	6:00pm
Thu	Nov 30	Lehigh Carbon Community College	BE	6:00pm
Tue	Dec 05	County College of Morris	A	5:00pm
Thu	Dec 07	*Bridgewater Community College	A	5:00pm
Sat	Dec 09	Morris County Community College	A	1:00pm
Tue	Dec 12	*Hudson Community College	BE	5:00pm
Thu	Dec 14	*Warren County Community College	BE	6:00pm
Sat	Dec 16	*Middlesex County Community College	A	1:00pm
Thu	Jan 04	Elizabeth Tech (Session 1)	A	7:00pm
Sat	Jan 06	USMAFS	A	1:00pm
Tue	Jan 09	*Rutgers Valley Community College	A	5:00pm
Thu	Jan 11	*Camden County College	A	5:00pm
Sat	Jan 13	Lackawanna College	BE	3:00pm
Tue	Jan 16	*Clark County College	A	5:00pm
Thu	Jan 18	Essex County College	BE	5:00pm
Sat	Jan 20	*Passaic County Community College	BE	1:00pm
Tue	Jan 23	*Bergen County Community College	A	5:00pm
Fri	Jan 26	Hanover College	A	6:00pm

MCC Health Fair Photos

By John Dempsey
Staff Photographer



SPORTS SHORTS MEN'S AND WOMEN'S BASKETBALL

By Jason Parsons
Staff Writer

I don't think the women of Yeshiva knew what hit them when they played the Lady Colts in their first scrimmage on Sunday, November 5th. Yeshiva was easily outplayed by Middlesex, who were in total control from the opening tip.

Middlesex won in a romp, 70-31. Yeshiva just couldn't get anything going the entire game while Middlesex's Coral Willis led the way dropping 22 points in the winning effort, including 3 three-point field goals. Middlesex's Stacey Cappella added 14 points, hitting 4 three-pointers, while Jamie Wojcik chipped in another 10.

Yeshiva only managed 7 points with just under four minutes to play in the first half. They were led by Rivli who pumped in 10 points in the loss. Let's hope the women of Middlesex can carry that momentum well into the playoffs!

If there were no such thing as the "free-throw" in basketball, the Middlesex County College Men's Basketball Team would have easily defeated Rutgers Camden 66-57. Unfortunately, that's not the case and the team saw a 12 point lead with 12:40 remaining in the second half, slowly slip from their grasp, ultimately losing in their second scrimmage, 83-77, on Saturday November 4th.

Middlesex went into halftime with a 3 point lead and came out of the locker room on fire, easily outplaying Rutgers. But foul trouble kept Rutgers at the line, in which department they outscored Middlesex 26-11. Middlesex only dressed 9 players for the game while Rutgers rotated 15 pairs of fresh legs. Middlesex's J. Rogers and S. Ogunaki led the offense with 18 and 15 points respectively while Juan DeLosSantos and B. Hennessey combined for 31 points off the bench.

Sydney Francis led Rutgers with 21 points. With a full squad and their fouls under control, Middlesex looks to be a force in the Region.

QUO VADIS

World Wrestling Entertainment in a Sad State

By Ricky Dworzanski
Staff Writer

Thousands of people are on their feet chanting and hissing behind the guardrails. Inside the ring, the action is just as intense. The referee had inadvertently been sandwiched between both grapplers and hit the mat. The noise level captured within the walls of the arena is deafening. The villain is taunting the swarm of people that surround him by holding a folding chair above the hero. The crowd is now screaming for their man to get up. Suddenly, the villain swung the chair—and missed his target. The hero dodged it, and replied with a kick to the abdomen. With his following jumping up and down like fish out of water, the hero delivers a vicious power bomb to the villain and went for the cover. The referee slowly regained consciousness to acknowledge the pinfall. *One.* Sweat is dripping off of both competitors. *Two.* The arena is the only thing that is able to contain the fans' excitement. *Three!*

For the last few years, professional wrestling has been in a sad state, more specifically, the WWE. 1999 seems like a distant memory when Stone Cold was the king of wrestling, The Rock would cut sarcastic promos, Triple H was breaking out as a main event star, and Mick Foley was letting fans know it was cool to be unpopular.

Now fans are being force-fed stars such as the likes of John Cena, who closely resembles Vanilla Ice without the bad haircut, Randy Orton, who is a guy

that constantly qualifies himself a legend killer because he is able to beat up on wrestlers that are 20 years out of their prime, and Batista, a wrestler that was in his mid-thirties during his rookie year.

Viewers' response to this is simple. They just stop watching.

The WWE has been a mess ever since WCW folded and went bankrupt. WCW was their main source of competition and ever since then, the WWE has had virtually no other promotion that is capable of hanging with them. In the pro wrestling industry, competition is the driving force behind promotions creatively bettering themselves to win over viewers. In WWE's case, when competition was high, ratings were high as well, but when competition was virtually extinct, which has been the case for a few years, ratings stumble. An example of the poor viewer ship can be seen in the ratings of WWE's show Monday Night Raw. According to the Wrestling Information Archive, May 10, 1999 was the highest rating for the show of the year and of all time with 8.1 million viewers. In contrast, November 14, 2005 marked the highest rating of that year—with a staggering 4.5 million viewers. Viewer ship in 1999 for Raw typically caught the attention of about 6 million viewers weekly, whereas in 2005, the show couldn't even reach the 5 million mark in viewers. All of the poor ratings occurred after WCW folded.

The only alternative on television now is TNA, which stands for Total Nonstop Action. The problem is the

company isn't quite large enough yet to compete with the juggernaut known as WWE. Sure, they have big names like Sting and the recently acquired Kurt Angle, but younger talents in TNA aren't properly exposed because the show isn't even two hours yet. TNA still needs a couple of years to develop their product.

Creatively, the WWE has run dry. They have been using old concepts with these new and uninteresting characters. Stone Cold had a legendary feud with owner Vince McMahon that began in the late '90s, which only elevated the company's overwhelming popularity. Fast-forward to 2005 and you'll see a familiar idea where John Cena was feuding with Eric Bischoff, another character with an authoritative role. This feud did nothing for the company and only bored fans. Fans can now successfully predict what will happen on the show's card.

A final factor in WWE's declining popularity is the company's lack of a top draw. People went to shows to see Stone Cold, The Rock, and Hulk Hogan in the past because they were all top baby faces (a term for "good guys") that carried the company. John Cena is not on this list. He continues to be the company's top baby face because his merchandise sells the most with children, a group he is exclusively popular with. Aside from that, he is not very popular with the adult fans.

The lack of a popular character that is well over with most and not just some of the fans, is something WWE hasn't seen since The Rock traded in his wrestling tights for movie scripts.

Wild World Series

By Philip Mathew
Staff Writer

Time was 11:25 p.m. on Friday, October 27th. Adam Wainwright just struck out Brandon Inge to win the St. Louis Cardinals a World Series Championship.

Did you see it as well? Given the ratings of the series, record lows in Game 1 (8.0), Game Three (10.2), and Game Four which did a 10.4, a 20 percent drop from last years White Sox/Astros series Game Four, the answer is no.

Listening to sports radio, baseball columnists and radio guys saying this is the most boring World Series ever, the ending fit how the series was. St. Louis actually hit and pitched well. Detroit could not do anything necessary to win a championship. The Tigers who unfortunately beat the Yankees, and destroyed the Oakland Athletics, ended up looking like dogs in the end. Detroit will be remembered for one thing other than playing bad when it mattered.

The story of Kenny Rogers and the "dirt" on his hand. His 23 scoreless innings in the playoffs will be put into doubt because of pine tar on his pitching hand.

David Eckstein, the little man that could, is the MVP of the World Series. A guy who plays the game right, and cherishes every moment he has on a baseball field. Eckstein is the kind of player any team needs (Yankees???).

Now you know one St. Louis Cardinals player, do you know anyone outside of 1B Albert Pujols? The same goes for Detroit outside of Rogers and C Ivan Rodriguez. It was a nondescript World Series, and was in one portion of the country. Unless you are a fan of either of these teams, or live in the central time zone, this series probably didn't mean anything.

For Yankee fans, they lost to a team that was awful in the World Series. Mets fans can take solace that they lost to the champions. Even though the Mets should have beaten the Cardinals. The Cardinals had great pitching from their youngsters and veterans that have a well traveled past. Rookie Anthony Reyes pitched the game of his life to win Game One. Wainwright closed the last two games to end the series. Jeff Suppan, who is on his fifth team, had a great post season with the Cardinals going 3-1 in his starts.

For both Yankee and Mets fans, Jeff Weaver is a name that will live in infamy. The Yankees because he gave up a game winning home run in Game Four of the 2003 World Series. Mets fans remember for the two wins Weaver got in the NLCS. Weaver pitched eight innings giving up two runs in the decider. So for the guys of the St. Louis Cardinals, good job in winning the World Series. Not many others know you did.

More to Boxing than Meets the Eye

By Christopher Chi
Staff Writer

Boxing is a sport people know very little about. Although it's the most famous of all combat sports, people rarely get involved because of its violent masquerade. When I first walked into the New Brunswick Boxing Gym I thought I was an expert. It turns out I wasn't even a novice. As you first enter the building you are greeted to five flights of stairs. As you get closer to the top, you start to hear the noises. The fast knocking of the speed bag, the pattern of the jump ropers, the grunts from hitting the heavy bag are all noises that will become a second family. As you walk in, the noise becomes palpable as you see boxers and trainers testing their limits daily. The gym is equipped with speed bags, open ended bags, heavy bags, a ring, weight lifting area and a jump rope area. With these simple tools you can find out what you body is really made of.

After three months of training and just learning the basics, I still have very little knowledge of boxing. It takes three to four years of training to become a Boxer according to my friend Clyde. Clyde was a professional boxer turned trainer, he taught me everything I know. He is one of the familiar faces you can see around the gym, always shadowboxing and being helpful. As I watch Clyde hit the heavy bag with such precision I find it hard to believe he is sixty years old. I ask Clyde to explain the finer points of boxing and unknown aspects of this great sport. Clyde doesn't just respond he does it with a passion. Clyde explained that all people see when they watch boxing is two people hitting

each other until one falls

A boxer has to be physically and mentally healthy to be able to fight. There is more strategy to boxing than chess, so you have to think quick. You must ponder of what your opponent is thinking while plotting your own punches. If boxer gets angered or frightened in a match, it can affect his game plan for the worse. In this game you have no teammates just your corner and if you lose you can only blame yourself.

A boxer's technique is his key to victory. Punches must be thrown correctly in order to be efficient. There are only four kinds of punches in boxing Jab, Hook, Cross and uppercut. The Jab is the most important and underrated punch in boxing. It can be used to control the rhythm of the fight and score points. The right cross is your most powerful punch when thrown correctly. It is your longest punch and should be used to counter. The hook is a power punch that can be thrown in combos. The uppercut is an upward punch that can be powerful or swift. Next foot work should be perfected, dominant foot behind you. You will shift your weight from left to right almost like a dance. Good foot work will help you avoid falling and punches.

Conditioning is something that is overseen when it comes to boxing. Throwing hundreds of punches in a match is exhausting. Fighting round after round with only thirty second breaks in between. Boxers are respected by all athletes for there uncanny conditioning

see *Boxing* page 24

Coaches Want to Compete Against 4-Year Schools

By Adam Garabedian
Staff Writer

Carey Monkowski, head coach of the Middlesex County College softball team and assistant Director of Athletics, and Corey Lowery, head coach of the MCC men's basketball team, are two coaches at MCC who said they feel that having their teams compete against four year colleges in regular season games would be a good idea.

Lowery said that his team scrimmages against teams from other four year colleges, and that if two year schools did compete against teams from four year schools, he wouldn't want his players to back down from the challenge. Lowery said he believes that the competition would be a good way to show his team what it takes to get to the next level of professional competition.

Monkowski said she would like to compete against teams from other four year colleges, "if it was a healthy experience" for her softball team. Like Lowery's basketball team, Monkowski's softball team has also scrimmaged against four year colleges.

Robert Terrelle, head coach of the MCC cross country and track and field teams, said that his track teams compete against four year schools during every meet, and he "uses it as an incentive." According to Terrelle, approximately 95 percent of the team's competition is against four year colleges.

Michael Lepore, head coach of the MCC baseball team, said, "We can't play against 4-year schools. It's not legal."

Haunted *con't from page 9*

on one occasion let a deliveryman into the house and led him upstairs to an office on the third floor via an elevator. Unbeknownst to the deliveryman, no little boys live in the house, at least not now anyway.

According to Doherty, when she walks into an area of a building where there is paranormal activity, her stomach expands. This odd occurrence was proven during the recent ghost tours when Doherty had a male volunteer from the audience confirm that her stomach did in fact expand and then contract when she walked away from the alleged "ghost spot." Doherty says she senses a lot of ghost activity in the house and in the center of the upstairs drawing room. She gets the feeling of a heated argument between two men, followed by one of the men throwing a pile of papers at the other and storming out. Historic belief is that during a visit to his son's home in 1777, Benjamin Franklin and his son had a serious argument, and the elder Franklin stormed out of the room after throwing papers at his son.

Examples such as these are aplenty, and Doherty experiences similar feelings in many rooms of the house. She has seen the soldier who walks through the wall, as well as having the vision of a room full of beds lined up with children in them. Later reports confirmed that the house was once an orphanage and that several children shared a bedroom. There have also been sightings of a little girl standing in the corner of the gift shop on the second floor. On the night of a recent tour, a tour guide was waiting for his next group to begin their tour on the second floor. As he waited, he heard a loud stomping up the stairs. He ran up the stairs thinking that someone had attempted to bypass the line for the tour, only to see a pair of legs from the knees down in tan pants and tan shoes. He said, "I've been coming to this house for forty years, and that's the first time I have personally seen anything, but I saw it!" The next night at the same time, the same man was in the same spot and heard the same stomping up the stairs, but did not see anything that time.

According to Doherty, it is not unusual for ghosts to have a "pattern" in which they will appear at the same time on different days. Doherty said that her most unusual experience in her job as a ghost hunter was when she was filming her television show, *Dead Tenants*, and she had to sleep in the same room as a married couple where the couple was experiencing ghostly activity at night. According to Doherty it was odd enough to have to sleep in the same room as the couple, but that she also had to sleep with cameras on her as they all waited for a ghost to appear. Doherty said that her most amusing experience as a "ghost hunter" was when she had to wait for the reported ghosts to appear at a go-go bar in South Plainfield. She said it was rather distracting doing her job as dancers performed onstage and men ogled them from the audience.

Her unconventional job has been quite interesting to say the least, but Jane Doherty has a psychic ability that most people do not have. In her new book, *Awakening the Mystic Gift*, she encourages others to "tap into" their psychic ability and claims that we all have a bit of psychic energy in us, and that it only requires developing. Doherty is a rather interesting and personable woman. She does séances and will also come to a private home for a group of ten or more. She can be found via her website www.janedoherty.com.

Boxing *con't from page 23*

skills. A boxer improves his conditioning skills from various exercises. Hitting the heavy bag, jump roping, running and sparring will help the boxer simulate the fight.

That's what people don't understand about boxing. It is a sport of skill and technique. You can't just be strong, you have to be disciplined. An exclusively power fighter may not have the proper conditioning to last. If the match does not end in an early knock out, the fighter will become fatigued and weak. Boxing is about who is the better fighter, not strongest or fastest. So if you think you got what it takes, come to the New Brunswick Boxing Gym and get the best workout of your life.

Saw *con't from page 8*

ticularly notable scenes, the lack of creativity is certainly what drags this film down. Even the inevitable twist at the film's conclusion was unimpressive and failed to turn any heads. For fans of the previous films, "Saw III" is worth checking out to learn the fate of Jigsaw and his trust new sidekick; otherwise, one passing on this film certainly would not miss much.

Turkey Drive Takes Place at St. Francis in Metuchen

By **Lauren Mortenson**
Staff Writer

On Saturday, Nov. 18, a Food and Turkey Drive will take place at St. Francis Cathedral, Main St. in Metuchen.

Throughout the morning, turkeys will be collected for those who cannot afford a Thanksgiving meal. Along with the turkeys, Social Concerns, right next to the Cathedral, will be packing and distributing bags of food for the holidays.

Bags consist of a breakfast food, condensed milk, stuffing, rice, mashed potatoes, canned fruit and vegetables, gravy, macaroni, sauce and a dessert. Volunteers from the boy scouts and Social Concerns will help pack and load the bags of food for those in need for the upcoming holidays.

A truck from the Middlesex

County Food Bank will be located outside the Cathedral from 9 a.m. until 1 p.m., and will then bring the turkeys to homeless shelters and food banks, where they will provide a Thanksgiving meal for the families there.

While the Turkey Drive occurs outside, inside the breezeway of the Cathedral, volunteers from local schools and from Social Concerns will be wrapping four hundred loaves of zucchini bread, which will be blest on the altar at Mass on Sunday.

The bread is donated each year by La Bonbonniere. The bread will then be taken back to Social Concerns and placed with a "Happy Holidays" card, and then be delivered to a list of families on the Church's prayer list, or to those who have recently lost a loved one.

WRITERS YOUR TIME IS NOW!

Poets, Song Writers, Essayists, Short Story Writers, Novelists...

The Java Joint Café in Old Bridge NJ is hosting a reading open to literary artists o every blend and flavor.

Present your writing in a hip atmosphere surrounded by fellow literati.

If interested in presenting a piece, please contact Event Coordinator Adi Potashnic online at Adi.Potashnick@gmail.com

Include your name and phone number and a sample of the work you wish to present Performer capacity is limited so don't wait to sign up!



Java Joint Café
Ticetown Square
3181 US Highway
Old Bridge, NJ